

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

PARCIAIS 8ª VOLTA DO LAGO CAIXA
- POR ORDEM DE NÚMERO DA EQUIPE -

Nr. da Equipe	Col. Geral	Col. Cat.		Ponto	Hora	Tempo de Prova	Tempo Trecho	Min/Km
2	166	3	EPIFANIO DE ANDRADE ULTRAMARATONA INDIV. MASC.	Concha Acústica	6:19:00.0	41:21.0	41:21.0	4:23.9
				C.O.	06:46:16:1	1:08:37.1	27:16.1	3:53.7
				Camara Legislativa	07:19:43:5	1:42:04.5	33:27.4	4:55.2
				Parque Lago Norte	07:39:33:1	2:01:54.1	19:49.6	4:57.4
				Clube do Congresso	08:25:08:2	2:47:29.2	45:35.1	4:41.*
				Deck Norte	09:06:25:5	3:28:46.5	41:17.3	4:54.9
				Piscinão	09:49:05:6	4:11:26.6	42:40.1	5:08.4
				Parque Paranoa	10:30:17:1	4:52:38.1	41:11.5	5:25.2
				Ermida Dom Bosco	11:03:22:1	5:25:43.1	33:05.0	5:30.8
				Ponte JK	11:52:52:4	6:15:13.4	49:30.3	6:36.0
				Igreja	12:45:40:5	7:08:01.5	52:48.1	6:36.0
				Pontao	13:08:20:1	7:30:41.1	22:39.6	7:18.6
				L2 Sul	14:00:00:1	8:22:21.1	51:40.0	6:27.5
				Chegada	14:37:51.4	9:00:12.4	37:51.3	6:06.3
7	256	8	JOAO SACKS PRESTES ULTRAMARATONA INDIV. MASC.	Concha Acústica	6:29:16.1	51:37.1	51:37.1	5:29.5
				C.O.	07:03:50:3	1:26:11.3	34:34.2	4:56.3
				Camara Legislativa	07:46:21:5	2:08:42.5	42:31.2	6:15.2
				Parque Lago Norte	08:12:17:3	2:34:38.3	25:55.8	6:28.*
				Clube do Congresso	09:13:44:1	3:36:05.1	1:01:26.8	6:20.1
				Deck Norte	10:03:47:5	4:26:08.5	50:03.4	5:57.5
				Piscinão	11:00:49:5	5:23:10.5	57:02.0	6:52.3
				Parque Paranoa	11:56:08:3	6:18:29.3	55:18.8	7:16.7
				Ermida Dom Bosco	12:40:39:1	7:03:00.1	44:30.8	7:25.1
				Ponte JK	13:45:32:5	8:07:53.5	1:04:53.4	8:39.1
				Igreja	15:01:00:0	9:23:21.0	1:15:27.5	9:25.9
				Pontao				
				L2 Sul				
				Chegada	17:22:46:6	11:45:07.6	17:22:46.6	2:48:11.4
8	71	1	JUVAM PALMEIRA	Concha Acústica	6:12:37.0	34:58.0	34:58.0	3:43.2

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			ULTRAMARATONA INDIV. MASC.	C.O.	06:29:47.0	52:08.0	17:10.0	2:27.1
				Camara Legislativa	07:05:26.6	1:27:47.6	35:39.6	5:14.6
				Parque Lago Norte	07:21:50.5	1:44:11.5	16:23.9	4:05.*
				Clube do Congresso	08:02:11.5	2:24:32.5	40:21.0	4:09.6
				Deck Norte	08:37:27.7	2:59:48.7	35:16.2	4:11.9
				Piscinão	09:20:00.1	3:42:21.1	42:32.4	5:07.5
				Parque Paranoa	09:59:46.5	4:22:07.5	39:46.4	5:14.0
				Ermida Dom Bosco	10:31:52.2	4:54:13.2	32:05.7	5:20.*
				Ponte JK	11:15:03.0	5:37:24.0	43:10.8	5:45.4
				Igreja	11:57:10.2	6:19:31.2	42:07.2	5:15.9
				Pontao	12:14:05.4	6:36:26.4	16:55.2	5:27.5
				L2 Sul	12:59:52.4	7:22:13.4	45:47.0	5:43.4
				Chegada	13:36:34.4	7:58:55.4	36:42.0	5:55.2
10	255	7	MARCELO JOFFILY FRANCA ULTRAMARATONA INDIV. MASC.	Concha Acústica	6:18:05.0	40:26.0	40:26.0	4:18.1
				C.O.	06:47:01.2	1:09:22.2	28:56.2	4:08.0
				Camara Legislativa	07:24:37.3	1:46:58.3	37:36.1	5:31.8
				Parque Lago Norte	07:48:49.3	2:11:10.3	24:12.0	6:03.0
				Clube do Congresso	08:46:39.5	3:09:00.5	57:50.2	5:57.8
				Deck Norte	09:42:09.4	4:04:30.4	55:29.9	6:36.4
				Piscinão	10:51:59.5	5:14:20.5	1:09:50.1	8:24.8
				Parque Paranoa	11:49:10.2	6:11:31.2	57:10.7	7:31.4
				Ermida Dom Bosco	12:37:17.5	6:59:38.5	48:07.3	8:01.2
				Ponte JK	13:48:27.3	8:10:48.3	1:11:09.8	9:29.3
				Igreja				
				Pontao				
				L2 Sul				
				Chegada	17:21:23.3	11:43:44.3	17:21:23.3	2:47:57.*
11	174	4	MARINHA DO BRASIL - CORPO DE FUZILEIROS ULTRAMARATONA INDIV. MASC.	Concha Acústica	6:13:03.4	35:24.4	35:24.4	3:46.0
				C.O.	06:37:18.3	59:39.3	24:14.9	3:27.8
				Camara Legislativa	07:08:15.5	1:30:36.5	30:57.2	4:33.1
				Parque Lago Norte	07:26:14.1	1:48:35.1	17:58.6	4:29.7
				Clube do Congresso	08:14:05.5	2:36:26.5	47:51.4	4:56.0
				Deck Norte	08:52:25.5	3:14:46.5	38:20.0	4:33.8
				Piscinão	09:40:39.0	4:03:00.0	48:13.5	5:48.6
				Parque Paranoa	10:22:47.1	4:45:08.1	42:08.1	5:32.6
				Ermida Dom Bosco	11:01:36.4	5:23:57.4	38:49.3	6:28.2
				Ponte JK	11:57:03.3	6:19:24.3	55:26.9	7:23.6
				Igreja	12:51:12.4	7:13:33.4	54:09.1	6:46.1

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			Pontao	13:12:19.5	7:34:40.5	21:07.1	6:48.7	
			L2 Sul	14:02:35.1	8:24:56.1	50:15.6	6:16.*	
			Chegada	14:44:02.3	9:06:23.3	41:27.2	6:41.2	
12	253	5	MENTESA/FIT30MIN/PROCORRIDA - RODRIGO SO ULTRAMARATONA INDIV. MASC.	Concha Acústica	6:17:59.4	40:20.4	40:20.4	4:17.5
				C.O.	06:45:03.5	1:07:24.5	27:04.1	3:52.0
				Camara Legislativa	07:24:04.5	1:46:25.5	39:01.0	5:44.3
				Parque Lago Norte	07:43:16.5	2:05:37.5	19:12.0	4:48.0
				Clube do Congresso	08:31:34.3	2:53:55.3	48:17.8	4:58.7
				Deck Norte	09:14:03.5	3:36:24.5	42:29.2	5:03.5
				Piscinão	10:12:01.4	4:34:22.4	57:57.9	6:59.0
				Parque Paranoa	11:02:11.1	5:24:32.1	50:09.7	6:36.0
				Ermida Dom Bosco	11:40:21.5	6:02:42.5	38:10.4	6:21.7
				Ponte JK	12:57:17.3	7:19:38.3	1:16:55.8	10:15.4
				Igreja	13:47:59.5	8:10:20.5	50:42.2	6:20.3
				Pontao	14:16:50.4	8:39:11.4	28:50.9	9:18.4
				L2 Sul	15:13:59.1	9:36:20.1	57:08.7	7:08.6
				Chegada	16:05:14.0	10:27:35.0	51:14.9	8:15.*
13	254	6	MINHOCARIO SUCURIU VILLAGE DO LAGO,SEJUV ULTRAMARATONA INDIV. MASC.	Concha Acústica	6:13:38.4	35:59.4	35:59.4	3:49.7
				C.O.	06:41:05.6	1:03:26.6	27:27.2	3:55.3
				Camara Legislativa	07:16:22.4	1:38:43.4	35:16.8	5:11.3
				Parque Lago Norte	07:36:21.1	1:58:42.1	19:58.7	4:59.7
				Clube do Congresso	08:29:07.1	2:51:28.1	52:46.0	5:26.4
				Deck Norte	09:18:23.4	3:40:44.4	49:16.3	5:51.9
				Piscinão	10:11:51.4	4:34:12.4	53:28.0	6:26.5
				Parque Paranoa	11:07:13.1	5:29:34.1	55:21.7	7:17.1
				Ermida Dom Bosco	11:51:50.3	6:14:11.3	44:37.2	7:26.2
				Ponte JK	12:51:53.3	7:14:14.3	1:00:03.0	8:00.4
				Igreja	13:50:41.2	8:13:02.2	58:47.9	7:20.*
				Pontao	14:15:02.0	8:37:23.0	24:20.8	7:51.2
				L2 Sul	15:18:34.0	9:40:55.0	1:03:32.0	7:56.5
				Chegada	16:19:52.4	10:42:13.4	1:01:18.4	9:53.3
21	72	2	STE PEDACINHO AMG ULTRAMARATONA INDIV. MASC.	Concha Acústica	6:12:38.3	34:59.3	34:59.3	3:43.3
				C.O.	06:37:23.3	59:44.3	24:45.0	3:32.1
				Camara Legislativa	07:05:27.7	1:27:48.7	28:04.4	4:07.7
				Parque Lago Norte	07:21:53.3	1:44:14.3	16:25.6	4:06.4
				Clube do Congresso	08:02:17.5	2:24:38.5	40:24.2	4:09.9
				Deck Norte	08:37:29.5	2:59:50.5	35:12.0	4:11.4

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	09:18:59.2	3:41:20.2	41:29.7	4:59.*
				Parque Paranoa	09:59:27.5	4:21:48.5	40:28.3	5:19.5
				Ermida Dom Bosco	10:31:53.3	4:54:14.3	32:25.8	5:24.3
				Ponte JK	11:15:07.0	5:37:28.0	43:13.7	5:45.8
				Igreja	11:57:12.1	6:19:33.1	42:05.1	5:15.6
				Pontao	12:14:06.4	6:36:27.4	16:54.3	5:27.2
				L2 Sul	12:59:52.6	7:22:13.6	45:46.2	5:43.3
				Chegada	13:37:08.5	7:59:29.5	37:15.9	6:00.6
101	9	8	10.BPESC/4A. CIA/PMDF/VENTURIS VENTIS BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte				
				Piscinão	10:07:04.6	37:04.6	10:07:04.6	1:13:08.5
				Parque Paranoa	10:53:51.5	1:23:51.5	46:46.9	6:09.3
				Ermida Dom Bosco	11:29:16.0	1:59:16.0	35:24.5	5:54.1
				Ponte JK	12:17:31.4	2:47:31.4	48:15.4	6:26.1
				Igreja	13:07:15.0	3:37:15.0	49:43.6	6:12.*
				Pontao	13:27:33.4	3:57:33.4	20:18.4	6:33.0
				L2 Sul	14:25:03.3	4:55:03.3	57:29.9	7:11.2
				Chegada	15:16:06.0	5:46:06.0	51:02.7	8:13.*
106	2	2	DIONISIO SILVESTRE F. JUNIOR - CORDF BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte				
				Piscinão	10:02:48.3	32:48.3	10:02:48.3	1:12:37.6
				Parque Paranoa	10:44:57.1	1:14:57.1	42:08.8	5:32.7
				Ermida Dom Bosco	11:16:24.4	1:46:24.4	31:27.3	5:14.6
				Ponte JK	11:59:17.1	2:29:17.1	42:52.7	5:43.0
				Igreja	12:42:43.0	3:12:43.0	43:25.9	5:25.7
				Pontao	13:00:16.2	3:30:16.2	17:33.2	5:39.7
				L2 Sul	13:48:07.3	4:18:07.3	47:51.1	5:58.9
				Chegada	14:33:48.1	5:03:48.1	45:40.8	7:22.1
107	7	6	ETUDE SEASONS-DF/REGATAS RIB PRETO -SP	Concha Acústica				

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

BSB 51K MASCULINO				C.O.				
				Camara Legislativa				
				Parque Lago Norte				
				Clube do Congresso				
				Deck Norte				
				Piscinão	10:02:36.3	32:36.3	10:02:36.3	1:12:36.2
				Parque Paranoa	10:45:24.2	1:15:24.2	42:47.9	5:37.9
				Ermida Dom Bosco	11:18:00.2	1:48:00.2	32:36.0	5:26.0
				Ponte JK	12:02:48.2	2:32:48.2	44:48.0	5:58.4
				Igreja	12:49:22.6	3:19:22.6	46:34.4	5:49.3
				Pontao	13:09:22.2	3:39:22.2	19:59.6	6:26.*
				L2 Sul	14:15:06.4	4:45:06.4	1:05:44.2	8:13.0
				Chegada	15:03:42.6	5:33:42.6	48:36.2	7:50.4
108	1	1	EVOLUA - MULTISPORTS BSB 51K MASCULINO	Concha Acústica				
				C.O.				
				Camara Legislativa				
				Parque Lago Norte				
				Clube do Congresso				
				Deck Norte				
				Piscinão	10:02:37.3	32:37.3	10:02:37.3	1:12:36.3
				Parque Paranoa	10:45:22.6	1:15:22.6	42:45.3	5:37.5
				Ermida Dom Bosco	11:18:02.2	1:48:02.2	32:39.6	5:26.6
				Ponte JK	12:01:44.3	2:31:44.3	43:42.1	5:49.6
				Igreja	12:42:33.3	3:12:33.3	40:49.0	5:06.1
				Pontao	12:57:52.1	3:27:52.1	15:18.8	4:56.4
				L2 Sul	13:39:42.5	4:09:42.5	41:50.4	5:13.8
				Chegada	14:17:36.1	4:47:36.1	37:53.6	6:06.7
109	4	4	JOSE CARLOS SOUSA,GAMA-DF BSB 51K MASCULINO	Concha Acústica				
				C.O.				
				Camara Legislativa				
				Parque Lago Norte				
				Clube do Congresso				
				Deck Norte				
				Piscinão	09:56:01.0	26:01.0	9:56:01.0	1:11:48.6
				Parque Paranoa	10:33:14.1	1:03:14.1	37:13.1	4:53.8
				Ermida Dom Bosco	11:04:24.1	1:34:24.1	31:10.0	5:11.7
				Ponte JK	11:52:13.5	2:22:13.5	47:49.4	6:22.6
				Igreja	12:43:14.5	3:13:14.5	51:01.0	6:22.6

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:08:05.1	3:38:05.1	24:50.6	8:00.8
				L2 Sul	14:06:36.3	4:36:36.3	58:31.2	7:18.9
				Chegada	14:50:50.6	5:20:50.6	44:14.3	7:08.1
110	28	17	MTM ASSESSORIA ESPORTIVA BH BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte Piscinão	10:02:49.0	32:49.0	10:02:49.0	1:12:37.7
				Parque Paranoa	10:46:15.2	1:16:15.2	43:26.2	5:42.9
				Ermida Dom Bosco	11:21:04.3	1:51:04.3	34:49.1	5:48.2
				Ponte JK	12:16:03.4	2:46:03.4	54:59.1	7:19.9
				Igreja	13:41:00.2	4:11:00.2	1:24:56.8	10:37.1
				Pontao	14:06:10.1	4:36:10.1	25:09.9	8:07.1
				L2 Sul	15:18:05.3	5:48:05.3	1:11:55.2	8:59.4
				Chegada	16:28:00.2	6:58:00.2	1:09:54.9	11:16.6
111	20	15	MTM ASSESSORIA ESPORTIVA BH BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte Piscinão	10:02:47.4	32:47.4	10:02:47.4	1:12:37.5
				Parque Paranoa	10:46:17.5	1:16:17.5	43:30.1	5:43.4
				Ermida Dom Bosco	11:21:05.0	1:51:05.0	34:47.5	5:47.9
				Ponte JK	12:13:11.5	2:43:11.5	52:06.5	6:56.9
				Igreja	13:12:24.3	3:42:24.3	59:12.8	7:24.1
				Pontao	13:41:20.0	4:11:20.0	28:55.7	9:19.9
				L2 Sul	14:58:44.1	5:28:44.1	1:17:24.1	9:40.5
				Chegada	16:06:31.5	6:36:31.5	1:07:47.4	10:56.0
112	13	10	MUTLE ARIANE SALES BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte				

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	10:02:11.2	32:11.2	10:02:11.2	1:12:33.2
				Parque Paranoa	10:48:35.0	1:18:35.0	46:23.8	6:06.3
				Ermida Dom Bosco	11:25:42.4	1:55:42.4	37:07.4	6:11.2
				Ponte JK	12:20:23.5	2:50:23.5	54:41.1	7:17.5
				Igreja	13:23:52.0	3:53:52.0	1:03:28.5	7:56.1
				Pontao	13:46:40.0	4:16:40.0	22:48.0	7:21.3
				L2 Sul	14:50:37.1	5:20:37.1	1:03:57.1	7:59.6
				Chegada	15:42:38.5	6:12:38.5	52:01.4	8:23.5
113	15	12	MUTLEY - TIAOCERQUEIRA BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte				
				Piscinão	10:05:15.3	35:15.3	10:05:15.3	1:12:55.3
				Parque Paranoa	10:53:34.0	1:23:34.0	48:18.7	6:21.4
				Ermida Dom Bosco	11:32:59.0	2:02:59.0	39:25.0	6:34.2
				Ponte JK	12:28:24.6	2:58:24.6	55:25.6	7:23.4
				Igreja	13:25:34.4	3:55:34.4	57:09.8	7:08.7
				Pontao	13:49:51.4	4:19:51.4	24:17.0	7:50.0
				L2 Sul	14:54:31.1	5:24:31.1	1:04:39.7	8:04.*
				Chegada	15:48:52.2	6:18:52.2	54:21.1	8:45.*
114	19	14	NOSSA TURMA BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte				
				Piscinão	10:04:58.3	34:58.3	10:04:58.3	1:12:53.3
				Parque Paranoa	10:59:46.2	1:29:46.2	54:47.9	7:12.6
				Ermida Dom Bosco	11:41:20.5	2:11:20.5	41:34.3	6:55.7
				Ponte JK	12:41:28.5	3:11:28.5	1:00:08.0	8:01.1
				Igreja	13:40:29.0	4:10:29.0	59:00.5	7:22.6
				Pontao	14:05:25.4	4:35:25.4	24:56.4	8:02.7
				L2 Sul	15:11:03.6	5:41:03.6	1:05:38.2	8:12.3
				Chegada	16:05:14.5	6:35:14.5	54:10.9	8:44.3
115	17	13	PE-LADO	Concha Acústica				

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

BSB 51K MASCULINO				C.O.				
				Camara Legislativa				
				Parque Lago Norte				
				Clube do Congresso				
				Deck Norte				
				Piscinão	10:02:39.4	32:39.4	10:02:39.4	1:12:36.6
				Parque Paranoa	10:45:01.5	1:15:01.5	42:22.1	5:34.5
				Ermida Dom Bosco	11:22:03.5	1:52:03.5	37:02.0	6:10.3
				Ponte JK	12:20:27.0	2:50:27.0	58:23.5	7:47.1
				Igreja	13:22:10.1	3:52:10.1	1:01:43.1	7:42.9
				Pontao	13:48:04.5	4:18:04.5	25:54.4	8:21.4
				L2 Sul	15:06:54.4	5:36:54.4	1:18:49.9	9:51.2
				Chegada	16:01:30.2	6:31:30.2	54:35.8	8:48.4
116	3	3	PSYCORUNS BSB 51K MASCULINO	Concha Acústica				
				C.O.				
				Camara Legislativa				
				Parque Lago Norte				
				Clube do Congresso				
				Deck Norte				
				Piscinão	09:58:32.3	28:32.3	9:58:32.3	1:12:06.8
				Parque Paranoa	10:36:55.4	1:06:55.4	38:23.1	5:03.0
				Ermida Dom Bosco	11:06:35.0	1:36:35.0	29:39.6	4:56.6
				Ponte JK	11:49:06.5	2:19:06.5	42:31.5	5:40.2
				Igreja	12:38:27.1	3:08:27.1	49:20.6	6:10.1
				Pontao	13:00:55.5	3:30:55.5	22:28.4	7:14.*
				L2 Sul	13:58:17.1	4:28:17.1	57:21.6	7:10.2
				Chegada	14:47:26.2	5:17:26.2	49:09.1	7:55.7
121	26	16	TRAJE SPORT WEAR BSB 51K MASCULINO	Concha Acústica				
				C.O.				
				Camara Legislativa				
				Parque Lago Norte				
				Clube do Congresso				
				Deck Norte				
				Piscinão	10:07:05.1	37:05.1	10:07:05.1	1:13:08.6
				Parque Paranoa	10:54:08.0	1:24:08.0	47:02.9	6:11.4
				Ermida Dom Bosco	11:31:21.3	2:01:21.3	37:13.3	6:12.2
				Ponte JK	12:29:10.0	2:59:10.0	57:48.7	7:42.5
				Igreja	13:34:54.3	4:04:54.3	1:05:44.3	8:13.0

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	14:04:56.0	4:34:56.0	30:01.7	9:41.2
				L2 Sul	15:14:24.5	5:44:24.5	1:09:28.5	8:41.1
				Chegada	16:21:46.3	6:51:46.3	1:07:21.8	10:51.9
123	46	19	UNIMED MINAS BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte				
				Piscinão	10:02:50.1	32:50.1	10:02:50.1	1:12:37.8
				Parque Paranoa	10:46:15.0	1:16:15.0	43:24.9	5:42.8
				Ermida Dom Bosco	11:25:42.5	1:55:42.5	39:27.5	6:34.6
				Ponte JK	12:37:08.1	3:07:08.1	1:11:25.6	9:31.4
				Igreja	14:09:30.5	4:39:30.5	1:32:22.4	11:32.8
				Pontao	14:43:08.3	5:13:08.3	33:37.8	10:50.9
				L2 Sul	15:57:57.4	6:27:57.4	1:14:49.1	9:21.1
				Chegada	16:57:53.2	7:27:53.2	59:55.8	9:39.*
125	31	18	VIP SOM / EQUIRETINA 1 BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte				
				Piscinão	10:03:58.2	33:58.2	10:03:58.2	1:12:46.0
				Parque Paranoa	10:53:36.3	1:23:36.3	49:38.1	6:31.9
				Ermida Dom Bosco	11:33:41.6	2:03:41.6	40:05.3	6:40.9
				Ponte JK	12:38:13.5	3:08:13.5	1:04:31.9	8:36.3
				Igreja	13:45:53.5	4:15:53.5	1:07:40.0	8:27.5
				Pontao	14:16:13.2	4:46:13.2	30:19.7	9:47.0
				L2 Sul	15:32:18.2	6:02:18.2	1:16:05.0	9:30.6
				Chegada	16:35:22.4	7:05:22.4	1:03:04.2	10:10.4
126	8	7	VIP SOM / EQUIRETINA 2 BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte				

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	09:58:10.3	28:10.3	9:58:10.3	1:12:04.1
				Parque Paranoa	10:37:18.2	1:07:18.2	39:07.9	5:08.9
				Ermida Dom Bosco	11:09:49.2	1:39:49.2	32:31.0	5:25.2
				Ponte JK	12:01:28.0	2:31:28.0	51:38.8	6:53.2
				Igreja	12:55:30.1	3:25:30.1	54:02.1	6:45.3
				Pontao	13:22:58.1	3:52:58.1	27:28.0	8:51.6
				L2 Sul	14:23:11.3	4:53:11.3	1:00:13.2	7:31.7
				Chegada	15:15:28.0	5:45:28.0	52:16.7	8:25.9
127	12	9	WALDINEZ ARAUJO BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte				
				Piscinão	10:03:19.1	33:19.1	10:03:19.1	1:12:41.3
				Parque Paranoa	10:48:19.0	1:18:19.0	44:59.9	5:55.3
				Ermida Dom Bosco	11:25:36.0	1:55:36.0	37:17.0	6:12.8
				Ponte JK	12:19:57.4	2:49:57.4	54:21.4	7:14.9
				Igreja	13:19:37.4	3:49:37.4	59:40.0	7:27.5
				Pontao	13:43:33.0	4:13:33.0	23:55.6	7:43.1
				L2 Sul	14:47:22.0	5:17:22.0	1:03:49.0	7:58.6
				Chegada	15:41:06.1	6:11:06.1	53:44.1	8:40.0
128	5	5	PSYCORUNS FABRICIO FREITAS BRAGA XAVIER BSB 51K MASCULINO	Concha Acústica C.O. Camara Legislativa Parque Lago Norte Clube do Congresso Deck Norte				
				Piscinão	09:57:54.0	27:54.0	9:57:54.0	1:12:02.2
				Parque Paranoa	10:34:46.0	1:04:46.0	36:52.0	4:51.1
				Ermida Dom Bosco	11:04:41.5	1:34:41.5	29:55.5	4:59.3
				Ponte JK	11:53:51.3	2:23:51.3	49:09.8	6:33.3
				Igreja	12:57:00.6	3:27:00.6	1:03:09.3	7:53.7
				Pontao	13:19:38.4	3:49:38.4	22:37.8	7:18.0
				L2 Sul	14:17:09.3	4:47:09.3	57:30.9	7:11.4
				Chegada	14:55:24.4	5:25:24.4	38:15.1	6:10.2
130	14	11	RE2NY - MARATHON MANIAC	Concha Acústica				

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

BSB 51K MASCULINO				C.O.				
				Camara Legislativa				
				Parque Lago Norte				
				Clube do Congresso				
				Deck Norte				
				Piscinão	10:03:32.2	33:32.2	10:03:32.2	1:12:42.9
				Parque Paranoa	10:49:04.3	1:19:04.3	45:32.1	5:59.5
				Ermida Dom Bosco	11:28:23.2	1:58:23.2	39:18.9	6:33.2
				Ponte JK	12:23:36.5	2:53:36.5	55:13.3	7:21.8
				Igreja	13:22:04.3	3:52:04.3	58:27.8	7:18.5
				Pontao	13:48:18.4	4:18:18.4	26:14.1	8:27.8
				L2 Sul	14:52:03.2	5:22:03.2	1:03:44.8	7:58.1
				Chegada	15:43:02.2	6:13:02.2	50:59.0	8:13.4
201	243	12	PE D+ DUPLA	Concha Acústica	7:02:40.5	43:18.5	43:18.5	4:36.4
				C.O.	07:38:50.3	1:19:28.3	36:09.8	5:09.*
				Camara Legislativa	08:16:42.3	1:57:20.3	37:52.0	5:34.1
				Parque Lago Norte	08:34:03.5	2:14:41.5	17:21.2	4:20.3
				Clube do Congresso	09:20:40.4	3:01:18.4	46:36.9	4:48.3
				Deck Norte	10:01:35.1	3:42:13.1	40:54.7	4:52.2
				Piscinão	10:52:19.0	4:32:57.0	50:43.9	6:06.7
				Parque Paranoa	11:49:21.0	5:29:59.0	57:02.0	7:30.3
				Ermida Dom Bosco	12:37:02.3	6:17:40.3	47:41.3	7:56.9
				Ponte JK	13:20:07.4	7:00:45.4	43:05.1	5:44.7
				Igreja	14:24:46.0	8:05:24.0	1:04:38.6	8:04.8
				Pontao	14:43:35.0	8:24:13.0	18:49.0	6:04.2
				L2 Sul	15:38:26.6	9:19:04.6	54:51.6	6:51.5
				Chegada	16:22:22.0	10:03:00.0	43:55.4	7:05.1
202	187	9	VMAX SPORTS DUPLA	Concha Acústica	7:02:53.2	43:31.2	43:31.2	4:37.8
				C.O.	07:35:10.1	1:15:48.1	32:16.9	4:36.7
				Camara Legislativa	08:10:59.9	1:51:37.9	35:49.8	5:16.1
				Parque Lago Norte	08:28:46.3	2:09:24.3	17:46.4	4:26.6
				Clube do Congresso	09:19:55.3	3:00:33.3	51:09.0	5:16.4
				Deck Norte	10:00:16.2	3:40:54.2	40:20.9	4:48.2
				Piscinão	10:48:01.3	4:28:39.3	47:45.1	5:45.2
				Parque Paranoa	11:29:12.5	5:09:50.5	41:11.2	5:25.2
				Ermida Dom Bosco	12:02:45.1	5:43:23.1	33:32.6	5:35.4
				Ponte JK	12:54:27.5	6:35:05.5	51:42.4	6:53.7
				Igreja	13:39:33.3	7:20:11.3	45:05.8	5:38.2

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:59:37.2	7:40:15.2	20:03.9	6:28.4
				L2 Sul	15:00:20.2	8:40:58.2	1:00:43.0	7:35.4
				Chegada	15:38:09.3	9:18:47.3	37:49.1	6:05.*
203	38	4	ENDURANCE RUN / APICE DUPLA	Concha Acústica	7:35:19.3	33:10.3	33:10.3	3:31.7
				C.O.	08:01:18.1	59:09.1	25:58.8	3:42.7
				Camara Legislativa	08:29:14.1	1:27:05.1	27:56.0	4:06.5
				Parque Lago Norte	08:44:48.4	1:42:39.4	15:34.3	3:53.6
				Clube do Congresso	09:22:49.3	2:20:40.3	38:00.9	3:55.1
				Deck Norte	09:54:41.1	2:52:32.1	31:51.8	3:47.6
				Piscinão	10:30:51.2	3:28:42.2	36:10.1	4:21.5
				Parque Paranoa	11:04:25.2	4:02:16.2	33:34.0	4:25.0
				Ermida Dom Bosco	11:31:32.1	4:29:23.1	27:06.9	4:31.2
				Ponte JK	12:11:59.4	5:09:50.4	40:27.3	5:23.6
				Igreja	12:44:56.3	5:42:47.3	32:56.9	4:07.1
				Pontao	12:59:21.4	5:57:12.4	14:25.1	4:39.1
				L2 Sul	13:45:05.1	6:42:56.1	45:43.7	5:42.*
				Chegada	14:15:24.5	7:13:15.5	30:19.4	4:53.5
204	191	10	IRMAOS ORLANDI DUPLA	Concha Acústica	7:03:36.3	44:14.3	44:14.3	4:42.4
				C.O.	07:35:09.1	1:15:47.1	31:32.8	4:30.4
				Camara Legislativa	08:12:13.3	1:52:51.3	37:04.2	5:27.1
				Parque Lago Norte	08:32:44.2	2:13:22.2	20:30.9	5:07.7
				Clube do Congresso	09:19:49.3	3:00:27.3	47:05.1	4:51.2
				Deck Norte	10:05:34.3	3:46:12.3	45:45.0	5:26.8
				Piscinão	10:51:12.3	4:31:50.3	45:38.0	5:29.9
				Parque Paranoa	11:40:01.4	5:20:39.4	48:49.1	6:25.4
				Ermida Dom Bosco	12:12:23.0	5:53:01.0	32:21.6	5:23.6
				Ponte JK	13:05:34.6	6:46:12.6	53:11.6	7:05.5
				Igreja	13:48:40.3	7:29:18.3	43:05.7	5:23.2
				Pontao	14:07:00.3	7:47:38.3	18:20.0	5:54.8
				L2 Sul	14:56:58.4	8:37:36.4	49:58.1	6:14.8
				Chegada	15:39:03.4	9:19:41.4	42:05.0	6:47.3
206	92	6	IRONBROTHERS DUPLA	Concha Acústica	7:43:31.2	41:22.2	41:22.2	4:24.1
				C.O.	08:13:41.2	1:11:32.2	30:10.0	4:18.6
				Camara Legislativa	08:47:50.1	1:45:41.1	34:08.9	5:01.3
				Parque Lago Norte	09:05:23.3	2:03:14.3	17:33.2	4:23.3
				Clube do Congresso	09:49:28.0	2:47:19.0	44:04.7	4:32.6
				Deck Norte	10:28:10.5	3:26:01.5	38:42.5	4:36.5

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:08:29.3	4:06:20.3	40:18.8	4:51.4
				Parque Paranoa	11:48:34.1	4:46:25.1	40:04.8	5:16.4
				Ermida Dom Bosco	12:17:15.3	5:15:06.3	28:41.2	4:46.9
				Ponte JK	13:03:50.4	6:01:41.4	46:35.1	6:12.7
				Igreja	13:39:02.2	6:36:53.2	35:11.8	4:23.*
				Pontao	13:55:56.5	6:53:47.5	16:54.3	5:27.2
				L2 Sul	14:43:54.3	7:41:45.3	47:57.8	5:59.7
				Chegada	15:17:00.5	8:14:51.5	33:06.2	5:20.4
207	37	3	V8 DITEC CETEN DUPLA	Concha Acústica	7:37:44.1	35:35.1	35:35.1	3:47.1
				C.O.	08:03:41.5	1:01:32.5	25:57.4	3:42.5
				Camara Legislativa	08:32:59.4	1:30:50.4	29:17.9	4:18.5
				Parque Lago Norte	08:47:51.1	1:45:42.1	14:51.7	3:42.9
				Clube do Congresso	09:29:57.3	2:27:48.3	42:06.2	4:20.4
				Deck Norte	10:01:47.4	2:59:38.4	31:50.1	3:47.4
				Piscinão	10:42:57.2	3:40:48.2	41:09.8	4:57.6
				Parque Paranoa	11:15:11.4	4:13:02.4	32:14.2	4:14.5
				Ermida Dom Bosco	11:43:01.4	4:40:52.4	27:50.0	4:38.3
				Ponte JK	12:18:40.0	5:16:31.0	35:38.6	4:45.1
				Igreja	12:54:01.2	5:51:52.2	35:21.2	4:25.2
				Pontao	13:07:09.5	6:05:00.5	13:08.3	4:14.3
				L2 Sul	13:45:33.4	6:43:24.4	38:23.9	4:47.*
				Chegada	14:15:12.1	7:13:03.1	29:38.7	4:46.9
208	110	7	RM7 / CIA. ATHLETICA - BH/TRANSNORTE DUPLA	Concha Acústica	7:37:33.0	35:24.0	35:24.0	3:45.*
				C.O.	08:05:14.2	1:03:05.2	27:41.2	3:57.3
				Camara Legislativa	08:38:27.5	1:36:18.5	33:13.3	4:53.1
				Parque Lago Norte	08:56:33.0	1:54:24.0	18:05.5	4:31.4
				Clube do Congresso	09:38:43.1	2:36:34.1	42:10.1	4:20.8
				Deck Norte	10:13:53.5	3:11:44.5	35:10.4	4:11.2
				Piscinão	10:53:16.4	3:51:07.4	39:22.9	4:44.7
				Parque Paranoa	11:37:23.2	4:35:14.2	44:06.8	5:48.3
				Ermida Dom Bosco	12:11:40.1	5:09:31.1	34:16.9	5:42.8
				Ponte JK	13:00:12.5	5:58:03.5	48:32.4	6:28.3
				Igreja	13:51:39.3	6:49:30.3	51:26.8	6:25.9
				Pontao	14:08:37.0	7:06:28.0	16:57.7	5:28.3
				L2 Sul	14:58:22.4	7:56:13.4	49:45.4	6:13.2
				Chegada	15:37:16.1	8:35:07.1	38:53.7	6:16.4
209	33	2	TOP SPORTS TRI/RUN	Concha Acústica	7:37:21.1	35:12.1	35:12.1	3:44.7

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				DUPLA	C.O.	08:04:16.2	1:02:07.2	26:55.1	3:50.7
					Camara Legislativa	08:31:47.1	1:29:38.1	27:30.9	4:02.8
					Parque Lago Norte	08:48:11.4	1:46:02.4	16:24.3	4:06.1
					Clube do Congresso	09:27:01.4	2:24:52.4	38:50.0	4:00.2
					Deck Norte	10:00:56.3	2:58:47.3	33:54.9	4:02.3
					Piscinão	10:36:33.0	3:34:24.0	35:36.7	4:17.4
					Parque Paranoa	11:11:50.3	4:09:41.3	35:17.3	4:38.6
					Ermida Dom Bosco	11:36:15.0	4:34:06.0	24:24.7	4:04.1
					Ponte JK	12:11:40.0	5:09:31.0	35:25.0	4:43.3
					Igreja	12:46:41.1	5:44:32.1	35:01.1	4:22.6
					Pontao	13:00:55.4	5:58:46.4	14:14.3	4:35.6
					L2 Sul	13:40:18.4	6:38:09.4	39:23.0	4:55.4
					Chegada	14:11:12.2	7:09:03.2	30:53.8	4:59.0
210	170	8	VAMOS NESSA DUPLA	Concha Acústica	7:40:56.1	38:47.1	38:47.1	4:07.6	
				C.O.	08:11:01.1	1:08:52.1	30:05.0	4:17.9	
				Camara Legislativa	08:43:49.0	1:41:40.0	32:47.9	4:49.4	
				Parque Lago Norte	09:01:45.5	1:59:36.5	17:56.5	4:29.1	
				Clube do Congresso	09:51:45.3	2:49:36.3	49:59.8	5:09.3	
				Deck Norte	10:28:15.4	3:26:06.4	36:30.1	4:20.7	
				Piscinão	11:21:10.4	4:19:01.4	52:55.0	6:22.5	
				Parque Paranoa	12:00:11.1	4:58:02.1	39:00.7	5:07.*	
				Ermida Dom Bosco	12:38:59.5	5:36:50.5	38:48.4	6:28.1	
				Ponte JK	13:22:46.4	6:20:37.4	43:46.9	5:50.3	
				Igreja	14:16:20.3	7:14:11.3	53:33.9	6:41.7	
				Pontao	14:32:42.0	7:30:33.0	16:21.7	5:16.7	
				L2 Sul	15:21:08.4	8:18:59.4	48:26.4	6:03.3	
				Chegada	16:05:02.4	9:02:53.4	43:54.0	7:04.8	
211	193	11	KM CORRIDA DUPLA	Concha Acústica	7:00:55.1	41:33.1	41:33.1	4:25.2	
				C.O.	07:34:17.0	1:14:55.0	33:21.9	4:45.*	
				Camara Legislativa	08:12:38.8	1:53:16.8	38:21.8	5:38.5	
				Parque Lago Norte	08:34:13.0	2:14:51.0	21:34.2	5:23.6	
				Clube do Congresso	09:22:23.2	3:03:01.2	48:10.2	4:57.*	
				Deck Norte	10:05:05.2	3:45:43.2	42:42.0	5:05.0	
				Piscinão	10:52:59.1	4:33:37.1	47:53.9	5:46.3	
				Parque Paranoa	11:37:21.4	5:17:59.4	44:22.3	5:50.3	
				Ermida Dom Bosco	12:11:49.2	5:52:27.2	34:27.8	5:44.6	
				Ponte JK	13:06:15.2	6:46:53.2	54:26.0	7:15.5	
				Igreja	13:50:58.4	7:31:36.4	44:43.2	5:35.4	

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	14:08:42.3	7:49:20.3	17:43.9	5:43.2
				L2 Sul	15:01:04.6	8:41:42.6	52:22.3	6:32.8
				Chegada	15:39:52.1	9:20:30.1	38:47.5	6:15.4
212	55	5	AGUIAS DO CERRADO - DUPLA DUPLA	Concha Acústica	6:54:55.1	35:33.1	35:33.1	3:46.9
				C.O.	07:23:33.1	1:04:11.1	28:38.0	4:05.4
				Camara Legislativa	07:53:22.3	1:34:00.3	29:49.2	4:23.1
				Parque Lago Norte	08:10:09.6	1:50:47.6	16:47.3	4:11.8
				Clube do Congresso	08:55:22.1	2:36:00.1	45:12.5	4:39.6
				Deck Norte	09:36:51.5	3:17:29.5	41:29.4	4:56.4
				Piscinão	10:17:10.4	3:57:48.4	40:18.9	4:51.4
				Parque Paranoa	10:51:00.1	4:31:38.1	33:49.7	4:27.1
				Ermida Dom Bosco	11:18:48.4	4:59:26.4	27:48.3	4:38.1
				Ponte JK	11:56:02.3	5:36:40.3	37:13.9	4:57.9
				Igreja	12:35:08.1	6:15:46.1	39:05.8	4:53.2
				Pontao	12:49:18.2	6:29:56.2	14:10.1	4:34.2
				L2 Sul	13:26:14.5	7:06:52.5	36:56.3	4:37.0
				Chegada	13:59:03.0	7:39:41.0	32:48.5	5:17.5
213	23	1	TOP SPORTS / OLIGOFLORA DUPLA	Concha Acústica	7:37:18.2	35:09.2	35:09.2	3:44.4
				C.O.	08:04:15.2	1:02:06.2	26:57.0	3:51.0
				Camara Legislativa	08:31:42.2	1:29:33.2	27:27.0	4:02.2
				Parque Lago Norte	08:47:15.6	1:45:06.6	15:33.4	3:53.4
				Clube do Congresso	09:25:05.5	2:22:56.5	37:49.9	3:54.0
				Deck Norte	09:57:04.0	2:54:55.0	31:58.5	3:48.4
				Piscinão	10:31:28.2	3:29:19.2	34:24.2	4:08.7
				Parque Paranoa	11:02:01.3	3:59:52.3	30:33.1	4:01.2
				Ermida Dom Bosco	11:25:54.6	4:23:45.6	23:53.3	3:58.9
				Ponte JK	11:59:55.1	4:57:46.1	34:00.5	4:32.1
				Igreja	12:31:13.1	5:29:04.1	31:18.0	3:54.8
				Pontao	12:43:55.0	5:41:46.0	12:41.9	4:05.8
				L2 Sul	13:17:18.5	6:15:09.5	33:23.5	4:10.4
				Chegada	13:47:16.5	6:45:07.5	29:58.0	4:50.0
301	36	1	SO CANELAS TRINCA	Concha Acústica	7:41:00.3	38:51.3	38:51.3	4:08.0
				C.O.	08:08:56.1	1:06:47.1	27:55.8	3:59.4
				Camara Legislativa	08:39:38.1	1:37:29.1	30:42.0	4:30.9
				Parque Lago Norte	08:55:56.3	1:53:47.3	16:18.2	4:04.6
				Clube do Congresso	09:34:13.0	2:32:04.0	38:16.7	3:56.8
				Deck Norte	10:09:06.2	3:06:57.2	34:53.2	4:09.2

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	10:45:48.0	3:43:39.0	36:41.8	4:25.3
				Parque Paranoa	11:21:29.0	4:19:20.0	35:41.0	4:41.7
				Ermida Dom Bosco	11:47:48.1	4:45:39.1	26:19.1	4:23.2
				Ponte JK	12:22:34.2	5:20:25.2	34:46.1	4:38.1
				Igreja	12:56:35.4	5:54:26.4	34:01.2	4:15.2
				Pontao	13:09:34.3	6:07:25.3	12:58.9	4:11.3
				L2 Sul	13:43:50.1	6:41:41.1	34:15.8	4:16.*
				Chegada	14:14:44.1	7:12:35.1	30:54.0	4:59.0
302	224	6	CMB RUNNERS TRINCA	Concha Acústica	7:11:14.3	51:52.3	51:52.3	5:31.1
				C.O.	07:49:51.3	1:30:29.3	38:37.0	5:31.0
				Camara Legislativa	08:28:36.4	2:09:14.4	38:45.1	5:41.9
				Parque Lago Norte	08:47:52.0	2:28:30.0	19:15.6	4:48.9
				Clube do Congresso	09:43:35.0	3:24:13.0	55:43.0	5:44.6
				Deck Norte	10:31:11.5	4:11:49.5	47:36.5	5:40.1
				Piscinão	11:17:14.2	4:57:52.2	46:02.7	5:32.9
				Parque Paranoa	11:58:53.2	5:39:31.2	41:39.0	5:28.8
				Ermida Dom Bosco	12:38:10.5	6:18:48.5	39:17.3	6:32.9
				Ponte JK	13:28:50.4	7:09:28.4	50:39.9	6:45.3
				Igreja	14:10:05.5	7:50:43.5	41:15.1	5:09.4
				Pontao	14:26:23.5	8:07:01.5	16:18.0	5:15.5
				L2 Sul	15:17:21.3	8:57:59.3	50:57.8	6:22.2
				Chegada	15:58:52.1	9:39:30.1	41:30.8	6:41.7
304	53	3	SESC TAGUATINGA SUL TRINCA	Concha Acústica	6:54:46.1	35:24.1	35:24.1	3:45.*
				C.O.	07:23:31.2	1:04:09.2	28:45.1	4:06.4
				Camara Legislativa	07:52:52.2	1:33:30.2	29:21.0	4:18.*
				Parque Lago Norte	08:10:08.2	1:50:46.2	17:16.0	4:19.0
				Clube do Congresso	08:55:24.4	2:36:02.4	45:16.2	4:40.0
				Deck Norte	09:36:46.2	3:17:24.2	41:21.8	4:55.5
				Piscinão	10:17:09.1	3:57:47.1	40:22.9	4:51.9
				Parque Paranoa	10:53:08.0	4:33:46.0	35:58.9	4:44.1
				Ermida Dom Bosco	11:21:09.5	5:01:47.5	28:01.5	4:40.3
				Ponte JK	11:57:00.1	5:37:38.1	35:50.6	4:46.7
				Igreja	12:33:57.3	6:14:35.3	36:57.2	4:37.2
				Pontao	12:47:25.0	6:28:03.0	13:27.7	4:20.5
				L2 Sul	13:25:23.5	7:06:01.5	37:58.5	4:44.8
				Chegada	13:56:16.4	7:36:54.4	30:52.9	4:58.9
305	49	2	BSB-PARQUE	Concha Acústica	7:38:57.0	36:48.0	36:48.0	3:54.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

Id	Dist	Ord	Trecho	Local	Tempo	Tempo	Tempo	Tempo
			TRINCA	C.O.	08:08:53.5	1:06:44.5	29:56.5	4:16.6
				Camara Legislativa	08:39:09.0	1:37:00.0	30:15.5	4:26.*
				Parque Lago Norte	08:56:30.2	1:54:21.2	17:21.2	4:20.3
				Clube do Congresso	09:39:08.2	2:36:59.2	42:38.0	4:23.7
				Deck Norte	10:12:47.1	3:10:38.1	33:38.9	4:00.3
				Piscinão	10:52:27.5	3:50:18.5	39:40.4	4:46.8
				Parque Paranoa	11:27:16.0	4:25:07.0	34:48.5	4:34.8
				Ermida Dom Bosco	11:52:57.1	4:50:48.1	25:41.1	4:16.9
				Ponte JK	12:33:35.4	5:31:26.4	40:38.3	5:25.1
				Igreja	13:08:37.2	6:06:28.2	35:01.8	4:22.7
				Pontao	13:21:32.2	6:19:23.2	12:55.0	4:10.0
				L2 Sul	14:00:12.5	6:58:03.5	38:40.3	4:50.0
				Chegada	14:32:12.4	7:30:03.4	31:59.9	5:09.7
306	176	4	APICE VERDE TRINCA	Concha Acústica	7:00:03.1	40:41.1	40:41.1	4:19.7
				C.O.	07:32:04.4	1:12:42.4	32:01.3	4:34.5
				Camara Legislativa	08:10:39.9	1:51:17.9	38:35.5	5:40.5
				Parque Lago Norte	08:32:36.3	2:13:14.3	21:56.4	5:29.1
				Clube do Congresso	09:21:20.3	3:01:58.3	48:44.0	5:01.4
				Deck Norte	09:59:45.5	3:40:23.5	38:25.2	4:34.4
				Piscinão	10:50:20.5	4:30:58.5	50:35.0	6:05.7
				Parque Paranoa	11:32:15.5	5:12:53.5	41:55.0	5:30.9
				Ermida Dom Bosco	12:02:29.5	5:43:07.5	30:14.0	5:02.3
				Ponte JK	12:58:05.0	6:38:43.0	55:35.5	7:24.7
				Igreja	13:40:37.0	7:21:15.0	42:32.0	5:19.0
				Pontao	13:56:26.6	7:37:04.6	15:49.6	5:06.3
				L2 Sul	14:39:56.1	8:20:34.1	43:29.5	5:26.2
				Chegada	15:28:59.5	9:09:37.5	49:03.4	7:54.7
307	200	5	PEGA E VAZA TRINCA	Concha Acústica	7:00:39.5	41:17.5	41:17.5	4:23.6
				C.O.	07:35:05.5	1:15:43.5	34:26.0	4:55.1
				Camara Legislativa	08:19:58.1	2:00:36.1	44:52.6	6:35.*
				Parque Lago Norte	08:39:52.2	2:20:30.2	19:54.1	4:58.5
				Clube do Congresso	09:24:30.3	3:05:08.3	44:38.1	4:36.1
				Deck Norte	10:16:58.5	3:57:36.5	52:28.2	6:14.8
				Piscinão	11:01:21.1	4:41:59.1	44:22.6	5:20.8
				Parque Paranoa	11:38:43.0	5:19:21.0	37:21.9	4:54.*
				Ermida Dom Bosco	12:16:56.5	5:57:34.5	38:13.5	6:22.3
				Ponte JK	13:02:57.0	6:43:35.0	46:00.5	6:08.1
				Igreja	13:42:55.5	7:23:33.5	39:58.5	4:59.8

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	14:03:07.3	7:43:45.3	20:11.8	6:30.9
				L2 Sul	14:49:38.0	8:30:16.0	46:30.7	5:48.8
				Chegada	15:41:32.3	9:22:10.3	51:54.3	8:22.3
401	22	4	ATP PERSONAL /OS ATPISTAS A QUARTETO MASCULINO	Concha Acústica	8:31:48.2	28:11.2	28:11.2	2:59.9
				C.O.	08:56:14.5	52:37.5	24:26.3	3:29.5
				Camara Legislativa	09:29:28.1	1:25:51.1	33:13.6	4:53.2
				Parque Lago Norte	09:46:37.1	1:43:00.1	17:09.0	4:17.3
				Clube do Congresso	10:20:56.2	2:17:19.2	34:19.1	3:32.3
				Deck Norte	10:49:43.5	2:46:06.5	28:47.3	3:25.6
				Piscinão	11:32:42.0	3:29:05.0	42:58.5	5:10.7
				Parque Paranoa	12:08:00.5	4:04:23.5	35:18.5	4:38.8
				Ermida Dom Bosco	12:30:35.3	4:26:58.3	22:34.8	3:45.8
				Ponte JK	13:00:18.3	4:56:41.3	29:43.0	3:57.7
				Igreja	13:36:49.3	5:33:12.3	36:31.0	4:33.9
				Pontao	13:51:03.4	5:47:26.4	14:14.1	4:35.5
				L2 Sul	14:21:50.2	6:18:13.2	30:46.8	3:50.9
				Chegada	14:48:09.0	6:44:32.0	26:18.8	4:14.6
402	64	15	TREINA&CORRE/DF QUARTETO MASCULINO	Concha Acústica	6:59:23.1	40:01.1	40:01.1	4:15.4
				C.O.	07:33:20.0	1:13:58.0	33:56.9	4:50.*
				Camara Legislativa	08:07:46.6	1:48:24.6	34:26.6	5:03.9
				Parque Lago Norte	08:27:49.0	2:08:27.0	20:02.4	5:00.6
				Clube do Congresso	09:04:59.1	2:45:37.1	37:10.1	3:49.9
				Deck Norte	09:45:27.2	3:26:05.2	40:28.1	4:49.1
				Piscinão	10:28:24.4	4:09:02.4	42:57.2	5:10.5
				Parque Paranoa	11:00:49.5	4:41:27.5	32:25.1	4:15.9
				Ermida Dom Bosco	11:26:57.2	5:07:35.2	26:07.7	4:21.3
				Ponte JK	12:09:10.1	5:49:48.1	42:12.9	5:37.7
				Igreja	12:44:35.0	6:25:13.0	35:24.9	4:25.6
				Pontao	12:59:13.0	6:39:51.0	14:38.0	4:43.2
				L2 Sul	13:36:32.0	7:17:10.0	37:19.0	4:39.9
				Chegada	14:08:13.3	7:48:51.3	31:41.3	5:06.7
403	171	9	SIRIUS PRESSAO QUARTETO MISTO	Concha Acústica	7:00:00.0	40:38.0	40:38.0	4:19.4
				C.O.	07:29:07.1	1:09:45.1	29:07.1	4:09.6
				Camara Legislativa	08:11:45.5	1:52:23.5	42:38.4	6:16.2
				Parque Lago Norte	08:35:33.5	2:16:11.5	23:48.0	5:57.0
				Clube do Congresso	09:21:36.2	3:02:14.2	46:02.7	4:44.8
				Deck Norte	09:55:32.0	3:36:10.0	33:55.8	4:02.4

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	10:52:24.4	4:33:02.4	56:52.4	6:51.1
				Parque Paranoa	11:41:32:0	5:22:10.0	49:07.6	6:27.8
				Ermida Dom Bosco	12:22:11:5	6:02:49.5	40:39.5	6:46.6
				Ponte JK	12:59:40:6	6:40:18.6	37:29.1	4:59.9
				Igreja	13:39:13.3	7:19:51.3	39:32.7	4:56.6
				Pontao	13:59:00:2	7:39:38.2	19:46.9	6:22.9
				L2 Sul	14:52:40:0	8:33:18.0	53:39.8	6:42.5
				Chegada	15:23:03.2	9:03:41.2	30:23.2	4:54.1
404	47	11	PONTO VITAL FISIOTERAPIA QUARTETO MASCULINO	Concha Acústica	7:43:01.5	40:52.5	40:52.5	4:20.9
				C.O.	08:10:27:4	1:08:18.4	27:25.9	3:55.1
				Camara Legislativa	08:39:08:4	1:36:59.4	28:41.0	4:13.1
				Parque Lago Norte	08:57:02:1	1:54:53.1	17:53.7	4:28.4
				Clube do Congresso	09:40:41:0	2:38:32.0	43:38.9	4:29.*
				Deck Norte	10:12:34:5	3:10:25.5	31:53.5	3:47.8
				Piscinão	10:55:26:4	3:53:17.4	42:51.9	5:09.9
				Parque Paranoa	11:28:23:3	4:26:14.3	32:56.9	4:20.1
				Ermida Dom Bosco	11:52:32:4	4:50:23.4	24:09.1	4:01.5
				Ponte JK	12:28:47:4	5:26:38.4	36:15.0	4:50.0
				Igreja	13:01:58.6	5:59:49.6	33:11.2	4:08.9
				Pontao	13:15:41:2	6:13:32.2	13:42.6	4:25.4
				L2 Sul	13:59:04:3	6:56:55.3	43:23.1	5:25.4
				Chegada	14:30:05.0	7:27:56.0	31:00.7	5:00.1
405	177	1	EQUIPE X CAIXA - QUARTETO FEMININO QUARTETO ECO FEMININO	Concha Acústica	7:04:38.1	45:16.1	45:16.1	4:48.9
				C.O.	07:38:53:5	1:19:31.5	34:15.4	4:53.6
				Camara Legislativa	08:17:08:5	1:57:46.5	38:15.0	5:37.5
				Parque Lago Norte	08:37:06:1	2:17:44.1	19:57.6	4:59.4
				Clube do Congresso	09:29:50:1	3:10:28.1	52:44.0	5:26.2
				Deck Norte	10:12:17:4	3:52:55.4	42:27.3	5:03.3
				Piscinão	11:01:37:1	4:42:15.1	49:19.7	5:56.6
				Parque Paranoa	11:43:02:0	5:23:40.0	41:24.9	5:26.*
				Ermida Dom Bosco	12:17:22:1	5:58:00.1	34:20.1	5:43.4
				Ponte JK	13:03:08:5	6:43:46.5	45:46.4	6:06.2
				Igreja	13:47:22.1	7:28:00.1	44:13.6	5:31.7
				Pontao	14:03:50:4	7:44:28.4	16:28.3	5:18.8
				L2 Sul	14:51:50:1	8:32:28.1	47:59.7	5:59.*
				Chegada	15:30:29.2	9:11:07.2	38:39.1	6:14.0
406	101	6	PICA PAU	Concha Acústica	7:00:05.3	40:43.3	40:43.3	4:19.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

Posição	Tempo	Equipe	Trecho	Tempo	Tempo	Tempo	Tempo	
QUARTETO MISTO			C.O.	07:32:18.6	1:12:56.6	32:13.3	4:36.2	
			Camara Legislativa	08:04:53.3	1:45:31.3	32:34.7	4:47.5	
			Parque Lago Norte	08:23:23.4	2:04:01.4	18:30.1	4:37.5	
			Clube do Congresso	09:09:06.2	2:49:44.2	45:42.8	4:42.8	
			Deck Norte	09:49:05.3	3:29:43.3	39:59.1	4:45.6	
			Piscinão	10:35:27.1	4:16:05.1	46:21.8	5:35.2	
			Parque Paranoa	11:13:47.3	4:54:25.3	38:20.2	5:02.7	
			Ermida Dom Bosco	11:45:26.5	5:26:04.5	31:39.2	5:16.5	
			Ponte JK	12:28:26.5	6:09:04.5	43:00.0	5:44.0	
			Igreja	13:11:14.1	6:51:52.1	42:47.6	5:20.*	
			Pontao	13:28:07.0	7:08:45.0	16:52.9	5:26.7	
			L2 Sul	14:08:49.2	7:49:27.2	40:42.2	5:05.3	
			Chegada	14:46:50.0	8:27:28.0	38:00.8	6:07.9	
407	16	1	ASES - ASSOCIACAO DOS SERVIDORES DO SERP	Concha Acústica	7:33:07.4	30:58.4	30:58.4	3:17.7
			QUARTETO MASCULINO	C.O.	07:57:04.5	54:55.5	23:57.1	3:25.3
				Camara Legislativa	08:22:52.5	1:20:43.5	25:48.0	3:47.6
				Parque Lago Norte	08:37:59.5	1:35:50.5	15:07.0	3:46.8
				Clube do Congresso	09:16:35.4	2:14:26.4	38:35.9	3:58.8
				Deck Norte	09:44:31.0	2:42:22.0	27:55.6	3:19.5
				Piscinão	10:19:50.0	3:17:41.0	35:19.0	4:15.3
				Parque Paranoa	10:49:17.1	3:47:08.1	29:27.1	3:52.5
				Ermida Dom Bosco	11:11:21.6	4:09:12.6	22:04.5	3:40.8
				Ponte JK	11:44:29.5	4:42:20.5	33:07.9	4:25.1
				Igreja	12:12:37.3	5:10:28.3	28:07.8	3:30.*
				Pontao	12:24:08.2	5:21:59.2	11:30.9	3:42.9
				L2 Sul	12:56:16.4	5:54:07.4	32:08.2	4:01.0
				Chegada	13:23:28.1	6:21:19.1	27:11.7	4:23.2
409	35	9	APTIDAO - QUARTETO	Concha Acústica	6:49:28.1	30:06.1	30:06.1	3:12.1
			QUARTETO MASCULINO	C.O.	07:16:16.2	56:54.2	26:48.1	3:49.7
				Camara Legislativa	07:45:12.2	1:25:50.2	28:56.0	4:15.3
				Parque Lago Norte	08:01:13.5	1:41:51.5	16:01.3	4:00.3
				Clube do Congresso	08:37:42.6	2:18:20.6	36:29.1	3:45.7
				Deck Norte	09:36:48.1	3:17:26.1	59:05.5	7:02.1
				Piscinão	10:17:07.2	3:57:45.2	40:19.1	4:51.5
				Parque Paranoa	10:47:57.1	4:28:35.1	30:49.9	4:03.4
				Ermida Dom Bosco	11:10:32.2	4:51:10.2	22:35.1	3:45.9
				Ponte JK	11:44:51.3	5:25:29.3	34:19.1	4:34.5
				Igreja	12:16:57.1	5:57:35.1	32:05.8	4:00.7

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	12:29:10.1	6:09:48.1	12:13.0	3:56.5
				L2 Sul	13:03:16.5	6:43:54.5	34:06.4	4:15.8
				Chegada	13:29:33.2	7:10:11.2	26:16.7	4:14.3
410	68	2	CPBV - CAP GUARDI QUARTETO MISTO	Concha Acústica	6:51:44.1	32:22.1	32:22.1	3:26.6
				C.O.	07:22:19.2	1:02:57.2	30:35.1	4:22.2
				Camara Legislativa	07:53:58.0	1:34:36.0	31:38.8	4:39.2
				Parque Lago Norte	08:18:47.6	1:59:25.6	24:49.6	6:12.4
				Clube do Congresso	09:03:54.3	2:44:32.3	45:06.7	4:39.0
				Deck Norte	09:36:51.0	3:17:29.0	32:56.7	3:55.3
				Piscinão	10:18:27.0	3:59:05.0	41:36.0	5:00.7
				Parque Paranoa	11:04:26.0	4:45:04.0	45:59.0	6:03.0
				Ermida Dom Bosco	11:33:28.0	5:14:06.0	29:02.0	4:50.3
				Ponte JK	12:06:47.0	5:47:25.0	33:19.0	4:26.5
				Igreja	12:46:49.4	6:27:27.4	40:02.4	5:00.3
				Pontao	13:05:06.5	6:45:44.5	18:17.1	5:53.9
				L2 Sul	13:44:56.0	7:25:34.0	39:49.5	4:58.7
				Chegada	14:12:51.4	7:53:29.4	27:55.4	4:30.2
411	122	8	AS MENINAS SUPERPODEROSAS & UM JOAO QUARTETO MISTO	Concha Acústica	7:10:13.1	50:51.1	50:51.1	5:24.6
				C.O.	07:45:28.3	1:26:06.3	35:15.2	5:02.2
				Camara Legislativa	08:21:42.3	2:02:20.3	36:14.0	5:19.7
				Parque Lago Norte	08:42:10.1	2:22:48.1	20:27.8	5:06.*
				Clube do Congresso	09:33:56.1	3:14:34.1	51:46.0	5:20.2
				Deck Norte	10:09:13.2	3:49:51.2	35:17.1	4:12.0
				Piscinão	10:54:58.5	4:35:36.5	45:45.3	5:30.8
				Parque Paranoa	11:35:07.4	5:15:45.4	40:08.9	5:16.*
				Ermida Dom Bosco	12:08:40.5	5:49:18.5	33:33.1	5:35.5
				Ponte JK	12:56:31.5	6:37:09.5	47:51.0	6:22.8
				Igreja	13:32:34.4	7:13:12.4	36:02.9	4:30.4
				Pontao	13:48:37.0	7:29:15.0	16:02.6	5:10.5
				L2 Sul	14:29:04.4	8:09:42.4	40:27.4	5:03.4
				Chegada	15:04:03.1	8:44:41.1	34:58.7	5:38.5
412	57	13	C3MULTISPORT QUARTETO MASCULINO	Concha Acústica	7:39:50.2	37:41.2	37:41.2	4:00.6
				C.O.	08:12:02.5	1:09:53.5	32:12.3	4:36.0
				Camara Legislativa	08:44:28.3	1:42:19.3	32:25.8	4:46.1
				Parque Lago Norte	09:01:18.2	1:59:09.2	16:49.9	4:12.5
				Clube do Congresso	09:44:26.4	2:42:17.4	43:08.2	4:26.8
				Deck Norte	10:23:18.5	3:21:09.5	38:52.1	4:37.6

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:00:32.0	3:58:23.0	37:13.5	4:29.1
				Parque Paranoa	11:36:39.3	4:34:30.3	36:07.3	4:45.2
				Ermida Dom Bosco	12:03:29.4	5:01:20.4	26:50.1	4:28.4
				Ponte JK	12:43:35.2	5:41:26.2	40:05.8	5:20.8
				Igreja	13:17:56.1	6:15:47.1	34:20.9	4:17.6
				Pontao	13:31:15.1	6:29:06.1	13:19.0	4:17.7
				L2 Sul	14:09:31.2	7:07:22.2	38:16.1	4:47.0
				Chegada	14:44:26.0	7:42:17.0	34:54.8	5:37.9
413	78	5	KRYPTONITA QUARTETO MISTO	Concha Acústica	7:01:33.0	42:11.0	42:11.0	4:29.3
				C.O.	07:36:52.3	1:17:30.3	35:19.3	5:02.8
				Camara Legislativa	08:16:48.2	1:57:26.2	39:55.9	5:52.3
				Parque Lago Norte	08:33:42.4	2:14:20.4	16:54.2	4:13.6
				Clube do Congresso	09:15:37.0	2:56:15.0	41:54.6	4:19.2
				Deck Norte	09:51:44.5	3:32:22.5	36:07.5	4:18.0
				Piscinão	10:28:40.1	4:09:18.1	36:55.6	4:26.9
				Parque Paranoa	11:08:03.6	4:48:41.6	39:23.5	5:10.*
				Ermida Dom Bosco	11:39:10.3	5:19:48.3	31:06.7	5:11.1
				Ponte JK	12:29:25.0	6:10:03.0	50:14.7	6:41.*
				Igreja	13:00:11.4	6:40:49.4	30:46.4	3:50.8
				Pontao	13:13:34.4	6:54:12.4	13:23.0	4:19.0
				L2 Sul	13:56:05.3	7:36:43.3	42:30.9	5:18.9
				Chegada	14:25:01.0	8:05:39.0	28:55.7	4:39.*
414	119	7	EQUIPE CONCORD I QUARTETO MISTO	Concha Acústica	7:02:39.3	43:17.3	43:17.3	4:36.3
				C.O.	07:39:59.4	1:20:37.4	37:20.1	5:20.0
				Camara Legislativa	08:15:22.2	1:56:00.2	35:22.8	5:12.2
				Parque Lago Norte	08:36:10.1	2:16:48.1	20:47.9	5:11.*
				Clube do Congresso	09:21:40.6	3:02:18.6	45:30.5	4:41.5
				Deck Norte	10:03:37.5	3:44:15.5	41:56.9	4:59.6
				Piscinão	10:48:15.5	4:28:53.5	44:38.0	5:22.7
				Parque Paranoa	11:26:44.0	5:07:22.0	38:28.5	5:03.8
				Ermida Dom Bosco	11:59:21.4	5:39:59.4	32:37.4	5:26.2
				Ponte JK	12:44:18.2	6:24:56.2	44:56.8	5:59.6
				Igreja	13:26:27.0	7:07:05.0	42:08.8	5:16.1
				Pontao	13:43:07.0	7:23:45.0	16:40.0	5:22.6
				L2 Sul	14:25:53.2	8:06:31.2	42:46.2	5:20.8
				Chegada	15:03:18.3	8:43:56.3	37:25.1	6:02.1
415	56	12	UNIDOS PELA FORÇA	Concha Acústica	6:57:10.5	37:48.5	37:48.5	4:01.3

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			QUARTETO MASCULINO	C.O.	07:24:59.3	1:05:37.3	27:48.8	3:58.4
				Camara Legislativa	07:53:21.5	1:33:59.5	28:22.2	4:10.3
				Parque Lago Norte	08:08:46.3	1:49:24.3	15:24.8	3:51.2
				Clube do Congresso	08:55:34.1	2:36:12.1	46:47.8	4:49.5
				Deck Norte	09:36:50.4	3:17:28.4	41:16.3	4:54.8
				Piscinão	10:17:06.4	3:57:44.4	40:16.0	4:51.1
				Parque Paranoa	10:49:29.5	4:30:07.5	32:23.1	4:15.7
				Ermida Dom Bosco	11:20:50.3	5:01:28.3	31:20.8	5:13.5
				Ponte JK	11:56:33.4	5:37:11.4	35:43.1	4:45.7
				Igreja	12:28:31.3	6:09:09.3	31:57.9	3:59.7
				Pontao	12:40:59.3	6:21:37.3	12:28.0	4:01.3
				L2 Sul	13:28:41.2	7:09:19.2	47:41.9	5:57.7
				Chegada	14:00:01.4	7:40:39.4	31:20.2	5:03.3
416	66	1	EQUIPE X - QUARTETO QUARTETO ECO MASCULINO	Concha Acústica	6:54:19.3	34:57.3	34:57.3	3:43.1
				C.O.	07:27:07.4	1:07:45.4	32:48.1	4:41.2
				Camara Legislativa	08:02:19.9	1:42:57.9	35:12.5	5:10.7
				Parque Lago Norte	08:18:06.2	1:58:44.2	15:46.3	3:56.6
				Clube do Congresso	08:59:30.1	2:40:08.1	41:23.9	4:16.1
				Deck Norte	09:39:57.5	3:20:35.5	40:27.4	4:48.*
				Piscinão	10:24:50.1	4:05:28.1	44:52.6	5:24.4
				Parque Paranoa	10:58:49.6	4:39:27.6	33:59.5	4:28.4
				Ermida Dom Bosco	11:30:22.3	5:11:00.3	31:32.7	5:15.5
				Ponte JK	12:05:51.3	5:46:29.3	35:29.0	4:43.9
				Igreja	12:48:57.3	6:29:35.3	43:06.0	5:23.3
				Pontao	13:03:44.0	6:44:22.0	14:46.7	4:46.0
				L2 Sul	13:40:29.0	7:21:07.0	36:45.0	4:35.6
				Chegada	14:10:44.0	7:51:22.0	30:15.0	4:52.7
417	54	1	COME CHAO D QUARTETO MISTO	Concha Acústica	7:02:34.6	43:12.6	43:12.6	4:35.8
				C.O.	07:30:17.2	1:10:55.2	27:42.6	3:57.5
				Camara Legislativa	08:01:00.0	1:41:38.0	30:42.8	4:31.0
				Parque Lago Norte	08:16:18.6	1:56:56.6	15:18.6	3:49.7
				Clube do Congresso	08:56:31.2	2:37:09.2	40:12.6	4:08.7
				Deck Norte	09:36:50.6	3:17:28.6	40:19.4	4:48.0
				Piscinão	10:17:05.1	3:57:43.1	40:14.5	4:50.9
				Parque Paranoa	10:50:15.2	4:30:53.2	33:10.1	4:21.9
				Ermida Dom Bosco	11:16:37.1	4:57:15.1	26:21.9	4:23.7
				Ponte JK	11:51:05.5	5:31:43.5	34:28.4	4:35.8
				Igreja	12:32:21.3	6:12:59.3	41:15.8	5:09.5

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	12:45:19.1	6:25:57.1	12:57.8	4:10.9
				L2 Sul	13:19:20.4	6:59:58.4	34:01.3	4:15.2
				Chegada	13:57:30.1	7:38:08.1	38:09.7	6:09.3
418	137	2	T@LENTOS I QUARTETO ECO MASCULINO	Concha Acústica	7:01:00.1	41:38.1	41:38.1	4:25.8
				C.O.	07:38:44.6	1:19:22.6	37:44.5	5:23.5
				Camara Legislativa	08:15:57.1	1:56:35.1	37:12.5	5:28.3
				Parque Lago Norte	08:33:59.5	2:14:37.5	18:02.4	4:30.6
				Clube do Congresso	09:20:52.1	3:01:30.1	46:52.6	4:49.*
				Deck Norte	10:04:27.4	3:45:05.4	43:35.3	5:11.3
				Piscinão	10:49:04.5	4:29:42.5	44:37.1	5:22.5
				Parque Paranoa	11:27:33.0	5:08:11.0	38:28.5	5:03.8
				Ermida Dom Bosco	12:01:35.5	5:42:13.5	34:02.5	5:40.4
				Ponte JK	12:47:08.3	6:27:46.3	45:32.8	6:04.4
				Igreja	13:27:39.4	7:08:17.4	40:31.1	5:03.9
				Pontao	13:43:48.1	7:24:26.1	16:08.7	5:12.5
				L2 Sul	14:33:01.1	8:13:39.1	49:13.0	6:09.1
				Chegada	15:10:09.0	8:50:47.0	37:07.9	5:59.3
419	69	16	EVOLUA QUARTETO MASCULINO	Concha Acústica	7:02:26.3	43:04.3	43:04.3	4:34.9
				C.O.	07:35:47.3	1:16:25.3	33:21.0	4:45.9
				Camara Legislativa	08:07:07.7	1:47:45.7	31:20.4	4:36.5
				Parque Lago Norte	08:23:26.6	2:04:04.6	16:18.9	4:04.7
				Clube do Congresso	09:08:33.3	2:49:11.3	45:06.7	4:39.0
				Deck Norte	09:42:08.3	3:22:46.3	33:35.0	3:59.9
				Piscinão	10:25:50.4	4:06:28.4	43:42.1	5:15.9
				Parque Paranoa	11:04:34.6	4:45:12.6	38:44.2	5:05.8
				Ermida Dom Bosco	11:33:50.4	5:14:28.4	29:15.8	4:52.6
				Ponte JK	12:09:41.3	5:50:19.3	35:50.9	4:46.8
				Igreja	12:51:57.3	6:32:35.3	42:16.0	5:17.0
				Pontao	13:06:52.2	6:47:30.2	14:54.9	4:48.7
				L2 Sul	13:42:47.1	7:23:25.1	35:54.9	4:29.4
				Chegada	14:15:26.2	7:56:04.2	32:39.1	5:15.*
420	89	18	VENTURIS VENTIS B QUARTETO MASCULINO	Concha Acústica	7:47:49.4	45:40.4	45:40.4	4:51.5
				C.O.	08:20:36.3	1:18:27.3	32:46.9	4:40.*
				Camara Legislativa	08:49:19.0	1:47:10.0	28:42.7	4:13.3
				Parque Lago Norte	09:05:53.5	2:03:44.5	16:34.5	4:08.6
				Clube do Congresso	10:01:01.4	2:58:52.4	55:07.9	5:41.0
				Deck Norte	10:38:39.4	3:36:30.4	37:38.0	4:28.8

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:16:28.3	4:14:19.3	37:48.9	4:33.4
				Parque Paranoa	11:51:47.1	4:49:38.1	35:18.8	4:38.8
				Ermida Dom Bosco	12:27:48.0	5:25:39.0	36:00.9	6:00.2
				Ponte JK	13:09:50.0	6:07:41.0	42:02.0	5:36.3
				Igreja	13:47:17.6	6:45:08.6	37:27.6	4:40.*
				Pontao	14:02:54.1	7:00:45.1	15:36.5	5:02.1
				L2 Sul	14:40:56.3	7:38:47.3	38:02.2	4:45.3
				Chegada	15:15:37.2	8:13:28.2	34:40.9	5:35.6
422	182	10	SPORT POINT QUARTETO QUARTETO MISTO	Concha Acústica	7:00:40.2	41:18.2	41:18.2	4:23.6
				C.O.	07:36:24.0	1:17:02.0	35:43.8	5:06.3
				Camara Legislativa	08:18:27.4	1:59:05.4	42:03.4	6:11.1
				Parque Lago Norte	08:36:01.2	2:16:39.2	17:33.8	4:23.5
				Clube do Congresso	09:30:20.4	3:10:58.4	54:19.2	5:36.0
				Deck Norte	10:08:23.3	3:49:01.3	38:02.9	4:31.8
				Piscinão	11:02:26.4	4:43:04.4	54:03.1	6:30.7
				Parque Paranoa	11:41:12.1	5:21:50.1	38:45.7	5:06.0
				Ermida Dom Bosco	12:10:17.3	5:50:55.3	29:05.2	4:50.9
				Ponte JK	13:04:29.0	6:45:07.0	54:11.7	7:13.6
				Igreja	13:50:14.5	7:30:52.5	45:45.5	5:43.2
				Pontao	14:09:49.5	7:50:27.5	19:35.0	6:19.0
				L2 Sul	14:49:40.1	8:30:18.1	39:50.6	4:58.8
				Chegada	15:34:19.2	9:14:57.2	44:39.1	7:12.1
423	30	6	PMB QUARTETO MASCULINO	Concha Acústica	7:34:57.1	32:48.1	32:48.1	3:29.4
				C.O.	08:02:06.5	59:57.5	27:09.4	3:52.8
				Camara Legislativa	08:31:38.4	1:29:29.4	29:31.9	4:20.6
				Parque Lago Norte	08:47:06.0	1:44:57.0	15:27.6	3:51.9
				Clube do Congresso	09:26:11.0	2:24:02.0	39:05.0	4:01.8
				Deck Norte	10:00:31.5	2:58:22.5	34:20.5	4:05.3
				Piscinão	10:35:53.1	3:33:44.1	35:21.6	4:15.6
				Parque Paranoa	11:11:36.5	4:09:27.5	35:43.4	4:42.0
				Ermida Dom Bosco	11:36:08.5	4:33:59.5	24:32.0	4:05.3
				Ponte JK	12:11:51.5	5:09:42.5	35:43.0	4:45.7
				Igreja	12:44:52.5	5:42:43.5	33:01.0	4:07.6
				Pontao	12:59:01.0	5:56:52.0	14:08.5	4:33.7
				L2 Sul	13:37:18.1	6:35:09.1	38:17.1	4:47.1
				Chegada	14:06:24.3	7:04:15.3	29:06.2	4:41.6
424	88	17	MEGA FORCA NUTRICA O ESPORTIVA	Concha Acústica	6:59:38.2	40:16.2	40:16.2	4:17.0

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			QUARTETO MASCULINO	C.O.	07:31:07.0	1:11:45.0	31:28.8	4:29.8
				Camara Legislativa	08:05:46.6	1:46:24.6	34:39.6	5:05.8
				Parque Lago Norte	08:22:42.2	2:03:20.2	16:55.6	4:13.9
				Clube do Congresso	09:05:01.5	2:45:39.5	42:19.3	4:21.8
				Deck Norte	09:44:26.4	3:25:04.4	39:24.9	4:41.5
				Piscinão	10:26:52.4	4:07:30.4	42:26.0	5:06.7
				Parque Paranoa	11:03:40.5	4:44:18.5	36:48.1	4:50.5
				Ermida Dom Bosco	11:31:25.0	5:12:03.0	27:44.5	4:37.4
				Ponte JK	12:17:42.3	5:58:20.3	46:17.3	6:10.3
				Igreja	12:57:53.0	6:38:31.0	40:10.7	5:01.3
				Pontao	13:12:33.4	6:53:11.4	14:40.4	4:44.0
				L2 Sul	13:55:32.6	7:36:10.6	42:59.2	5:22.4
				Chegada	14:32:22.5	8:13:00.5	36:49.9	5:56.4
425	25	5	IATE CLUBE BRASILIA QUARTETO MASCULINO	Concha Acústica	7:34:13.2	32:04.2	32:04.2	3:24.7
				C.O.	08:00:46.3	58:37.3	26:33.1	3:47.6
				Camara Legislativa	08:30:57.3	1:28:48.3	30:11.0	4:26.3
				Parque Lago Norte	08:46:22.5	1:44:13.5	15:25.2	3:51.3
				Clube do Congresso	09:23:23.3	2:21:14.3	37:00.8	3:48.9
				Deck Norte	09:54:47.3	2:52:38.3	31:24.0	3:44.3
				Piscinão	10:31:11.1	3:29:02.1	36:23.8	4:23.1
				Parque Paranoa	11:04:54.4	4:02:45.4	33:43.3	4:26.2
				Ermida Dom Bosco	11:28:54.0	4:26:45.0	23:59.6	3:59.9
				Ponte JK	12:03:09.0	5:01:00.0	34:15.0	4:34.0
				Igreja	12:36:03.0	5:33:54.0	32:54.0	4:06.8
				Pontao	12:48:56.3	5:46:47.3	12:53.3	4:09.5
				L2 Sul	13:24:50.3	6:22:41.3	35:54.0	4:29.3
				Chegada	13:52:57.4	6:50:48.4	28:07.1	4:32.1
426	42	10	CAFE DO SITIO ,COME CHAO QUARTETO MASCULINO	Concha Acústica	6:51:29.5	32:07.5	32:07.5	3:25.1
				C.O.	07:19:17.0	59:55.0	27:47.5	3:58.2
				Camara Legislativa	07:49:33.4	1:30:11.4	30:16.4	4:27.1
				Parque Lago Norte	08:06:35.0	1:47:13.0	17:01.6	4:15.4
				Clube do Congresso	08:55:24.4	2:36:02.4	48:49.4	5:02.0
				Deck Norte	09:36:46.3	3:17:24.3	41:21.9	4:55.5
				Piscinão	10:17:08.3	3:57:46.3	40:22.0	4:51.8
				Parque Paranoa	10:53:04.2	4:33:42.2	35:55.9	4:43.7
				Ermida Dom Bosco	11:16:20.4	4:56:58.4	23:16.2	3:52.7
				Ponte JK	11:49:46.5	5:30:24.5	33:26.1	4:27.5
				Igreja	12:25:42.3	6:06:20.3	35:55.8	4:29.5

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	12:39:43.2	6:20:21.2	14:00.9	4:31.3
				L2 Sul	13:11:29.0	6:52:07.0	31:45.8	3:58.2
				Chegada	13:40:45.5	7:21:23.5	29:16.5	4:43.3
427	18	2	CORREDORES DO SOL QUARTETO MASCULINO	Concha Acústica	7:33:09.0	31:00.0	31:00.0	3:17.9
				C.O.	08:03:23.4	1:01:14.4	30:14.4	4:19.2
				Camara Legislativa	08:33:49.0	1:31:40.0	30:25.6	4:28.5
				Parque Lago Norte	08:50:39.2	1:48:30.2	16:50.2	4:12.6
				Clube do Congresso	09:23:55.3	2:21:46.3	33:16.1	3:25.8
				Deck Norte	09:51:44.0	2:49:35.0	27:48.7	3:18.7
				Piscinão	10:29:20.2	3:27:11.2	37:36.2	4:31.8
				Parque Paranoa	10:56:32.0	3:54:23.0	27:11.8	3:34.7
				Ermida Dom Bosco	11:18:34.3	4:16:25.3	22:02.3	3:40.4
				Ponte JK	11:56:34.4	4:54:25.4	38:00.1	5:04.0
				Igreja	12:30:32.6	5:28:23.6	33:58.2	4:14.8
				Pontao	12:43:16.4	5:41:07.4	12:43.8	4:06.4
				L2 Sul	13:11:59.0	6:09:50.0	28:42.6	3:35.3
				Chegada	13:35:56.2	6:33:47.2	23:57.2	3:51.8
428	34	8	AGUIAS DO CERRADO 4 QUARTETO MASCULINO	Concha Acústica	7:37:03.5	34:54.5	34:54.5	3:42.8
				C.O.	08:03:05.0	1:00:56.0	26:01.5	3:43.1
				Camara Legislativa	08:33:10.5	1:31:01.5	30:05.5	4:25.5
				Parque Lago Norte	08:50:54.1	1:48:45.1	17:43.6	4:25.9
				Clube do Congresso	09:30:19.2	2:28:10.2	39:25.1	4:03.8
				Deck Norte	10:01:22.3	2:59:13.3	31:03.1	3:41.8
				Piscinão	10:40:29.3	3:38:20.3	39:07.0	4:42.8
				Parque Paranoa	11:18:45.1	4:16:36.1	38:15.8	5:02.1
				Ermida Dom Bosco	11:42:39.4	4:40:30.4	23:54.3	3:59.1
				Ponte JK	12:16:33.4	5:14:24.4	33:54.0	4:31.2
				Igreja	12:54:10.4	5:52:01.4	37:37.0	4:42.1
				Pontao	13:08:26.4	6:06:17.4	14:16.0	4:36.1
				L2 Sul	13:43:20.2	6:41:11.2	34:53.8	4:21.7
				Chegada	14:11:58.5	7:09:49.5	28:38.3	4:37.1
430	225	11	PEGA E VAZA QUARTETO MISTO	Concha Acústica	7:06:36.1	47:14.1	47:14.1	5:01.5
				C.O.	07:42:23.1	1:23:01.1	35:47.0	5:06.7
				Camara Legislativa	08:19:57.4	2:00:35.4	37:34.3	5:31.5
				Parque Lago Norte	08:41:51.1	2:22:29.1	21:53.7	5:28.4
				Clube do Congresso	09:40:37.4	3:21:15.4	58:46.3	6:03.5
				Deck Norte	10:23:17.2	4:03:55.2	42:39.8	5:04.7

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:11:53.2	4:52:31.2	48:36.0	5:51.3
				Parque Paranoa	11:56:37.1	5:37:15.1	44:43.9	5:53.1
				Ermida Dom Bosco	12:35:03.0	6:15:41.0	38:25.9	6:24.3
				Ponte JK	13:19:28.2	7:00:06.2	44:25.2	5:55.4
				Igreja	14:05:44.2	7:46:22.2	46:16.0	5:47.0
				Pontao	14:22:26.6	8:03:04.6	16:42.4	5:23.4
				L2 Sul	15:16:25.2	8:57:03.2	53:58.6	6:44.8
				Chegada	15:59:01.0	9:39:39.0	42:35.8	6:52.2
431	73	4	JATOBAS QUARTETO MISTO	Concha Acústica	7:08:41.0	49:19.0	49:19.0	5:14.8
				C.O.	07:39:19.5	1:19:57.5	30:38.5	4:22.6
				Camara Legislativa	08:09:36.6	1:50:14.6	30:17.1	4:27.2
				Parque Lago Norte	08:33:07.4	2:13:45.4	23:30.8	5:52.7
				Clube do Congresso	09:19:36.3	3:00:14.3	46:28.9	4:47.5
				Deck Norte	09:54:35.6	3:35:13.6	34:59.3	4:09.9
				Piscinão	10:32:28.4	4:13:06.4	37:52.8	4:33.8
				Parque Paranoa	11:10:48.5	4:51:26.5	38:20.1	5:02.6
				Ermida Dom Bosco	11:45:39.5	5:26:17.5	34:51.0	5:48.5
				Ponte JK	12:23:02.2	6:03:40.2	37:22.7	4:59.0
				Igreja	12:58:31.6	6:39:09.6	35:29.4	4:26.2
				Pontao	13:11:49.2	6:52:27.2	13:17.6	4:17.3
				L2 Sul	13:51:41.0	7:32:19.0	39:51.8	4:58.*
				Chegada	14:23:24.4	8:04:02.4	31:43.4	5:07.0
432	195	20	AUTO REGULADORA HG QUARTETO MASCULINO	Concha Acústica	7:42:58.4	40:49.4	40:49.4	4:20.6
				C.O.	08:16:35.4	1:14:26.4	33:37.0	4:48.1
				Camara Legislativa	08:56:11.5	1:54:02.5	39:36.1	5:49.4
				Parque Lago Norte	09:14:14.0	2:12:05.0	18:02.5	4:30.6
				Clube do Congresso	10:03:49.3	3:01:40.3	49:35.3	5:06.7
				Deck Norte	10:46:46.5	3:44:37.5	42:57.2	5:06.8
				Piscinão	11:32:40.2	4:30:31.2	45:53.7	5:31.8
				Parque Paranoa	12:21:08.2	5:18:59.2	48:28.0	6:22.6
				Ermida Dom Bosco	12:52:05.5	5:49:56.5	30:57.3	5:09.6
				Ponte JK	13:41:16.4	6:39:07.4	49:10.9	6:33.5
				Igreja	14:30:05.4	7:27:56.4	48:49.0	6:06.1
				Pontao	14:45:28.2	7:43:19.2	15:22.8	4:57.7
				L2 Sul	15:43:33.2	8:41:24.2	58:05.0	7:15.6
				Chegada	16:22:50.1	9:20:41.1	39:16.9	6:20.1
433	107	19	PF - ATLETAS CORREDORES	Concha Acústica	7:41:21.4	39:12.4	39:12.4	4:10.3

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			QUARTETO MASCULINO	C.O.	08:14:06.0	1:11:57.0	32:44.6	4:40.7
				Camara Legislativa	08:46:59.2	1:44:50.2	32:53.2	4:50.2
				Parque Lago Norte	09:05:17.2	2:03:08.2	18:18.0	4:34.5
				Clube do Congresso	09:54:25.2	2:52:16.2	49:08.0	5:03.9
				Deck Norte	10:37:36.2	3:35:27.2	43:11.0	5:08.5
				Piscinão	11:19:57.5	4:17:48.5	42:21.3	5:06.2
				Parque Paranoa	12:01:02.0	4:58:53.0	41:04.5	5:24.3
				Ermida Dom Bosco	12:31:54.1	5:29:45.1	30:52.1	5:08.7
				Ponte JK	13:19:52.3	6:17:43.3	47:58.2	6:23.8
				Igreja	13:59:30.3	6:57:21.3	39:38.0	4:57.3
				Pontao	14:15:28.3	7:13:19.3	15:58.0	5:09.0
				L2 Sul	14:59:43.6	7:57:34.6	44:15.3	5:31.9
				Chegada	15:32:27.2	8:30:18.2	32:43.6	5:16.7
434	58	14	MACAUBA QUARTETO MASCULINO	Concha Acústica	7:41:05.2	38:56.2	38:56.2	4:08.5
				C.O.	08:09:32.3	1:07:23.3	28:27.1	4:03.9
				Camara Legislativa	08:40:46.3	1:38:37.3	31:14.0	4:35.6
				Parque Lago Norte	08:56:40.2	1:54:31.2	15:53.9	3:58.5
				Clube do Congresso	09:42:34.0	2:40:25.0	45:53.8	4:43.9
				Deck Norte	10:17:15.2	3:15:06.2	34:41.2	4:07.8
				Piscinão	10:57:27.2	3:55:18.2	40:12.0	4:50.6
				Parque Paranoa	11:33:35.3	4:31:26.3	36:08.1	4:45.3
				Ermida Dom Bosco	12:03:43.1	5:01:34.1	30:07.8	5:01.3
				Ponte JK	12:41:09.3	5:39:00.3	37:26.2	4:59.5
				Igreja	13:19:04.4	6:16:55.4	37:55.1	4:44.4
				Pontao	13:31:55.3	6:29:46.3	12:50.9	4:08.7
				L2 Sul	14:11:17.0	7:09:08.0	39:21.7	4:55.2
				Chegada	14:44:47.4	7:42:38.4	33:30.4	5:24.3
435	21	3	PEDACINHO/GREENS QUARTETO MASCULINO	Concha Acústica	7:34:57.2	32:48.2	32:48.2	3:29.4
				C.O.	08:00:49.5	58:40.5	25:52.3	3:41.8
				Camara Legislativa	08:31:08.5	1:28:59.5	30:19.0	4:27.5
				Parque Lago Norte	08:45:50.0	1:43:41.0	14:41.5	3:40.4
				Clube do Congresso	09:22:00.2	2:19:51.2	36:10.2	3:43.7
				Deck Norte	09:57:26.5	2:55:17.5	35:26.3	4:13.1
				Piscinão	10:31:17.1	3:29:08.1	33:50.6	4:04.7
				Parque Paranoa	11:02:02.3	3:59:53.3	30:45.2	4:02.8
				Ermida Dom Bosco	11:26:09.4	4:24:00.4	24:07.1	4:01.2
				Ponte JK	12:01:45.2	4:59:36.2	35:35.8	4:44.8
				Igreja	12:30:17.5	5:28:08.5	28:32.3	3:34.0

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	12:43:59.0	5:41:50.0	13:41.5	4:25.0
				L2 Sul	13:18:04.2	6:15:55.2	34:05.2	4:15.7
				Chegada	13:44:24.2	6:42:15.2	26:20.0	4:14.8
436	70	3	PIKI DA TRILHA QUARTETO MISTO	Concha Acústica	6:57:46.0	38:24.0	38:24.0	4:05.1
				C.O.	07:30:41.0	1:11:19.0	32:55.0	4:42.1
				Camara Legislativa	08:06:10.0	1:46:48.0	35:29.0	5:13.1
				Parque Lago Norte	08:24:58.4	2:05:36.4	18:48.4	4:42.1
				Clube do Congresso	09:08:15.3	2:48:53.3	43:16.9	4:27.7
				Deck Norte	09:41:33.5	3:22:11.5	33:18.2	3:57.9
				Piscinão	10:20:00.5	4:00:38.5	38:27.0	4:37.*
				Parque Paranoa	10:57:56.0	4:38:34.0	37:55.5	4:59.4
				Ermida Dom Bosco	11:24:53.3	5:05:31.3	26:57.3	4:29.6
				Ponte JK	12:01:22.4	5:42:00.4	36:29.1	4:51.9
				Igreja	12:42:02.2	6:22:40.2	40:39.8	5:04.*
				Pontao	13:01:11.5	6:41:49.5	19:09.3	6:10.7
				L2 Sul	13:41:36.2	7:22:14.2	40:24.7	5:03.1
				Chegada	14:17:05.3	7:57:43.3	35:29.1	5:43.4
438	32	7	LUCERNA QUARTETO MASCULINO	Concha Acústica	7:36:52.0	34:43.0	34:43.0	3:41.6
				C.O.	08:02:53.2	1:00:44.2	26:01.2	3:43.0
				Camara Legislativa	08:33:07.1	1:30:58.1	30:13.9	4:26.8
				Parque Lago Norte	08:47:22.2	1:45:13.2	14:15.1	3:33.8
				Clube do Congresso	09:28:17.3	2:26:08.3	40:55.1	4:13.1
				Deck Norte	10:01:43.1	2:59:34.1	33:25.8	3:58.8
				Piscinão	10:40:21.4	3:38:12.4	38:38.3	4:39.3
				Parque Paranoa	11:16:26.2	4:14:17.2	36:04.8	4:44.8
				Ermida Dom Bosco	11:40:03.5	4:37:54.5	23:37.3	3:56.2
				Ponte JK	12:16:26.4	5:14:17.4	36:22.9	4:51.1
				Igreja	12:52:14.5	5:50:05.5	35:48.1	4:28.5
				Pontao	13:03:51.2	6:01:42.2	11:36.7	3:44.7
				L2 Sul	13:41:29.3	6:39:20.3	37:38.1	4:42.3
				Chegada	14:08:36.5	7:06:27.5	27:07.2	4:22.5
601	100	15	TOP SPORTS VERDE SEXTETO	Concha Acústica	6:56:23.3	37:01.3	37:01.3	3:56.3
				C.O.	07:30:45.1	1:11:23.1	34:21.8	4:54.5
				Camara Legislativa	08:06:27.7	1:47:05.7	35:42.6	5:15.1
				Parque Lago Norte	08:26:32.2	2:07:10.2	20:04.5	5:01.1
				Clube do Congresso	09:09:04.1	2:49:42.1	42:31.9	4:23.1
				Deck Norte	09:59:34.5	3:40:12.5	50:30.4	6:00.8

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	10:44:35.5	4:25:13.5	45:01.0	5:25.4
				Parque Paranoa	11:20:47.5	5:01:25.5	36:12.0	4:45.8
				Ermida Dom Bosco	11:47:36.4	5:28:14.4	26:48.9	4:28.2
				Ponte JK	12:30:18.2	6:10:56.2	42:41.8	5:41.6
				Igreja	13:15:25.4	6:56:03.4	45:07.2	5:38.4
				Pontao	13:33:53.2	7:14:31.2	18:27.8	5:57.4
				L2 Sul	14:09:53.5	7:50:31.5	36:00.3	4:30.0
				Chegada	14:43:13.5	8:23:51.5	33:20.0	5:22.6
602	77	8	TIME SCALA DE CORRIDA SEXTETO	Concha Acústica	7:03:53.3	44:31.3	44:31.3	4:44.2
				C.O.	07:31:37.2	1:12:15.2	27:43.9	3:57.7
				Camara Legislativa	08:09:34.4	1:50:12.4	37:57.2	5:34.9
				Parque Lago Norte	08:25:20.1	2:05:58.1	15:45.7	3:56.4
				Clube do Congresso	09:14:40.3	2:55:18.3	49:20.2	5:05.2
				Deck Norte	10:02:08.2	3:42:46.2	47:27.9	5:39.0
				Piscinão	10:36:22.5	4:17:00.5	34:14.3	4:07.5
				Parque Paranoa	11:18:42.0	4:59:20.0	42:19.5	5:34.1
				Ermida Dom Bosco	11:42:01.5	5:22:39.5	23:19.5	3:53.3
				Ponte JK	12:17:14.1	5:57:52.1	35:12.6	4:41.7
				Igreja	12:49:36.2	6:30:14.2	32:22.1	4:02.8
				Pontao	13:06:52.6	6:47:30.6	17:16.4	5:34.3
				L2 Sul	13:55:13.0	7:35:51.0	48:20.4	6:02.6
				Chegada	14:24:27.2	8:05:05.2	29:14.2	4:42.9
603	145	20	APTIDAO - SEXTETO SEXTETO	Concha Acústica	7:05:37.0	46:15.0	46:15.0	4:55.2
				C.O.	07:46:25.1	1:27:03.1	40:48.1	5:49.7
				Camara Legislativa	08:22:46.4	2:03:24.4	36:21.3	5:20.8
				Parque Lago Norte	08:43:59.2	2:24:37.2	21:12.8	5:18.2
				Clube do Congresso	09:43:22.4	3:24:00.4	59:23.2	6:07.3
				Deck Norte	10:20:15.2	4:00:53.2	36:52.8	4:23.4
				Piscinão	11:14:44.0	4:55:22.0	54:28.8	6:33.8
				Parque Paranoa	11:50:46.1	5:31:24.1	36:02.1	4:44.5
				Ermida Dom Bosco	12:18:30.0	5:59:08.0	27:43.9	4:37.3
				Ponte JK	13:01:00.4	6:41:38.4	42:30.4	5:40.1
				Igreja	13:38:02.0	7:18:40.0	37:01.6	4:37.7
				Pontao	13:55:46.6	7:36:24.6	17:44.6	5:43.4
				L2 Sul	14:35:25.3	8:16:03.3	39:38.7	4:57.3
				Chegada	15:12:02.4	8:52:40.4	36:37.1	5:54.4
604	199	22	BANDA JALECO MUSICAL	Concha Acústica	7:16:22.4	57:00.4	57:00.4	6:03.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			SEXTETO	C.O.	07:52:10.5	1:32:48.5	35:48.1	5:06.9
				Camara Legislativa	08:33:37.3	2:14:15.3	41:26.8	6:05.7
				Parque Lago Norte	08:53:43.2	2:34:21.2	20:05.9	5:01.5
				Clube do Congresso	09:40:49.2	3:21:27.2	47:06.0	4:51.3
				Deck Norte	10:26:57.5	4:07:35.5	46:08.3	5:29.6
				Piscinão	11:17:33.3	4:58:11.3	50:35.8	6:05.8
				Parque Paranoa	11:59:18.4	5:39:56.4	41:45.1	5:29.6
				Ermida Dom Bosco	12:34:20.1	6:14:58.1	35:01.7	5:50.3
				Ponte JK	13:21:59.1	7:02:37.1	47:39.0	6:21.2
				Igreja	14:00:08.2	7:40:46.2	38:09.1	4:46.1
				Pontao	14:19:09.1	7:59:47.1	19:00.9	6:08.0
				L2 Sul	15:05:35.2	8:46:13.2	46:26.1	5:48.3
				Chegada	15:41:17.3	9:21:55.3	35:42.1	5:45.5
605	233	24	COBRAS&CALANGOS 1 SEXTETO	Concha Acústica	7:09:08.0	49:46.0	49:46.0	5:17.7
				C.O.	07:46:33.0	1:27:11.0	37:25.0	5:20.7
				Camara Legislativa	08:19:16.1	1:59:54.1	32:43.1	4:48.7
				Parque Lago Norte	08:43:20.2	2:23:58.2	24:04.1	6:01.0
				Clube do Congresso	09:38:07.6	3:18:45.6	54:47.4	5:38.9
				Deck Norte	10:28:34.0	4:09:12.0	50:26.4	6:00.3
				Piscinão	11:09:57.4	4:50:35.4	41:23.4	4:59.2
				Parque Paranoa	11:57:15.2	5:37:53.2	47:17.8	6:13.4
				Ermida Dom Bosco	12:35:33.2	6:16:11.2	38:18.0	6:23.0
				Ponte JK	13:37:26.3	7:18:04.3	1:01:53.1	8:15.1
				Igreja	14:34:05.3	8:14:43.3	56:39.0	7:04.9
				Pontao	14:50:54.1	8:31:32.1	16:48.8	5:25.4
				L2 Sul	15:41:01.2	9:21:39.2	50:07.1	6:15.9
				Chegada	16:13:05.3	9:53:43.3	32:04.1	5:10.3
606	86	10	TOP SPORTS VERMELHA SEXTETO	Concha Acústica	6:58:09.0	38:47.0	38:47.0	4:07.6
				C.O.	07:36:19.1	1:16:57.1	38:10.1	5:27.2
				Camara Legislativa	08:10:40.0	1:51:18.0	34:20.9	5:03.1
				Parque Lago Norte	08:28:09.2	2:08:47.2	17:29.2	4:22.3
				Clube do Congresso	09:11:27.2	2:52:05.2	43:18.0	4:27.8
				Deck Norte	09:51:36.2	3:32:14.2	40:09.0	4:46.8
				Piscinão	10:32:59.1	4:13:37.1	41:22.9	4:59.1
				Parque Paranoa	11:18:00.1	4:58:38.1	45:01.0	5:55.4
				Ermida Dom Bosco	11:45:47.3	5:26:25.3	27:47.2	4:37.9
				Ponte JK	12:26:48.3	6:07:26.3	41:01.0	5:28.1
				Igreja	13:06:38.2	6:47:16.2	39:49.9	4:58.7

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:20:44.1	7:01:22.1	14:05.9	4:32.9
				L2 Sul	13:56:59.4	7:37:37.4	36:15.3	4:31.9
				Chegada	14:30:06.1	8:10:44.1	33:06.7	5:20.4
607	29	1	LO-RA/FREE CORNER/G1 SEXTETO	Concha Acústica	7:37:46.3	35:37.3	35:37.3	3:47.4
				C.O.	08:11:15.6	1:09:06.6	33:29.3	4:47.0
				Camara Legislativa	08:40:51.4	1:38:42.4	29:35.8	4:21.1
				Parque Lago Norte	08:57:04.2	1:54:55.2	16:12.8	4:03.2
				Clube do Congresso	09:34:36.5	2:32:27.5	37:32.3	3:52.2
				Deck Norte	10:05:53.0	3:03:44.0	31:16.5	3:43.4
				Piscinão	10:42:37.3	3:40:28.3	36:44.3	4:25.6
				Parque Paranoa	11:14:28.2	4:12:19.2	31:50.9	4:11.4
				Ermida Dom Bosco	11:40:00.3	4:37:51.3	25:32.1	4:15.4
				Ponte JK	12:15:41.5	5:13:32.5	35:41.2	4:45.5
				Igreja	12:48:50.5	5:46:41.5	33:09.0	4:08.6
				Pontao	13:03:41.1	6:01:32.1	14:50.6	4:47.3
				L2 Sul	13:38:37.1	6:36:28.1	34:56.0	4:22.0
				Chegada	14:05:38.2	7:03:29.2	27:01.1	4:21.5
608	62	5	BACEN SEXTETO	Concha Acústica	7:35:15.3	33:06.3	33:06.3	3:31.3
				C.O.	08:07:58.4	1:05:49.4	32:43.1	4:40.4
				Camara Legislativa	08:42:12.4	1:40:03.4	34:14.0	5:02.1
				Parque Lago Norte	08:59:37.3	1:57:28.3	17:24.9	4:21.2
				Clube do Congresso	09:39:22.5	2:37:13.5	39:45.2	4:05.9
				Deck Norte	10:20:14.5	3:18:05.5	40:52.0	4:51.9
				Piscinão	11:01:45.3	3:59:36.3	41:30.8	5:00.1
				Parque Paranoa	11:39:56.2	4:37:47.2	38:10.9	5:01.4
				Ermida Dom Bosco	12:08:33.1	5:06:24.1	28:36.9	4:46.2
				Ponte JK	12:48:20.5	5:46:11.5	39:47.4	5:18.3
				Igreja	13:25:42.5	6:23:33.5	37:22.0	4:40.3
				Pontao	13:40:47.3	6:38:38.3	15:04.8	4:51.9
				L2 Sul	14:15:38.3	7:13:29.3	34:51.0	4:21.4
				Chegada	14:49:42.5	7:47:33.5	34:04.2	5:29.7
609	51	3	CORDF/M17 SEXTETO	Concha Acústica	6:53:46.1	34:24.1	34:24.1	3:39.6
				C.O.	07:22:17.1	1:02:55.1	28:31.0	4:04.4
				Camara Legislativa	07:53:47.2	1:34:25.2	31:30.1	4:37.*
				Parque Lago Norte	08:08:47.0	1:49:25.0	14:59.8	3:44.*
				Clube do Congresso	08:55:57.5	2:36:35.5	47:10.5	4:51.8
				Deck Norte	09:37:27.5	3:18:05.5	41:30.0	4:56.4

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	10:18:05.5	3:58:43.5	40:38.0	4:53.7
				Parque Paranoa	10:57:06.4	4:37:44.4	39:00.9	5:08.0
				Ermida Dom Bosco	11:21:00.3	5:01:38.3	23:53.9	3:58.*
				Ponte JK	11:56:18.4	5:36:56.4	35:18.1	4:42.4
				Igreja	12:37:36.1	6:18:14.1	41:17.7	5:09.7
				Pontao	12:50:46.5	6:31:24.5	13:10.4	4:14.*
				L2 Sul	13:26:24.1	7:07:02.1	35:37.6	4:27.2
				Chegada	13:54:38.5	7:35:16.5	28:14.4	4:33.3
610	108	18	TOP SPORTS ROSA SEXTETO	Concha Acústica	7:01:17.4	41:55.4	41:55.4	4:27.6
				C.O.	07:28:30.2	1:09:08.2	27:12.8	3:53.3
				Camara Legislativa	08:13:24.4	1:54:02.4	44:54.2	6:36.2
				Parque Lago Norte	08:35:15.4	2:15:53.4	21:51.0	5:27.8
				Clube do Congresso	09:19:07.4	2:59:45.4	43:52.0	4:31.3
				Deck Norte	09:56:31.3	3:37:09.3	37:23.9	4:27.1
				Piscinão	10:40:12.0	4:20:50.0	43:40.7	5:15.7
				Parque Paranoa	11:12:06.2	4:52:44.2	31:54.2	4:11.9
				Ermida Dom Bosco	11:40:33.0	5:21:11.0	28:26.8	4:44.5
				Ponte JK	12:19:23.5	6:00:01.5	38:50.5	5:10.7
				Igreja	13:03:59.3	6:44:37.3	44:35.8	5:34.5
				Pontao	13:18:44.3	6:59:22.3	14:45.0	4:45.5
				L2 Sul	14:15:48.2	7:56:26.2	57:03.9	7:07.*
				Chegada	14:53:26.2	8:34:04.2	37:38.0	6:04.2
611	83	9	TIME ASSESSORIA ESPORTIVA 4 SEXTETO	Concha Acústica	7:06:34.4	47:12.4	47:12.4	5:01.3
				C.O.	07:38:38.3	1:19:16.3	32:03.9	4:34.8
				Camara Legislativa	08:11:30.0	1:52:08.0	32:51.7	4:49.*
				Parque Lago Norte	08:29:51.1	2:10:29.1	18:21.1	4:35.3
				Clube do Congresso	09:11:39.5	2:52:17.5	41:48.4	4:18.6
				Deck Norte	09:51:42.2	3:32:20.2	40:02.7	4:46.0
				Piscinão	10:37:52.0	4:18:30.0	46:09.8	5:33.7
				Parque Paranoa	11:15:18.2	4:55:56.2	37:26.2	4:55.6
				Ermida Dom Bosco	11:42:02.4	5:22:40.4	26:44.2	4:27.4
				Ponte JK	12:27:19.6	6:07:57.6	45:17.2	6:02.3
				Igreja	13:05:31.4	6:46:09.4	38:11.8	4:46.5
				Pontao	13:18:12.3	6:58:50.3	12:40.9	4:05.5
				L2 Sul	13:55:13.1	7:35:51.1	37:00.8	4:37.6
				Chegada	14:27:48.3	8:08:26.3	32:35.2	5:15.4
612	105	17	AMIGOS DO LEAOABCABC PAPELARIA	Concha Acústica	7:10:39.2	51:17.2	51:17.2	5:27.4

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

SEXTETO				C.O.	07:48:33:2	1:29:11.2	37:54.0	5:24.9
				Camara Legislativa	08:19:32:4	2:00:10.4	30:59.2	4:33.4
				Parque Lago Norte	08:43:21:2	2:23:59.2	23:48.8	5:57.2
				Clube do Congresso	09:26:07:5	3:06:45.5	42:46.3	4:24.6
				Deck Norte	10:11:45:4	3:52:23.4	45:37.9	5:25.9
				Piscinão	10:50:11:4	4:30:49.4	38:26.0	4:37.8
				Parque Paranoa	11:34:04:5	5:14:42.5	43:53.1	5:46.5
				Ermida Dom Bosco	12:02:25:4	5:43:03.4	28:20.9	4:43.5
				Ponte JK	12:43:40:2	6:24:18.2	41:14.8	5:29.*
				Igreja	13:20:19.1	7:00:57.1	36:38.9	4:34.9
				Pontao	13:36:38:3	7:17:16.3	16:19.2	5:15.9
				L2 Sul	14:17:06:4	7:57:44.4	40:28.1	5:03.5
				Chegada	14:49:15.2	8:29:53.2	32:08.8	5:11.1
613	48	2	IATE/QUERO-QUERO TANNAT SEXTETO	Concha Acústica	6:51:54.5	32:32.5	32:32.5	3:27.7
				C.O.	07:21:59:0	1:02:37.0	30:04.5	4:17.8
				Camara Legislativa	07:54:03:1	1:34:41.1	32:04.1	4:42.*
				Parque Lago Norte	08:10:06:2	1:50:44.2	16:03.1	4:00.8
				Clube do Congresso	08:55:27:0	2:36:05.0	45:20.8	4:40.5
				Deck Norte	09:36:48:5	3:17:26.5	41:21.5	4:55.4
				Piscinão	10:17:18:4	3:57:56.4	40:29.9	4:52.8
				Parque Paranoa	10:48:27:1	4:29:05.1	31:08.7	4:05.9
				Ermida Dom Bosco	11:15:09:0	4:55:47.0	26:41.9	4:26.*
				Ponte JK	11:55:23:1	5:36:01.1	40:14.1	5:21.9
				Igreja	12:31:32.4	6:12:10.4	36:09.3	4:31.2
				Pontao	12:44:51:4	6:25:29.4	13:19.0	4:17.7
				L2 Sul	13:16:37:5	6:57:15.5	31:46.1	3:58.3
				Chegada	13:48:45.0	7:29:23.0	32:07.5	5:10.9
614	160	21	POUSADA DOS PIRENEUS SEXTETO	Concha Acústica	7:08:01.5	48:39.5	48:39.5	5:10.6
				C.O.	07:42:36:4	1:23:14.4	34:34.9	4:56.4
				Camara Legislativa	08:22:57:4	2:03:35.4	40:21.0	5:56.0
				Parque Lago Norte	08:45:55:6	2:26:33.6	22:58.2	5:44.6
				Clube do Congresso	09:30:25:3	3:11:03.3	44:29.7	4:35.2
				Deck Norte	10:09:35:3	3:50:13.3	39:10.0	4:39.8
				Piscinão	10:59:36:3	4:40:14.3	50:01.0	6:01.6
				Parque Paranoa	11:48:45:5	5:29:23.5	49:09.2	6:28.1
				Ermida Dom Bosco	12:19:30:1	6:00:08.1	30:44.6	5:07.4
				Ponte JK	13:01:50:4	6:42:28.4	42:20.3	5:38.7
				Igreja	13:43:26.5	7:24:04.5	41:36.1	5:12.0

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:59:44.2	7:40:22.2	16:17.7	5:15.4
				L2 Sul	14:36:54.4	8:17:32.4	37:10.2	4:38.8
				Chegada	15:17:30.0	8:58:08.0	40:35.6	6:32.8
615	104	1	EQUIPE X - SEXTETO SEXTETO ECO	Concha Acústica	6:55:15.6	35:53.6	35:53.6	3:49.1
				C.O.	07:33:06.1	1:13:44.1	37:50.5	5:24.4
				Camara Legislativa	08:19:45.2	2:00:23.2	46:39.1	6:51.6
				Parque Lago Norte	08:36:21.2	2:16:59.2	16:36.0	4:09.0
				Clube do Congresso	09:23:13.2	3:03:51.2	46:52.0	4:49.9
				Deck Norte	10:03:09.5	3:43:47.5	39:56.3	4:45.3
				Piscinão	10:53:24.0	4:34:02.0	50:14.5	6:03.2
				Parque Paranoa	11:29:59.2	5:10:37.2	36:35.2	4:48.8
				Ermida Dom Bosco	11:58:33.3	5:39:11.3	28:34.1	4:45.7
				Ponte JK	12:35:22.2	6:16:00.2	36:48.9	4:54.5
				Igreja	13:17:44.2	6:58:22.2	42:22.0	5:17.8
				Pontao	13:37:09.0	7:17:47.0	19:24.8	6:15.7
				L2 Sul	14:17:35.3	7:58:13.3	40:26.3	5:03.3
				Chegada	14:48:53.3	8:29:31.3	31:18.0	5:02.9
616	87	11	TOP SPORTS AZUL SEXTETO	Concha Acústica	7:02:34.0	43:12.0	43:12.0	4:35.7
				C.O.	07:40:43.2	1:21:21.2	38:09.2	5:27.0
				Camara Legislativa	08:20:33.5	2:01:11.5	39:50.3	5:51.5
				Parque Lago Norte	08:35:58.0	2:16:36.0	15:24.5	3:51.1
				Clube do Congresso	09:18:39.3	2:59:17.3	42:41.3	4:24.1
				Deck Norte	09:57:12.0	3:37:50.0	38:32.7	4:35.3
				Piscinão	10:46:18.2	4:26:56.2	49:06.2	5:54.*
				Parque Paranoa	11:17:03.1	4:57:41.1	30:44.9	4:02.8
				Ermida Dom Bosco	11:45:46.3	5:26:24.3	28:43.2	4:47.2
				Ponte JK	12:23:28.2	6:04:06.2	37:41.9	5:01.6
				Igreja	13:06:59.0	6:47:37.0	43:30.8	5:26.4
				Pontao	13:21:26.5	7:02:04.5	14:27.5	4:39.8
				L2 Sul	14:03:16.1	7:43:54.1	41:49.6	5:13.7
				Chegada	14:30:15.5	8:10:53.5	26:59.4	4:21.2
617	99	14	PEDURO SEXTETO	Concha Acústica	6:58:33.1	39:11.1	39:11.1	4:10.1
				C.O.	07:34:55.0	1:15:33.0	36:21.9	5:11.7
				Camara Legislativa	08:08:14.4	1:48:52.4	33:19.4	4:54.0
				Parque Lago Norte	08:26:41.3	2:07:19.3	18:26.9	4:36.7
				Clube do Congresso	09:12:02.2	2:52:40.2	45:20.9	4:40.5
				Deck Norte	09:57:09.6	3:37:47.6	45:07.4	5:22.3

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	10:35:52.3	4:16:30.3	38:42.7	4:39.8
				Parque Paranoa	11:19:48.2	5:00:26.2	43:55.9	5:46.8
				Ermida Dom Bosco	11:46:35.3	5:27:13.3	26:47.1	4:27.9
				Ponte JK	12:26:13.4	6:06:51.4	39:38.1	5:17.1
				Igreja	13:03:40.5	6:44:18.5	37:27.1	4:40.9
				Pontao	13:17:03.1	6:57:41.1	13:22.6	4:18.9
				L2 Sul	14:08:22.3	7:49:00.3	51:19.2	6:24.9
				Chegada	14:42:30.4	8:23:08.4	34:08.1	5:30.3
618	65	6	ACADEMIA NADARTE 716 SEXTETO	Concha Acústica	6:58:59.2	39:37.2	39:37.2	4:12.9
				C.O.	07:34:20.3	1:14:58.3	35:21.1	5:03.0
				Camara Legislativa	08:12:40.0	1:53:18.0	38:19.7	5:38.2
				Parque Lago Norte	08:32:46.2	2:13:24.2	20:06.2	5:01.6
				Clube do Congresso	09:10:08.5	2:50:46.5	37:22.3	3:51.2
				Deck Norte	09:43:39.5	3:24:17.5	33:31.0	3:59.4
				Piscinão	10:23:59.4	4:04:37.4	40:19.9	4:51.6
				Parque Paranoa	11:05:01.1	4:45:39.1	41:01.7	5:23.9
				Ermida Dom Bosco	11:27:59.0	5:08:37.0	22:57.9	3:49.7
				Ponte JK	12:06:40.0	5:47:18.0	38:41.0	5:09.5
				Igreja	12:48:01.0	6:28:39.0	41:21.0	5:10.1
				Pontao	13:04:37.4	6:45:15.4	16:36.4	5:21.4
				L2 Sul	13:37:02.2	7:17:40.2	32:24.8	4:03.1
				Chegada	14:09:01.2	7:49:39.2	31:59.0	5:09.5
620	67	7	KM CORRIDA SEXTETO	Concha Acústica	6:57:14.5	37:52.5	37:52.5	4:01.8
				C.O.	07:27:35.4	1:08:13.4	30:20.9	4:20.1
				Camara Legislativa	08:04:14.7	1:44:52.7	36:39.3	5:23.4
				Parque Lago Norte	08:21:10.3	2:01:48.3	16:55.6	4:13.9
				Clube do Congresso	09:04:20.4	2:44:58.4	43:10.1	4:27.0
				Deck Norte	09:40:08.2	3:20:46.2	35:47.8	4:15.7
				Piscinão	10:21:48.3	4:02:26.3	41:40.1	5:01.2
				Parque Paranoa	10:58:22.0	4:39:00.0	36:33.7	4:48.6
				Ermida Dom Bosco	11:26:01.6	5:06:39.6	27:39.6	4:36.6
				Ponte JK	12:07:16.1	5:47:54.1	41:14.5	5:29.9
				Igreja	12:46:51.1	6:27:29.1	39:35.0	4:56.9
				Pontao	13:00:47.2	6:41:25.2	13:56.1	4:29.7
				L2 Sul	13:36:28.4	7:17:06.4	35:41.2	4:27.7
				Chegada	14:11:23.3	7:52:01.3	34:54.9	5:37.9
621	95	13	PEGAEVAZA.COM.BR	Concha Acústica	7:05:32.3	46:10.3	46:10.3	4:54.7

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			SEXTETO	C.O.	07:39:37.1	1:20:15.1	34:04.8	4:52.1
				Camara Legislativa	08:12:08.8	1:52:46.8	32:31.7	4:47.0
				Parque Lago Norte	08:30:35.0	2:11:13.0	18:26.2	4:36.6
				Clube do Congresso	09:21:04.4	3:01:42.4	50:29.4	5:12.3
				Deck Norte	09:57:37.6	3:38:15.6	36:33.2	4:21.1
				Piscinão	10:37:38.3	4:18:16.3	40:00.7	4:49.2
				Parque Paranoa	11:15:53.0	4:56:31.0	38:14.7	5:01.9
				Ermida Dom Bosco	11:46:51.2	5:27:29.2	30:58.2	5:09.7
				Ponte JK	12:26:37.5	6:07:15.5	39:46.3	5:18.2
				Igreja	13:03:46.2	6:44:24.2	37:08.7	4:38.6
				Pontao	13:19:48.0	7:00:26.0	16:01.8	5:10.3
				L2 Sul	14:01:50.0	7:42:28.0	42:02.0	5:15.3
				Chegada	14:36:17.1	8:16:55.1	34:27.1	5:33.4
622	102	16	TOP SPORTS LARANJA SEXTETO	Concha Acústica	7:07:04.5	47:42.5	47:42.5	5:04.5
				C.O.	07:40:42.0	1:21:20.0	33:37.5	4:48.2
				Camara Legislativa	08:23:06.4	2:03:44.4	42:24.4	6:14.2
				Parque Lago Norte	08:39:17.3	2:19:55.3	16:10.9	4:02.7
				Clube do Congresso	09:20:35.5	3:01:13.5	41:18.2	4:15.5
				Deck Norte	10:11:15.1	3:51:53.1	50:39.6	6:01.9
				Piscinão	10:58:06.5	4:38:44.5	46:51.4	5:38.7
				Parque Paranoa	11:29:48.4	5:10:26.4	31:41.9	4:10.3
				Ermida Dom Bosco	12:04:06.5	5:44:44.5	34:18.1	5:43.0
				Ponte JK	12:45:49.4	6:26:27.4	41:42.9	5:33.7
				Igreja	13:21:19.5	7:01:57.5	35:30.1	4:26.3
				Pontao	13:34:02.5	7:14:40.5	12:43.0	4:06.1
				L2 Sul	14:18:11.2	7:58:49.2	44:08.7	5:31.1
				Chegada	14:47:12.1	8:27:50.1	29:00.9	4:40.8
623	207	23	APICE - BRANCA SEXTETO	Concha Acústica	7:06:39.5	47:17.5	47:17.5	5:01.9
				C.O.	07:35:56.1	1:16:34.1	29:16.6	4:10.9
				Camara Legislativa	08:16:49.4	1:57:27.4	40:53.3	6:00.8
				Parque Lago Norte	08:39:17.4	2:19:55.4	22:28.0	5:37.0
				Clube do Congresso	09:32:57.5	3:13:35.5	53:40.1	5:31.*
				Deck Norte	10:20:36.6	4:01:14.6	47:39.1	5:40.4
				Piscinão	11:13:30.1	4:54:08.1	52:53.5	6:22.3
				Parque Paranoa	11:48:01.1	5:28:39.1	34:31.0	4:32.5
				Ermida Dom Bosco	12:25:25.3	6:06:03.3	37:24.2	6:14.0
				Ponte JK	13:18:27.1	6:59:05.1	53:01.8	7:04.2
				Igreja	14:08:32.4	7:49:10.4	50:05.3	6:15.7

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	14:25:05.4	8:05:43.4	16:33.0	5:20.3
				L2 Sul	15:02:20.2	8:42:58.2	37:14.8	4:39.4
				Chegada	15:46:01.2	9:26:39.2	43:41.0	7:02.7
624	59	4	UNIQUE - KAIROS SEXTETO	Concha Acústica	7:36:53.5	34:44.5	34:44.5	3:41.8
				C.O.	08:11:04.3	1:08:55.3	34:10.8	4:52.*
				Camara Legislativa	08:49:37.5	1:47:28.5	38:33.2	5:40.2
				Parque Lago Norte	09:05:01.0	2:02:52.0	15:23.5	3:50.9
				Clube do Congresso	09:48:53.2	2:46:44.2	43:52.2	4:31.4
				Deck Norte	10:24:58.3	3:22:49.3	36:05.1	4:17.8
				Piscinão	11:10:54.1	4:08:45.1	45:55.8	5:32.0
				Parque Paranoa	11:43:13.4	4:41:04.4	32:19.3	4:15.2
				Ermida Dom Bosco	12:08:17.4	5:06:08.4	25:04.0	4:10.7
				Ponte JK	12:46:48.4	5:44:39.4	38:31.0	5:08.1
				Igreja	13:22:36.2	6:20:27.2	35:47.8	4:28.5
				Pontao	13:39:06.4	6:36:57.4	16:30.2	5:19.4
				L2 Sul	14:12:46.2	7:10:37.2	33:39.8	4:12.5
				Chegada	14:46:20.3	7:44:11.3	33:34.1	5:24.9
625	93	12	ROAD RUNNERS 3 SEXTETO	Concha Acústica	6:57:06.0	37:44.0	37:44.0	4:00.9
				C.O.	07:29:17.2	1:09:55.2	32:11.2	4:35.9
				Camara Legislativa	08:09:59.9	1:50:37.9	40:42.7	5:59.2
				Parque Lago Norte	08:26:45.2	2:07:23.2	16:45.3	4:11.3
				Clube do Congresso	09:08:47.0	2:49:25.0	42:01.8	4:19.*
				Deck Norte	09:49:53.1	3:30:31.1	41:06.1	4:53.6
				Piscinão	10:36:17.0	4:16:55.0	46:23.9	5:35.4
				Parque Paranoa	11:10:27.3	4:51:05.3	34:10.3	4:29.8
				Ermida Dom Bosco	11:38:50.2	5:19:28.2	28:22.9	4:43.8
				Ponte JK	12:19:01.0	5:59:39.0	40:10.8	5:21.4
				Igreja	13:04:55.0	6:45:33.0	45:54.0	5:44.3
				Pontao	13:21:00.4	7:01:38.4	16:05.4	5:11.4
				L2 Sul	13:57:32.1	7:38:10.1	36:31.7	4:33.*
				Chegada	14:34:29.3	8:15:07.3	36:57.2	5:57.6
626	240	25	PCL SEXTETO	Concha Acústica	7:06:59.2	47:37.2	47:37.2	5:03.*
				C.O.	07:47:14.4	1:27:52.4	40:15.2	5:45.0
				Camara Legislativa	08:27:45.0	2:08:23.0	40:30.6	5:57.4
				Parque Lago Norte	08:52:45.1	2:33:23.1	25:00.1	6:15.0
				Clube do Congresso	09:44:04.3	3:24:42.3	51:19.2	5:17.4
				Deck Norte	10:32:53.0	4:13:31.0	48:48.7	5:48.7

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:25:36.1	5:06:14.1	52:43.1	6:21.1
				Parque Paranoa	12:08:13.3	5:48:51.3	42:37.2	5:36.5
				Ermida Dom Bosco	12:43:23.3	6:24:01.3	35:10.0	5:51.7
				Ponte JK	13:37:06.0	7:17:44.0	53:42.7	7:09.7
				Igreja	14:30:54.2	8:11:32.2	53:48.2	6:43.5
				Pontao	14:49:07.5	8:29:45.5	18:13.3	5:52.7
				L2 Sul	15:34:42.5	9:15:20.5	45:35.0	5:41.9
				Chegada	16:18:50.4	9:59:28.4	44:07.9	7:07.1
627	135	19	TST SEXTETO	Concha Acústica	7:50:06.2	47:57.2	47:57.2	5:06.1
				C.O.	08:25:04.1	1:22:55.1	34:57.9	4:59.7
				Camara Legislativa	09:05:26.0	2:03:17.0	40:21.9	5:56.2
				Parque Lago Norte	09:25:18.1	2:23:09.1	19:52.1	4:58.0
				Clube do Congresso	10:15:37.5	3:13:28.5	50:19.4	5:11.3
				Deck Norte	10:50:08.6	3:47:59.6	34:31.1	4:06.6
				Piscinão	11:39:03.1	4:36:54.1	48:54.5	5:53.6
				Parque Paranoa	12:26:32.3	5:24:23.3	47:29.2	6:14.9
				Ermida Dom Bosco	12:52:39.0	5:50:30.0	26:06.7	4:21.1
				Ponte JK	13:37:03.0	6:34:54.0	44:24.0	5:55.2
				Igreja	14:19:19.2	7:17:10.2	42:16.2	5:17.0
				Pontao	14:35:42.0	7:33:33.0	16:22.8	5:17.0
				L2 Sul	15:13:08.1	8:10:59.1	37:26.1	4:40.8
				Chegada	15:51:22.1	8:49:13.1	38:14.0	6:10.0
801	232	89	ATP PERSONAL / OS ATPISTAS B OCTETO MISTO	Concha Acústica	7:06:49.0	47:27.0	47:27.0	5:02.9
				C.O.	08:02:31.5	1:43:09.5	55:42.5	7:57.5
				Camara Legislativa	08:39:31.2	2:20:09.2	36:59.7	5:26.4
				Parque Lago Norte	08:58:20.0	2:38:58.0	18:48.8	4:42.2
				Clube do Congresso	10:04:57.1	3:45:35.1	1:06:37.1	6:52.1
				Deck Norte	10:55:16.1	4:35:54.1	50:19.0	5:59.4
				Piscinão	11:40:47.4	5:21:25.4	45:31.3	5:29.1
				Parque Paranoa	12:18:20.3	5:58:58.3	37:32.9	4:56.4
				Ermida Dom Bosco	12:51:59.4	6:32:37.4	33:39.1	5:36.5
				Ponte JK	13:35:15.0	7:15:53.0	43:15.6	5:46.1
				Igreja	14:23:26.4	8:04:04.4	48:11.4	6:01.4
				Pontao	14:41:20.2	8:21:58.2	17:53.8	5:46.4
				L2 Sul	15:31:04.5	9:11:42.5	49:44.3	6:13.0
				Chegada	16:12:17.1	9:52:55.1	41:12.6	6:38.8
802	239	93	ATP PERSONAL / OS ATPISTAS C	Concha Acústica	7:18:26.0	59:04.0	59:04.0	6:17.0

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			OCTETO MISTO	C.O.	07:56:54.0	1:37:32.0	38:28.0	5:29.7
				Camara Legislativa	08:40:54.5	2:21:32.5	44:00.5	6:28.3
				Parque Lago Norte	09:03:24.5	2:44:02.5	22:30.0	5:37.5
				Clube do Congresso	09:57:13.3	3:37:51.3	53:48.8	5:32.9
				Deck Norte	10:47:36.0	4:28:14.0	50:22.7	5:59.8
				Piscinão	11:38:07.4	5:18:45.4	50:31.4	6:05.2
				Parque Paranoa	12:29:24.5	6:10:02.5	51:17.1	6:44.9
				Ermida Dom Bosco	13:02:33.1	6:43:11.1	33:08.6	5:31.4
				Ponte JK	13:47:47.1	7:28:25.1	45:14.0	6:01.9
				Igreja	14:32:00.4	8:12:38.4	44:13.3	5:31.7
				Pontao	14:52:49.6	8:33:27.6	20:49.2	6:42.*
				L2 Sul	15:40:22.1	9:21:00.1	47:32.5	5:56.6
				Chegada	16:18:03.3	9:58:41.3	37:41.2	6:04.7
803	249	97	SKOL LAXADOS OCTETO MISTO	Concha Acústica	7:11:33.3	52:11.3	52:11.3	5:33.1
				C.O.	07:48:42.2	1:29:20.2	37:08.9	5:18.4
				Camara Legislativa	08:30:18.4	2:10:56.4	41:36.2	6:07.1
				Parque Lago Norte	08:55:18.6	2:35:56.6	25:00.2	6:15.1
				Clube do Congresso	10:03:43.5	3:44:21.5	1:08:24.9	7:03.2
				Deck Norte	10:55:14.2	4:35:52.2	51:30.7	6:07.9
				Piscinão	11:39:21.3	5:19:59.3	44:07.1	5:18.9
				Parque Paranoa	12:20:39.0	6:01:17.0	41:17.7	5:26.0
				Ermida Dom Bosco	12:55:05.2	6:35:43.2	34:26.2	5:44.4
				Ponte JK	13:52:45.6	7:33:23.6	57:40.4	7:41.4
				Igreja	14:35:47.1	8:16:25.1	43:01.5	5:22.7
				Pontao	14:53:33.5	8:34:11.5	17:46.4	5:44.0
				L2 Sul	15:46:33.2	9:27:11.2	52:59.7	6:37.5
				Chegada	16:32:44.2	10:13:22.2	46:11.0	7:26.9
804	246	20	PERNAS PRA QUE TI QUERO OCTETO ECO	Concha Acústica	7:11:42.0	52:20.0	52:20.0	5:34.0
				C.O.	07:49:42.3	1:30:20.3	38:00.3	5:25.8
				Camara Legislativa	08:24:03.2	2:04:41.2	34:20.9	5:03.1
				Parque Lago Norte	08:44:36.0	2:25:14.0	20:32.8	5:08.2
				Clube do Congresso	09:37:30.0	3:18:08.0	52:54.0	5:27.2
				Deck Norte	10:34:21.0	4:14:59.0	56:51.0	6:46.1
				Piscinão	11:30:10.1	5:10:48.1	55:49.1	6:43.5
				Parque Paranoa	12:25:22.5	6:06:00.5	55:12.4	7:15.8
				Ermida Dom Bosco	13:08:07.2	6:48:45.2	42:44.7	7:07.5
				Ponte JK	14:02:53.1	7:43:31.1	54:45.9	7:18.1
				Igreja	14:47:03.3	8:27:41.3	44:10.2	5:31.3

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	15:05:16.5	8:45:54.5	18:13.2	5:52.6
				L2 Sul	15:45:26.1	9:26:04.1	40:09.6	5:01.2
				Chegada	16:31:02.4	10:11:40.4	45:36.3	7:21.3
805	52	5	COPAC/COMGEP/EMAER/SEFA POLICIAL/MILITAR	Concha Acústica	6:55:25.5	36:03.5	36:03.5	3:50.2
				C.O.	07:27:44.5	1:08:22.5	32:19.0	4:37.0
				Camara Legislativa	08:03:16.6	1:43:54.6	35:32.1	5:13.5
				Parque Lago Norte	08:23:54.2	2:04:32.2	20:37.6	5:09.4
				Clube do Congresso	09:03:03.2	2:43:41.2	39:09.0	4:02.2
				Deck Norte	09:38:48.1	3:19:26.1	35:44.9	4:15.3
				Piscinão	10:17:19.2	3:57:57.2	38:31.1	4:38.4
				Parque Paranoa	10:54:18.2	4:34:56.2	36:59.0	4:51.*
				Ermida Dom Bosco	11:18:22.1	4:59:00.1	24:03.9	4:00.7
				Ponte JK	11:56:51.5	5:37:29.5	38:29.4	5:07.9
				Igreja	12:35:04.4	6:15:42.4	38:12.9	4:46.6
				Pontao	12:50:00.1	6:30:38.1	14:55.7	4:48.9
				L2 Sul	13:26:29.5	7:07:07.5	36:29.4	4:33.7
				Chegada	13:54:53.0	7:35:31.0	28:23.5	4:34.8
806	172	6	VELOZES E FURIOSOS 1 OCTETO ECO	Concha Acústica	7:06:50.0	47:28.0	47:28.0	5:02.*
				C.O.	07:56:53.2	1:37:31.2	50:03.2	7:09.0
				Camara Legislativa	08:33:57.5	2:14:35.5	37:04.3	5:27.1
				Parque Lago Norte	08:55:06.1	2:35:44.1	21:08.6	5:17.2
				Clube do Congresso	09:39:28.5	3:20:06.5	44:22.4	4:34.5
				Deck Norte	10:25:19.4	4:05:57.4	45:50.9	5:27.5
				Piscinão	11:08:36.1	4:49:14.1	43:16.7	5:12.9
				Parque Paranoa	11:51:44.1	5:32:22.1	43:08.0	5:40.5
				Ermida Dom Bosco	12:25:23.4	6:06:01.4	33:39.3	5:36.6
				Ponte JK	13:04:37.3	6:45:15.3	39:13.9	5:13.9
				Igreja	13:46:05.3	7:26:43.3	41:28.0	5:11.0
				Pontao	14:02:19.4	7:42:57.4	16:14.1	5:14.2
				L2 Sul	14:48:29.0	8:29:07.0	46:09.6	5:46.2
				Chegada	15:24:56.4	9:05:34.4	36:27.4	5:52.8
807	230	14	SENTA A PEIA OCTETO ECO	Concha Acústica	7:10:52.4	51:30.4	51:30.4	5:28.8
				C.O.	07:46:37.2	1:27:15.2	35:44.8	5:06.4
				Camara Legislativa	08:33:04.3	2:13:42.3	46:27.1	6:49.9
				Parque Lago Norte	08:57:31.4	2:38:09.4	24:27.1	6:06.8
				Clube do Congresso	09:45:02.6	3:25:40.6	47:31.2	4:53.9
				Deck Norte	10:51:23.2	4:32:01.2	1:06:20.6	7:53.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:40:00:0	5:20:38.0	48:36.8	5:51.4
				Parque Paranoa	12:18:58:2	5:59:36.2	38:58.2	5:07.7
				Ermida Dom Bosco	12:50:40:0	6:31:18.0	31:41.8	5:16.*
				Ponte JK	13:37:20:2	7:17:58.2	46:40.2	6:13.4
				Igreja	14:23:04.5	8:03:42.5	45:44.3	5:43.0
				Pontao	14:41:51:5	8:22:29.5	18:47.0	6:03.5
				L2 Sul	15:21:21:0	9:01:59.0	39:29.5	4:56.2
				Chegada	16:06:31.1	9:47:09.1	45:10.1	7:17.1
808	229	88	CAPIVARA OCTETO MISTO	Concha Acústica C.O.	7:05:35.4	46:13.4	46:13.4	4:55.0
				Camara Legislativa	08:34:33:4	2:15:11.4	8:34:33.4	1:15:40.2
				Parque Lago Norte	08:57:52:1	2:38:30.1	23:18.7	5:49.7
				Clube do Congresso	09:46:57:0	3:27:35.0	49:04.9	5:03.6
				Deck Norte	10:41:03:0	4:21:41.0	54:06.0	6:26.4
				Piscinão	11:32:56:0	5:13:34.0	51:53.0	6:15.1
				Parque Paranoa	12:19:40:5	6:00:18.5	46:44.5	6:09.0
				Ermida Dom Bosco	12:47:44:2	6:28:22.2	28:03.7	4:40.6
				Ponte JK	13:34:35:4	7:15:13.4	46:51.2	6:14.8
				Igreja	14:20:48.6	8:01:26.6	46:13.2	5:46.7
				Pontao	14:41:36:4	8:22:14.4	20:47.8	6:42.5
				L2 Sul	15:21:23:5	9:02:01.5	39:47.1	4:58.4
				Chegada	16:01:39.4	9:42:17.4	40:15.9	6:29.7
809	227	86	ORACLE E AMIGOS OCTETO MISTO	Concha Acústica C.O.	7:06:20.4	46:58.4	46:58.4	4:59.8
				Camara Legislativa	07:48:24:0	1:29:02.0	42:03.6	6:00.5
				Parque Lago Norte	08:27:19:1	2:07:57.1	38:55.1	5:43.4
				Parque Lago Norte	08:50:11:6	2:30:49.6	22:52.5	5:43.1
				Clube do Congresso	09:41:54:6	3:22:32.6	51:43.0	5:19.9
				Deck Norte	10:26:15:0	4:06:53.0	44:20.4	5:16.7
				Piscinão	11:13:27:3	4:54:05.3	47:12.3	5:41.2
				Parque Paranoa	11:59:34:4	5:40:12.4	46:07.1	6:04.1
				Ermida Dom Bosco	12:36:59:3	6:17:37.3	37:24.9	6:14.2
				Ponte JK	13:26:22:0	7:07:00.0	49:22.7	6:35.0
				Igreja	14:12:41.3	7:53:19.3	46:19.3	5:47.4
				Pontao	14:29:20:0	8:09:58.0	16:38.7	5:22.2
				L2 Sul	15:23:45:1	9:04:23.1	54:25.1	6:48.1
				Chegada	16:00:08:0	9:40:46.0	36:22.9	5:52.1
810	85	10	PRAZER DE CORRER/ABC	Concha Acústica	6:49:25.5	30:03.5	30:03.5	3:11.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

OCTETO MISTO				C.O.	07:23:08:1	1:03:46.1	33:42.6	4:48.9	
				Camara Legislativa	07:57:26:6	1:38:04.6	34:18.5	5:02.7	
				Parque Lago Norte	08:18:43:1	1:59:21.1	21:16.5	5:19.1	
				Clube do Congresso	09:06:25:1	2:47:03.1	47:42.0	4:55.1	
				Deck Norte	09:45:53:6	3:26:31.6	39:28.5	4:41.*	
				Piscinão	10:35:39:5	4:16:17.5	49:45.9	5:59.7	
				Parque Paranoa	11:16:15:5	4:56:53.5	40:36.0	5:20.5	
				Ermida Dom Bosco	11:46:22:0	5:27:00.0	30:06.5	5:01.1	
				Ponte JK	12:27:01:2	6:07:39.2	40:39.2	5:25.2	
				Igreja	12:54:27.4	6:35:05.4	27:26.2	3:25.8	
				Pontao	13:10:26:1	6:51:04.1	15:58.7	5:09.3	
				L2 Sul	13:56:40:1	7:37:18.1	46:14.0	5:46.8	
				Chegada	14:29:11.3	8:09:49.3	32:31.2	5:14.7	
811	168	55	SMAFF / COMPANHIA ATHLETICA 1	Concha Acústica	7:05:56.4	46:34.4	46:34.4	4:57.3	
				OCTETO MISTO	C.O.	07:41:57:0	1:22:35.0	36:00.6	5:08.7
				Camara Legislativa	08:18:01:1	1:58:39.1	36:04.1	5:18.3	
				Parque Lago Norte	08:39:40:1	2:20:18.1	21:39.0	5:24.8	
				Clube do Congresso	09:33:15:4	3:13:53.4	53:35.3	5:31.5	
				Deck Norte	10:17:14:0	3:57:52.0	43:58.6	5:14.1	
				Piscinão	10:58:10:1	4:38:48.1	40:56.1	4:55.9	
				Parque Paranoa	11:39:35:0	5:20:13.0	41:24.9	5:26.*	
				Ermida Dom Bosco	12:13:14:0	5:53:52.0	33:39.0	5:36.5	
				Ponte JK	13:03:13:3	6:43:51.3	49:59.3	6:39.9	
				Igreja	13:44:29.0	7:25:07.0	41:15.7	5:09.5	
				Pontao	14:00:54:2	7:41:32.2	16:25.2	5:17.8	
				L2 Sul	14:46:29:0	8:27:07.0	45:34.8	5:41.9	
				Chegada	15:19:42.2	9:00:20.2	33:13.2	5:21.5	
812	125	25	SMAFF / COMPANHIA ATHLETICA 2	Concha Acústica	7:05:57.3	46:35.3	46:35.3	4:57.4	
				OCTETO MISTO	C.O.	07:42:16:5	1:22:54.5	36:19.2	5:11.3
				Camara Legislativa	08:25:21:5	2:05:59.5	43:05.0	6:20.1	
				Parque Lago Norte	08:46:19:1	2:26:57.1	20:57.6	5:14.4	
				Clube do Congresso	09:36:45:2	3:17:23.2	50:26.1	5:11.*	
				Deck Norte	10:17:06:4	3:57:44.4	40:21.2	4:48.2	
				Piscinão	11:02:44:2	4:43:22.2	45:37.8	5:29.9	
				Parque Paranoa	11:34:25:3	5:15:03.3	31:41.1	4:10.1	
				Ermida Dom Bosco	12:06:51:4	5:47:29.4	32:26.1	5:24.4	
				Ponte JK	12:50:57:2	6:31:35.2	44:05.8	5:52.8	
				Igreja	13:28:35.5	7:09:13.5	37:38.3	4:42.3	

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:44:09.6	7:24:47.6	15:34.1	5:01.3
				L2 Sul	14:26:13.6	8:06:51.6	42:04.0	5:15.5
				Chegada	15:04:37.6	8:45:15.6	38:24.0	6:11.6
813	116	21	SISTEL1 OCTETO MISTO	Concha Acústica	6:56:24.0	37:02.0	37:02.0	3:56.4
				C.O.	07:44:32.0	1:25:10.0	48:08.0	6:52.6
				Camara Legislativa	08:27:46.2	2:08:24.2	43:14.2	6:21.5
				Parque Lago Norte	08:51:29.5	2:32:07.5	23:43.3	5:55.8
				Clube do Congresso	09:39:19.4	3:19:57.4	47:49.9	4:55.9
				Deck Norte	10:18:03.1	3:58:41.1	38:43.7	4:36.6
				Piscinão	10:57:37.2	4:38:15.2	39:34.1	4:46.0
				Parque Paranoa	11:39:36.4	5:20:14.4	41:59.2	5:31.5
				Ermida Dom Bosco	12:16:32.1	5:57:10.1	36:55.7	6:09.3
				Ponte JK	12:53:40.4	6:34:18.4	37:08.3	4:57.1
				Igreja	13:34:07.1	7:14:45.1	40:26.7	5:03.3
				Pontao	13:48:59.0	7:29:37.0	14:51.9	4:47.7
				L2 Sul	14:25:50.1	8:06:28.1	36:51.1	4:36.4
				Chegada	14:59:43.4	8:40:21.4	33:53.3	5:27.*
814	223	85	EUNACORRIDA 01 OCTETO MISTO	Concha Acústica	7:13:40.3	54:18.3	54:18.3	5:46.6
				C.O.	08:04:51.3	1:45:29.3	51:11.0	7:18.7
				Camara Legislativa	08:42:24.2	2:23:02.2	37:32.9	5:31.3
				Parque Lago Norte	09:00:38.5	2:41:16.5	18:14.3	4:33.6
				Clube do Congresso	09:54:34.4	3:35:12.4	53:55.9	5:33.6
				Deck Norte	10:41:49.0	4:22:27.0	47:14.6	5:37.5
				Piscinão	11:35:11.1	5:15:49.1	53:22.1	6:25.8
				Parque Paranoa	12:13:44.5	5:54:22.5	38:33.4	5:04.4
				Ermida Dom Bosco	12:50:53.6	6:31:31.6	37:09.1	6:11.5
				Ponte JK	13:36:40.4	7:17:18.4	45:46.8	6:06.2
				Igreja	14:17:03.4	7:57:41.4	40:23.0	5:02.9
				Pontao	14:34:29.6	8:15:07.6	17:26.2	5:37.5
				L2 Sul	15:22:43.4	9:03:21.4	48:13.8	6:01.7
				Chegada	15:58:13.5	9:38:51.5	35:30.1	5:43.6
815	208	75	EUNACORRIDA 02 OCTETO MISTO	Concha Acústica	7:03:18.4	43:56.4	43:56.4	4:40.5
				C.O.	07:46:08.2	1:26:46.2	42:49.8	6:07.1
				Camara Legislativa	08:25:32.1	2:06:10.1	39:23.9	5:47.6
				Parque Lago Norte	08:51:08.1	2:31:46.1	25:36.0	6:24.0
				Clube do Congresso	09:47:06.3	3:27:44.3	55:58.2	5:46.2
				Deck Norte	10:33:39.3	4:14:17.3	46:33.0	5:32.5

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:19:30.3	5:00:08.3	45:51.0	5:31.4
				Parque Paranoa	11:58:38.2	5:39:16.2	39:07.9	5:08.9
				Ermida Dom Bosco	12:31:12.3	6:11:50.3	32:34.1	5:25.7
				Ponte JK	13:18:59.3	6:59:37.3	47:47.0	6:22.3
				Igreja	14:07:31.4	7:48:09.4	48:32.1	6:04.0
				Pontao	14:25:32.1	8:06:10.1	18:00.7	5:48.6
				L2 Sul	15:07:33.1	8:48:11.1	42:01.0	5:15.1
				Chegada	15:46:13.1	9:26:51.1	38:40.0	6:14.2
816	109	18	INSTITUTO DE CARDIOLOGIA DO DISTRITO FED OCTETO MISTO	Concha Acústica	7:08:54.3	49:32.3	49:32.3	5:16.2
				C.O.	07:55:15.0	1:35:53.0	46:20.7	6:37.2
				Camara Legislativa	08:22:00.2	2:02:38.2	26:45.2	3:56.1
				Parque Lago Norte	08:47:26.3	2:28:04.3	25:26.1	6:21.5
				Clube do Congresso	09:34:32.1	3:15:10.1	47:05.8	4:51.3
				Deck Norte	10:19:27.5	4:00:05.5	44:55.4	5:20.9
				Piscinão	10:52:42.2	4:33:20.2	33:14.7	4:00.3
				Parque Paranoa	11:31:12.3	5:11:50.3	38:30.1	5:03.*
				Ermida Dom Bosco	11:55:11.3	5:35:49.3	23:59.0	3:59.8
				Ponte JK	12:35:19.3	6:15:57.3	40:08.0	5:21.1
				Igreja	13:20:10.0	7:00:48.0	44:50.7	5:36.3
				Pontao	13:36:01.1	7:16:39.1	15:51.1	5:06.8
				L2 Sul	14:12:43.2	7:53:21.2	36:42.1	4:35.3
				Chegada	14:53:54.2	8:34:32.2	41:11.0	6:38.5
817	234	90	CALDEIRAO BOLT OCTETO MISTO	Concha Acústica	7:10:44.4	51:22.4	51:22.4	5:27.9
				C.O.	07:46:09.0	1:26:47.0	35:24.6	5:03.5
				Camara Legislativa	08:38:30.4	2:19:08.4	52:21.4	7:41.*
				Parque Lago Norte	09:03:03.3	2:43:41.3	24:32.9	6:08.2
				Clube do Congresso	09:50:57.2	3:31:35.2	47:53.9	4:56.3
				Deck Norte	10:29:45.0	4:10:23.0	38:47.8	4:37.1
				Piscinão	11:24:01.4	5:04:39.4	54:16.4	6:32.3
				Parque Paranoa	12:16:40.1	5:57:18.1	52:38.7	6:55.6
				Ermida Dom Bosco	12:50:01.5	6:30:39.5	33:21.4	5:33.6
				Ponte JK	13:32:41.5	7:13:19.5	42:40.0	5:41.3
				Igreja	14:10:49.5	7:51:27.5	38:08.0	4:46.0
				Pontao	14:30:42.5	8:11:20.5	19:53.0	6:24.8
				L2 Sul	15:32:51.2	9:13:29.2	1:02:08.7	7:46.1
				Chegada	16:13:24.0	9:54:02.0	40:32.8	6:32.4
818	76	7	COT - DPF	Concha Acústica	6:57:30.5	38:08.5	38:08.5	4:03.5

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			OCTETO MASCULINO	C.O.	07:29:57.1	1:10:35.1	32:26.6	4:38.1
				Camara Legislativa	08:02:43.3	1:43:21.3	32:46.2	4:49.1
				Parque Lago Norte	08:20:23.5	2:01:01.5	17:40.2	4:25.1
				Clube do Congresso	09:10:07.2	2:50:45.2	49:43.7	5:07.6
				Deck Norte	09:51:02.6	3:31:40.6	40:55.4	4:52.3
				Piscinão	10:35:52.2	4:16:30.2	44:49.6	5:24.0
				Parque Paranoa	11:12:43.2	4:53:21.2	36:51.0	4:50.9
				Ermida Dom Bosco	11:39:00.0	5:19:38.0	26:16.8	4:22.8
				Ponte JK	12:19:15.0	5:59:53.0	40:15.0	5:22.0
				Igreja	12:56:45.5	6:37:23.5	37:30.5	4:41.3
				Pontao	13:10:26.5	6:51:04.5	13:41.0	4:24.8
				L2 Sul	13:49:33.0	7:30:11.0	39:06.5	4:53.3
				Chegada	14:24:15.3	8:04:53.3	34:42.3	5:35.9
819	150	41	HEMOCARDIO OCTETO MISTO	Concha Acústica	6:57:00.4	37:38.4	37:38.4	4:00.3
				C.O.	07:39:44.0	1:20:22.0	42:43.6	6:06.2
				Camara Legislativa	08:20:17.2	2:00:55.2	40:33.2	5:57.8
				Parque Lago Norte	08:46:03.4	2:26:41.4	25:46.2	6:26.6
				Clube do Congresso	09:30:34.2	3:11:12.2	44:30.8	4:35.3
				Deck Norte	10:25:43.2	4:06:21.2	55:09.0	6:33.9
				Piscinão	11:20:41.0	5:01:19.0	54:57.8	6:37.3
				Parque Paranoa	11:56:31.3	5:37:09.3	35:50.3	4:42.9
				Ermida Dom Bosco	12:24:12.1	6:04:50.1	27:40.8	4:36.8
				Ponte JK	13:04:52.3	6:45:30.3	40:40.2	5:25.4
				Igreja	13:41:22.4	7:22:00.4	36:30.1	4:33.8
				Pontao	13:58:52.1	7:39:30.1	17:29.7	5:38.6
				L2 Sul	14:39:33.4	8:20:11.4	40:41.3	5:05.2
				Chegada	15:13:33.3	8:54:11.3	33:59.9	5:29.0
820	241	94	ACADEMIA BODY WORK - O NOIS OCTETO MISTO	Concha Acústica	6:57:25.1	38:03.1	38:03.1	4:02.9
				C.O.	07:41:16.5	1:21:54.5	43:51.4	6:15.9
				Camara Legislativa	08:29:31.5	2:10:09.5	48:15.0	7:05.7
				Parque Lago Norte	08:55:12.0	2:35:50.0	25:40.5	6:25.1
				Clube do Congresso	09:53:22.1	3:34:00.1	58:10.1	5:59.8
				Deck Norte	10:38:41.5	4:19:19.5	45:19.4	5:23.7
				Piscinão	11:31:50.6	5:12:28.6	53:09.1	6:24.2
				Parque Paranoa	12:13:58.3	5:54:36.3	42:07.7	5:32.6
				Ermida Dom Bosco	12:59:26.0	6:40:04.0	45:27.7	7:34.6
				Ponte JK	13:47:58.3	7:28:36.3	48:32.3	6:28.3
				Igreja	14:37:50.5	8:18:28.5	49:52.2	6:14.0

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	14:57:01.1	8:37:39.1	19:10.6	6:11.2
				L2 Sul	15:47:37.1	9:28:15.1	50:36.0	6:19.5
				Chegada	16:21:01.4	10:01:39.4	33:24.3	5:23.3
821	192	69	RESISTÊNCIA OCTETO MISTO	Concha Acústica	7:00:18.3	40:56.3	40:56.3	4:21.3
				C.O.	07:32:02.4	1:12:40.4	31:44.1	4:32.0
				Camara Legislativa	08:08:43.3	1:49:21.3	36:40.9	5:23.7
				Parque Lago Norte	08:35:47.2	2:16:25.2	27:03.9	6:45.*
				Clube do Congresso	09:35:17.6	3:15:55.6	59:30.4	6:08.1
				Deck Norte	10:24:54.2	4:05:32.2	49:36.6	5:54.4
				Piscinão	11:19:39.3	5:00:17.3	54:45.1	6:35.8
				Parque Paranoa	11:58:54.0	5:39:32.0	39:14.7	5:09.8
				Ermida Dom Bosco	12:36:37.2	6:17:15.2	37:43.2	6:17.2
				Ponte JK	13:20:47.2	7:01:25.2	44:10.0	5:53.3
				Igreja	13:59:25.4	7:40:03.4	38:38.2	4:49.8
				Pontao	14:17:55.1	7:58:33.1	18:29.7	5:57.*
				L2 Sul	15:00:44.2	8:41:22.2	42:49.1	5:21.1
				Chegada	15:39:05.2	9:19:43.2	38:21.0	6:11.1
822	252	100	APTIDAO - OCTETO OCTETO MISTO	Concha Acústica	7:14:30.5	55:08.5	55:08.5	5:51.*
				C.O.	08:00:48.2	1:41:26.2	46:17.7	6:36.8
				Camara Legislativa	08:40:17.2	2:20:55.2	39:29.0	5:48.4
				Parque Lago Norte	09:02:06.1	2:42:44.1	21:48.9	5:27.2
				Clube do Congresso	10:09:00.1	3:49:38.1	1:06:54.0	6:53.8
				Deck Norte	10:53:45.0	4:34:23.0	44:44.9	5:19.6
				Piscinão	11:48:54.3	5:29:32.3	55:09.3	6:38.7
				Parque Paranoa	12:41:40.5	6:22:18.5	52:46.2	6:56.6
				Ermida Dom Bosco	13:13:35.6	6:54:13.6	31:55.1	5:19.2
				Ponte JK	14:01:09.2	7:41:47.2	47:33.6	6:20.5
				Igreja	14:43:26.1	8:24:04.1	42:16.9	5:17.1
				Pontao	15:02:27.4	8:43:05.4	19:01.3	6:08.2
				L2 Sul	15:57:46.4	9:38:24.4	55:19.0	6:54.9
				Chegada	16:42:20.1	10:22:58.1	44:33.7	7:11.2
823	120	8	DIVISAO DE SEGURANCA/MJ POLICIAL/MILITAR	Concha Acústica	7:01:35.3	42:13.3	42:13.3	4:29.5
				C.O.	07:35:19.3	1:15:57.3	33:44.0	4:49.1
				Camara Legislativa	08:08:48.8	1:49:26.8	33:29.5	4:55.5
				Parque Lago Norte	08:29:44.2	2:10:22.2	20:55.4	5:13.9
				Clube do Congresso	09:17:53.4	2:58:31.4	48:09.2	4:57.9
				Deck Norte	10:04:48.3	3:45:26.3	46:54.9	5:35.1

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	10:47:53.0	4:28:31.0	43:04.7	5:11.4
				Parque Paranoa	11:28:33.2	5:09:11.2	40:40.2	5:21.1
				Ermida Dom Bosco	11:58:42.3	5:39:20.3	30:09.1	5:01.5
				Ponte JK	12:39:17.3	6:19:55.3	40:35.0	5:24.7
				Igreja	13:19:46.1	7:00:24.1	40:28.8	5:03.6
				Pontao	13:38:43.4	7:19:21.4	18:57.3	6:06.9
				L2 Sul	14:27:15.2	8:07:53.2	48:31.8	6:03.*
				Chegada	15:03:31.1	8:44:09.1	36:15.9	5:50.*
825	91	12	EQUIPE CONCORD II OCTETO MISTO	Concha Acústica	7:08:24.1	49:02.1	49:02.1	5:12.*
				C.O.	07:37:54.1	1:18:32.1	29:30.0	4:12.9
				Camara Legislativa	08:10:38.8	1:51:16.8	32:44.7	4:48.9
				Parque Lago Norte	08:35:08.0	2:15:46.0	24:29.2	6:07.3
				Clube do Congresso	09:35:29.5	3:16:07.5	1:00:21.5	6:13.4
				Deck Norte	10:17:22.0	3:58:00.0	41:52.5	4:59.1
				Piscinão	10:50:57.1	4:31:35.1	33:35.1	4:02.8
				Parque Paranoa	11:25:49.3	5:06:27.3	34:52.2	4:35.3
				Ermida Dom Bosco	11:56:36.1	5:37:14.1	30:46.8	5:07.8
				Ponte JK	12:31:16.4	6:11:54.4	34:40.3	4:37.4
				Igreja	13:13:45.4	6:54:23.4	42:29.0	5:18.6
				Pontao	13:32:15.2	7:12:53.2	18:29.8	5:58.0
				L2 Sul	14:03:36.0	7:44:14.0	31:20.8	3:55.1
				Chegada	14:33:47.2	8:14:25.2	30:11.2	4:52.1
826	97	15	OS PELVELSOS OCTETO MISTO	Concha Acústica	7:02:06.5	42:44.5	42:44.5	4:32.8
				C.O.	07:40:04.5	1:20:42.5	37:58.0	5:25.4
				Camara Legislativa	08:13:05.5	1:53:43.5	33:01.0	4:51.3
				Parque Lago Norte	08:32:01.2	2:12:39.2	18:55.7	4:43.9
				Clube do Congresso	09:19:04.5	2:59:42.5	47:03.3	4:51.1
				Deck Norte	09:58:02.2	3:38:40.2	38:57.7	4:38.3
				Piscinão	10:43:03.3	4:23:41.3	45:01.1	5:25.4
				Parque Paranoa	11:21:43.1	5:02:21.1	38:39.8	5:05.2
				Ermida Dom Bosco	11:50:28.1	5:31:06.1	28:45.0	4:47.5
				Ponte JK	12:29:58.4	6:10:36.4	39:30.3	5:16.0
				Igreja	13:08:55.5	6:49:33.5	38:57.1	4:52.1
				Pontao	13:23:44.3	7:04:22.3	14:48.8	4:46.7
				L2 Sul	14:05:52.2	7:46:30.2	42:07.9	5:15.*
				Chegada	14:40:17.3	8:20:55.3	34:25.1	5:33.1
827	142	36	ROAD RUNNERS 1	Concha Acústica	6:56:31.5	37:09.5	37:09.5	3:57.2

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			OCTETO MISTO	C.O.	07:46:05.2	1:26:43.2	49:33.7	7:04.8
				Camara Legislativa	08:33:31.0	2:14:09.0	47:25.8	6:58.5
				Parque Lago Norte	08:50:40.6	2:31:18.6	17:09.6	4:17.4
				Clube do Congresso	09:41:26.0	3:22:04.0	50:45.4	5:13.*
				Deck Norte	10:21:33.2	4:02:11.2	40:07.2	4:46.6
				Piscinão	11:07:50.5	4:48:28.5	46:17.3	5:34.6
				Parque Paranoa	11:44:59.4	5:25:37.4	37:08.9	4:53.3
				Ermida Dom Bosco	12:11:46.0	5:52:24.0	26:46.6	4:27.8
				Ponte JK	12:55:35.2	6:36:13.2	43:49.2	5:50.6
				Igreja	13:37:15.4	7:17:53.4	41:40.2	5:12.5
				Pontao	14:00:36.2	7:41:14.2	23:20.8	7:31.9
				L2 Sul	14:40:45.0	8:21:23.0	40:08.8	5:01.1
				Chegada	15:11:26.4	8:52:04.4	30:41.4	4:57.0
828	117	1	EVOLUA WOMAN OCTETO FEMININO	Concha Acústica	6:58:10.1	38:48.1	38:48.1	4:07.7
				C.O.	07:30:19.4	1:10:57.4	32:09.3	4:35.6
				Camara Legislativa	08:08:39.9	1:49:17.9	38:20.5	5:38.3
				Parque Lago Norte	08:30:59.2	2:11:37.2	22:19.3	5:34.8
				Clube do Congresso	09:23:16.4	3:03:54.4	52:17.2	5:23.4
				Deck Norte	10:08:12.1	3:48:50.1	44:55.7	5:20.9
				Piscinão	10:53:29.1	4:34:07.1	45:17.0	5:27.3
				Parque Paranoa	11:32:31.5	5:13:09.5	39:02.4	5:08.2
				Ermida Dom Bosco	12:01:26.5	5:42:04.5	28:55.0	4:49.2
				Ponte JK	12:41:18.0	6:21:56.0	39:51.5	5:18.9
				Igreja	13:22:01.4	7:02:39.4	40:43.4	5:05.4
				Pontao	13:38:53.3	7:19:31.3	16:51.9	5:26.4
				L2 Sul	14:25:23.4	8:06:01.4	46:30.1	5:48.8
				Chegada	15:00:36.5	8:41:14.5	35:13.1	5:40.8
829	161	51	BSF OCTETO MISTO	Concha Acústica	7:08:02.3	48:40.3	48:40.3	5:10.7
				C.O.	07:52:09.2	1:32:47.2	44:06.9	6:18.1
				Camara Legislativa	08:30:28.1	2:11:06.1	38:18.9	5:38.1
				Parque Lago Norte	08:57:20.4	2:37:58.4	26:52.3	6:43.1
				Clube do Congresso	09:42:39.5	3:23:17.5	45:19.1	4:40.3
				Deck Norte	10:29:35.2	4:10:13.2	46:55.7	5:35.2
				Piscinão	11:16:26.2	4:57:04.2	46:51.0	5:38.7
				Parque Paranoa	11:51:40.3	5:32:18.3	35:14.1	4:38.2
				Ermida Dom Bosco	12:19:26.3	6:00:04.3	27:46.0	4:37.7
				Ponte JK	13:05:49.2	6:46:27.2	46:22.9	6:11.1
				Igreja	13:47:03.1	7:27:41.1	41:13.9	5:09.2

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	14:02:55.5	7:43:33.5	15:52.4	5:07.2
				L2 Sul	14:40:52.3	8:21:30.3	37:56.8	4:44.6
				Chegada	15:17:40.4	8:58:18.4	36:48.1	5:56.1
830	11	3	BATALHAO DE POLICIA DO EXERCITO DE BRASI OCTETO MASCULINO	Concha Acústica	7:33:36.0	31:27.0	31:27.0	3:20.7
				C.O.	07:58:51.0	56:42.0	25:15.0	3:36.4
				Camara Legislativa	08:24:31.5	1:22:22.5	25:40.5	3:46.5
				Parque Lago Norte	08:39:27.1	1:37:18.1	14:55.6	3:43.9
				Clube do Congresso	09:11:36.1	2:09:27.1	32:09.0	3:18.9
				Deck Norte	09:42:54.2	2:40:45.2	31:18.1	3:43.6
				Piscinão	10:17:05.0	3:14:56.0	34:10.8	4:07.1
				Parque Paranoa	10:46:35.2	3:44:26.2	29:30.2	3:52.9
				Ermida Dom Bosco	11:09:23.5	4:07:14.5	22:48.3	3:48.1
				Ponte JK	11:45:10.4	4:43:01.4	35:46.9	4:46.3
				Igreja	12:09:47.4	5:07:38.4	24:37.0	3:04.6
				Pontao	12:20:24.5	5:18:15.5	10:37.1	3:25.5
				L2 Sul	12:49:41.3	5:47:32.3	29:16.8	3:39.6
				Chegada	13:12:40.1	6:10:31.1	22:58.8	3:42.4
831	175	14	FRIEIRA OCTETO MASCULINO	Concha Acústica	6:53:29.6	34:07.6	34:07.6	3:37.8
				C.O.	07:30:12.0	1:10:50.0	36:42.4	5:14.6
				Camara Legislativa	08:13:41.1	1:54:19.1	43:29.1	6:23.7
				Parque Lago Norte	08:29:51.3	2:10:29.3	16:10.2	4:02.6
				Clube do Congresso	09:14:59.3	2:55:37.3	45:08.0	4:39.2
				Deck Norte	10:20:10.6	4:00:48.6	1:05:11.3	7:45.6
				Piscinão	11:15:13.4	4:55:51.4	55:02.8	6:37.9
				Parque Paranoa	12:07:43.4	5:48:21.4	52:30.0	6:54.5
				Ermida Dom Bosco	12:34:07.2	6:14:45.2	26:23.8	4:23.*
				Ponte JK	13:07:59.3	6:48:37.3	33:52.1	4:30.9
				Igreja	13:55:55.2	7:36:33.2	47:55.9	5:59.5
				Pontao	14:12:11.5	7:52:49.5	16:16.3	5:14.9
				L2 Sul	14:53:11.3	8:33:49.3	40:59.8	5:07.5
				Chegada	15:26:52.2	9:07:30.2	33:40.9	5:25.*
832	115	20	BANBAN RUNNING 2 OCTETO MISTO	Concha Acústica	7:05:54.1	46:32.1	46:32.1	4:57.0
				C.O.	07:48:59.1	1:29:37.1	43:05.0	6:09.3
				Camara Legislativa	08:27:39.3	2:08:17.3	38:40.2	5:41.2
				Parque Lago Norte	08:49:26.2	2:30:04.2	21:46.9	5:26.7
				Clube do Congresso	09:34:26.3	3:15:04.3	45:00.1	4:38.4
				Deck Norte	10:10:45.1	3:51:23.1	36:18.8	4:19.4

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	10:50:52.5	4:31:30.5	40:07.4	4:50.0
				Parque Paranoa	11:35:32.2	5:16:10.2	44:39.7	5:52.6
				Ermida Dom Bosco	12:11:37.1	5:52:15.1	36:04.9	6:00.8
				Ponte JK	12:53:16.2	6:33:54.2	41:39.1	5:33.2
				Igreja	13:28:48.0	7:09:26.0	35:31.8	4:26.5
				Pontao	13:45:09.3	7:25:47.3	16:21.3	5:16.5
				L2 Sul	14:24:40.4	8:05:18.4	39:31.1	4:56.4
				Chegada	14:58:49.4	8:39:27.4	34:09.0	5:30.5
833	127	4	BANBAN CAIXA OCTETO ECO	Concha Acústica	7:13:02.0	53:40.0	53:40.0	5:42.6
				C.O.	07:48:25.3	1:29:03.3	35:23.3	5:03.3
				Camara Legislativa	08:29:49.4	2:10:27.4	41:24.1	6:05.3
				Parque Lago Norte	08:51:54.4	2:32:32.4	22:05.0	5:31.3
				Clube do Congresso	09:31:32.1	3:12:10.1	39:37.7	4:05.1
				Deck Norte	10:04:19.4	3:44:57.4	32:47.3	3:54.2
				Piscinão	10:57:00.1	4:37:38.1	52:40.7	6:20.8
				Parque Paranoa	11:53:16.3	5:33:54.3	56:16.2	7:24.2
				Ermida Dom Bosco	12:19:15.2	5:59:53.2	25:58.9	4:19.8
				Ponte JK	12:56:10.0	6:36:48.0	36:54.8	4:55.3
				Igreja	13:37:53.4	7:18:31.4	41:43.4	5:12.9
				Pontao	13:54:29.3	7:35:07.3	16:35.9	5:21.3
				L2 Sul	14:36:52.1	8:17:30.1	42:22.8	5:17.9
				Chegada	15:06:33.5	8:47:11.5	29:41.4	4:47.3
834	111	3	GOMES CAIXA 2 OCTETO ECO	Concha Acústica	6:58:38.6	39:16.6	39:16.6	4:10.7
				C.O.	07:34:58.0	1:15:36.0	36:19.4	5:11.3
				Camara Legislativa	08:20:31.1	2:01:09.1	45:33.1	6:41.9
				Parque Lago Norte	08:39:20.2	2:19:58.2	18:49.1	4:42.3
				Clube do Congresso	09:25:14.2	3:05:52.2	45:54.0	4:43.9
				Deck Norte	10:06:15.0	3:46:53.0	41:00.8	4:52.*
				Piscinão	10:44:35.3	4:25:13.3	38:20.3	4:37.1
				Parque Paranoa	11:30:37.4	5:11:15.4	46:02.1	6:03.4
				Ermida Dom Bosco	12:01:14.5	5:41:52.5	30:37.1	5:06.2
				Ponte JK	12:43:10.2	6:23:48.2	41:55.7	5:35.4
				Igreja	13:18:03.0	6:58:41.0	34:52.8	4:21.6
				Pontao	13:41:25.5	7:22:03.5	23:22.5	7:32.4
				L2 Sul	14:23:07.5	8:03:45.5	41:42.0	5:12.8
				Chegada	14:54:39.4	8:35:17.4	31:31.9	5:05.1
835	45	4	PCDF DOE 1	Concha Acústica	7:37:30.2	35:21.2	35:21.2	3:45.7

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

POLICIAL/MILITAR				C.O.	08:08:33.3	1:06:24.3	31:03.1	4:26.2
				Camara Legislativa	08:39:04:0	1:36:55.0	30:30.7	4:29.2
				Parque Lago Norte	08:54:58:0	1:52:49.0	15:54.0	3:58.5
				Clube do Congresso	09:36:02:4	2:33:53.4	41:04.4	4:14.1
				Deck Norte	10:10:44:4	3:08:35.4	34:42.0	4:07.9
				Piscinão	10:47:52:1	3:45:43.1	37:07.7	4:28.4
				Parque Paranoa	11:22:15:3	4:20:06.3	34:23.2	4:31.5
				Ermida Dom Bosco	11:52:19:4	4:50:10.4	30:04.1	5:00.7
				Ponte JK	12:28:21:5	5:26:12.5	36:02.1	4:48.3
				Igreja	13:04:50.1	6:02:41.1	36:28.6	4:33.6
				Pontao	13:18:26:4	6:16:17.4	13:36.3	4:23.3
				L2 Sul	13:53:58:3	6:51:49.3	35:31.9	4:26.5
				Chegada	14:29:28.0	7:27:19.0	35:29.7	5:43.5
836	245	19	EQUIPE X - OCTETO 8 OCTETO ECO	Concha Acústica	7:04:54.4	45:32.4	45:32.4	4:50.7
				C.O.	07:49:17:2	1:29:55.2	44:22.8	6:20.4
				Camara Legislativa	08:29:42:3	2:10:20.3	40:25.1	5:56.6
				Parque Lago Norte	08:57:27:0	2:38:05.0	27:44.7	6:56.2
				Clube do Congresso	10:03:36:5	3:44:14.5	1:06:09.5	6:49.2
				Deck Norte	10:50:13:4	4:30:51.4	46:36.9	5:32.*
				Piscinão	11:46:33:4	5:27:11.4	56:20.0	6:47.2
				Parque Paranoa	12:23:32:1	6:04:10.1	36:58.7	4:51.9
				Ermida Dom Bosco	12:54:41:3	6:35:19.3	31:09.2	5:11.5
				Ponte JK	13:57:57:0	7:38:35.0	1:03:15.7	8:26.1
				Igreja	14:38:11.5	8:18:49.5	40:14.5	5:01.8
				Pontao	15:00:47:0	8:41:25.0	22:35.5	7:17.3
				L2 Sul	15:49:46:3	9:30:24.3	48:59.3	6:07.4
				Chegada	16:29:09.1	10:09:47.1	39:22.8	6:21.1
837	79	2	ECOR/APCEF GO OCTETO ECO	Concha Acústica	6:58:03.0	38:41.0	38:41.0	4:06.9
				C.O.	07:33:16:5	1:13:54.5	35:13.5	5:01.9
				Camara Legislativa	08:11:39:9	1:52:17.9	38:23.4	5:38.7
				Parque Lago Norte	08:29:04:1	2:09:42.1	17:24.2	4:21.1
				Clube do Congresso	09:15:03:3	2:55:41.3	45:59.2	4:44.5
				Deck Norte	09:56:39:5	3:37:17.5	41:36.2	4:57.2
				Piscinão	10:35:13:1	4:15:51.1	38:33.6	4:38.7
				Parque Paranoa	11:09:31:2	4:50:09.2	34:18.1	4:30.8
				Ermida Dom Bosco	11:36:46:5	5:17:24.5	27:15.3	4:32.6
				Ponte JK	12:15:33:5	5:56:11.5	38:47.0	5:10.3
				Igreja	12:53:25.1	6:34:03.1	37:51.6	4:43.*

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			Pontao	13:09:26.0	6:50:04.0	16:00.9	5:09.*	
			L2 Sul	13:52:13.5	7:32:51.5	42:47.5	5:20.9	
			Chegada	14:25:07.1	8:05:45.1	32:53.6	5:18.3	
838	138	34	SAGAZ DO CERRADO III OCTETO MISTO	Concha Acústica	7:11:44.3	52:22.3	52:22.3	5:34.3
				C.O.	07:41:58.1	1:22:36.1	30:13.8	4:19.1
				Camara Legislativa	08:19:33.0	2:00:11.0	37:34.9	5:31.6
				Parque Lago Norte	08:38:54.1	2:19:32.1	19:21.1	4:50.3
				Clube do Congresso	09:22:43.3	3:03:21.3	43:49.2	4:31.1
				Deck Norte	10:05:35.2	3:46:13.2	42:51.9	5:06.2
				Piscinão	10:59:02.5	4:39:40.5	53:27.3	6:26.4
				Parque Paranoa	11:35:53.2	5:16:31.2	36:50.7	4:50.9
				Ermida Dom Bosco	12:08:29.1	5:49:07.1	32:35.9	5:25.*
				Ponte JK	12:52:52.1	6:33:30.1	44:23.0	5:55.1
				Igreja	13:27:11.1	7:07:49.1	34:19.0	4:17.4
				Pontao	13:44:42.2	7:25:20.2	17:31.1	5:39.1
				L2 Sul	14:31:42.4	8:12:20.4	47:00.2	5:52.5
				Chegada	15:10:10.1	8:50:48.1	38:27.7	6:12.2
839	158	49	ASSEJUS / LO RA / CORDF 1 OCTETO MISTO	Concha Acústica	7:44:47.0	42:38.0	42:38.0	4:32.1
				C.O.	08:28:16.2	1:26:07.2	43:29.2	6:12.7
				Camara Legislativa	09:12:31.4	2:10:22.4	44:15.2	6:30.5
				Parque Lago Norte	09:34:00.0	2:31:51.0	21:28.6	5:22.2
				Clube do Congresso	10:21:39.1	3:19:30.1	47:39.1	4:54.8
				Deck Norte	11:07:37.6	4:05:28.6	45:58.5	5:28.4
				Piscinão	11:49:17.1	4:47:08.1	41:39.5	5:01.1
				Parque Paranoa	12:26:22.2	5:24:13.2	37:05.1	4:52.8
				Ermida Dom Bosco	12:57:31.1	5:55:22.1	31:08.9	5:11.5
				Ponte JK	13:39:07.3	6:36:58.3	41:36.2	5:32.8
				Igreja	14:20:26.1	7:18:17.1	41:18.8	5:09.9
				Pontao	14:38:33.3	7:36:24.3	18:07.2	5:50.7
				L2 Sul	15:24:55.3	8:22:46.3	46:22.0	5:47.8
				Chegada	15:59:51.2	8:57:42.2	34:55.9	5:38.0
840	113	19	IBCB OCTETO MISTO	Concha Acústica	7:18:42.5	59:20.5	59:20.5	6:18.8
				C.O.	07:51:30.3	1:32:08.3	32:47.8	4:41.1
				Camara Legislativa	08:32:26.0	2:13:04.0	40:55.7	6:01.1
				Parque Lago Norte	08:56:30.3	2:37:08.3	24:04.3	6:01.1
				Clube do Congresso	09:38:06.2	3:18:44.2	41:35.9	4:17.3
				Deck Norte	10:21:55.6	4:02:33.6	43:49.4	5:13.0

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:04:35.0	4:45:13.0	42:39.4	5:08.4
				Parque Paranoa	11:44:58.5	5:25:36.5	40:23.5	5:18.9
				Ermida Dom Bosco	12:09:59.1	5:50:37.1	25:00.6	4:10.1
				Ponte JK	12:46:46.0	6:27:24.0	36:46.9	4:54.3
				Igreja	13:21:30.4	7:02:08.4	34:44.4	4:20.6
				Pontao	13:41:20.5	7:21:58.5	19:50.1	6:23.9
				L2 Sul	14:19:30.2	8:00:08.2	38:09.7	4:46.2
				Chegada	14:55:31.5	8:36:09.5	36:01.3	5:48.6
841	130	28	SISTEL2 OCTETO MISTO	Concha Acústica	6:59:36.6	40:14.6	40:14.6	4:16.9
				C.O.	07:39:14.5	1:19:52.5	39:37.9	5:39.7
				Camara Legislativa	08:21:17.7	2:01:55.7	42:03.2	6:11.1
				Parque Lago Norte				
				Clube do Congresso	09:28:15.5	3:08:53.5	9:28:15.5	58:35.0
				Deck Norte	10:12:05.5	3:52:43.5	43:50.0	5:13.1
				Piscinão	10:54:38.8	4:35:16.8	42:33.3	5:07.6
				Parque Paranoa	11:30:09.9	5:10:47.9	35:31.1	4:40.4
				Ermida Dom Bosco	12:00:37.7	5:41:15.7	30:27.8	5:04.6
				Ponte JK	12:48:04.4	6:28:42.4	47:26.7	6:19.6
				Igreja	13:32:03.3	7:12:41.3	43:58.9	5:29.9
				Pontao				
				L2 Sul	14:32:15.5	8:12:53.5	14:32:15.5	1:49:01.9
				Chegada	15:08:00.1	8:48:38.1	35:44.6	5:45.9
842	134	32	COME CHAO - C OCTETO MISTO	Concha Acústica	7:00:16.4	40:54.4	40:54.4	4:21.1
				C.O.	07:34:51.2	1:15:29.2	34:34.8	4:56.4
				Camara Legislativa	08:12:45.5	1:53:23.5	37:54.3	5:34.5
				Parque Lago Norte	08:31:32.4	2:12:10.4	18:46.9	4:41.7
				Clube do Congresso	09:12:26.4	2:53:04.4	40:54.0	4:12.*
				Deck Norte	09:54:08.1	3:34:46.1	41:41.7	4:57.8
				Piscinão	10:40:44.3	4:21:22.3	46:36.2	5:36.9
				Parque Paranoa	11:22:52.5	5:03:30.5	42:08.2	5:32.7
				Ermida Dom Bosco	11:49:19.2	5:29:57.2	26:26.7	4:24.5
				Ponte JK	12:37:36.4	6:18:14.4	48:17.2	6:26.3
				Igreja	13:23:23.2	7:04:01.2	45:46.8	5:43.4
				Pontao	13:38:33.3	7:19:11.3	15:10.1	4:53.6
				L2 Sul	14:29:41.4	8:10:19.4	51:08.1	6:23.5
				Chegada	15:08:16.0	8:48:54.0	38:34.6	6:13.3
843	184	63	EDSON NOGUEIRA DIAS	Concha Acústica	7:08:17.5	48:55.5	48:55.5	5:12.3

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

OCTETO MISTO				C.O.	07:42:25.5	1:23:03.5	34:08.0	4:52.6
				Camara Legislativa	08:29:14.4	2:09:52.4	46:48.9	6:53.1
				Parque Lago Norte	08:55:01.2	2:35:39.2	25:46.8	6:26.7
				Clube do Congresso	09:52:37.4	3:33:15.4	57:36.2	5:56.3
				Deck Norte	10:34:46.2	4:15:24.2	42:08.8	5:01.0
				Piscinão	11:15:46.1	4:56:24.1	40:59.9	4:56.4
				Parque Paranoa	12:05:09.2	5:45:47.2	49:23.1	6:29.9
				Ermida Dom Bosco	12:36:14.1	6:16:52.1	31:04.9	5:10.8
				Ponte JK	13:17:26.2	6:58:04.2	41:12.1	5:29.6
				Igreja	14:02:38.4	7:43:16.4	45:12.2	5:39.0
				Pontao	14:22:07.5	8:02:45.5	19:29.1	6:17.1
				L2 Sul	15:03:03.5	8:43:41.5	40:56.0	5:07.0
				Chegada	15:35:23.3	9:16:01.3	32:19.8	5:12.9
844	98	16	PEGA & VAZA OCTETO OCTETO MISTO	Concha Acústica	7:12:30.1	53:08.1	53:08.1	5:39.2
				C.O.	07:54:06.0	1:34:44.0	41:35.9	5:56.6
				Camara Legislativa	08:23:36.0	2:04:14.0	29:30.0	4:20.3
				Parque Lago Norte	08:46:03.2	2:26:41.2	22:27.2	5:36.8
				Clube do Congresso	09:20:19.5	3:00:57.5	34:16.3	3:31.*
				Deck Norte	09:57:28.4	3:38:06.4	37:08.9	4:25.3
				Piscinão	10:51:26.1	4:32:04.1	53:57.7	6:30.1
				Parque Paranoa	11:29:04.3	5:09:42.3	37:38.2	4:57.1
				Ermida Dom Bosco	11:51:13.5	5:31:51.5	22:09.2	3:41.5
				Ponte JK	12:33:34.5	6:14:12.5	42:21.0	5:38.8
				Igreja	13:19:29.4	7:00:07.4	45:54.9	5:44.4
				Pontao	13:37:32.0	7:18:10.0	18:02.6	5:49.2
				L2 Sul	14:07:12.0	7:47:50.0	29:40.0	3:42.5
				Chegada	14:40:34.0	8:21:12.0	33:22.0	5:22.9
845	205	73	EQUIPE COME CHAO A OCTETO MISTO	Concha Acústica	7:12:22.1	53:00.1	53:00.1	5:38.3
				C.O.	07:52:41.5	1:33:19.5	40:19.4	5:45.6
				Camara Legislativa	08:26:32.3	2:07:10.3	33:50.8	4:58.6
				Parque Lago Norte	08:47:07.5	2:27:45.5	20:35.2	5:08.8
				Clube do Congresso	09:39:07.3	3:19:45.3	51:59.8	5:21.6
				Deck Norte	10:34:07.6	4:14:45.6	55:00.3	6:32.9
				Piscinão	11:26:37.1	5:07:15.1	52:29.5	6:19.5
				Parque Paranoa	12:00:17.2	5:40:55.2	33:40.1	4:25.8
				Ermida Dom Bosco	12:37:33.5	6:18:11.5	37:16.3	6:12.7
				Ponte JK	13:18:52.2	6:59:30.2	41:18.7	5:30.5
				Igreja	14:09:49.0	7:50:27.0	50:56.8	6:22.1

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	14:27:27.2	8:08:05.2	17:38.2	5:41.4
				L2 Sul	15:13:19.5	8:53:57.5	45:52.3	5:44.0
				Chegada	15:44:37.6	9:25:15.6	31:18.1	5:02.9
846	188	66	SR. PITEC OCTETO MISTO	Concha Acústica	7:39:14.4	37:05.4	37:05.4	3:56.7
				C.O.	08:23:16.0	1:21:07.0	44:01.6	6:17.4
				Camara Legislativa	08:58:19.3	1:56:10.3	35:03.3	5:09.3
				Parque Lago Norte	09:18:52.2	2:16:43.2	20:32.9	5:08.2
				Clube do Congresso	10:10:57.2	3:08:48.2	52:05.0	5:22.2
				Deck Norte	11:01:26.1	3:59:17.1	50:28.9	6:00.6
				Piscinão	11:47:59.1	4:45:50.1	46:33.0	5:36.5
				Parque Paranoa	12:27:21.1	5:25:12.1	39:22.0	5:10.8
				Ermida Dom Bosco	12:53:43.4	5:51:34.4	26:22.3	4:23.7
				Ponte JK	13:53:22.3	6:51:13.3	59:38.9	7:57.2
				Igreja	14:37:58.0	7:35:49.0	44:35.7	5:34.5
				Pontao	15:01:34.2	7:59:25.2	23:36.2	7:36.8
				L2 Sul	15:41:00.5	8:38:51.5	39:26.3	4:55.8
				Chegada	16:20:59.4	9:18:50.4	39:58.9	6:26.9
847	185	64	CLUB 22 OCTETO MISTO	Concha Acústica	7:14:44.5	55:22.5	55:22.5	5:53.5
				C.O.	07:53:54.4	1:34:32.4	39:09.9	5:35.7
				Camara Legislativa	08:25:52.2	2:06:30.2	31:57.8	4:42.0
				Parque Lago Norte	08:44:52.2	2:25:30.2	19:00.0	4:45.0
				Clube do Congresso	09:32:40.0	3:13:18.0	47:47.8	4:55.6
				Deck Norte	10:11:28.4	3:52:06.4	38:48.4	4:37.2
				Piscinão	11:07:33.2	4:48:11.2	56:04.8	6:45.4
				Parque Paranoa	11:44:56.6	5:25:34.6	37:23.4	4:55.2
				Ermida Dom Bosco	12:14:44.0	5:55:22.0	29:47.4	4:57.9
				Ponte JK	13:03:55.0	6:44:33.0	49:11.0	6:33.5
				Igreja	13:45:01.2	7:25:39.2	41:06.2	5:08.3
				Pontao	14:05:08.3	7:45:46.3	20:07.1	6:29.4
				L2 Sul	15:02:14.0	8:42:52.0	57:05.7	7:08.2
				Chegada	15:36:13.0	9:16:51.0	33:59.0	5:28.9
848	39	4	NOSSA ACADEMIA OCTETO MASCULINO	Concha Acústica	7:35:01.3	32:52.3	32:52.3	3:29.8
				C.O.	08:18:23.0	1:16:14.0	43:21.7	6:11.7
				Camara Legislativa	08:45:58.1	1:43:49.1	27:35.1	4:03.4
				Parque Lago Norte	09:04:30.1	2:02:21.1	18:32.0	4:38.0
				Clube do Congresso	09:48:29.4	2:46:20.4	43:59.3	4:32.1
				Deck Norte	10:17:38.2	3:15:29.2	29:08.8	3:28.2

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	10:59:00:0	3:56:51.0	41:21.8	4:59.0
				Parque Paranoa	11:29:38:2	4:27:29.2	30:38.2	4:01.9
				Ermida Dom Bosco	11:52:34:3	4:50:25.3	22:56.1	3:49.4
				Ponte JK	12:32:53:1	5:30:44.1	40:18.8	5:22.5
				Igreja	13:08:26:2	6:06:17.2	35:33.1	4:26.6
				Pontao	13:22:44:1	6:20:35.1	14:17.9	4:36.7
				L2 Sul	13:51:56:0	6:49:47.0	29:11.9	3:38.*
				Chegada	14:19:11.0	7:17:02.0	27:15.0	4:23.7
849	212	11	CMB RUNNERS 2 POLICIAL/MILITAR	Concha Acústica	7:15:22.5	56:00.5	56:00.5	5:57.5
				C.O.	07:47:17:1	1:27:55.1	31:54.6	4:33.5
				Camara Legislativa	08:23:38:5	2:04:16.5	36:21.4	5:20.8
				Parque Lago Norte	08:47:47:0	2:28:25.0	24:08.5	6:02.1
				Clube do Congresso	09:39:13:6	3:19:51.6	51:26.6	5:18.2
				Deck Norte	10:26:29:5	4:07:07.5	47:15.9	5:37.6
				Piscinão	11:24:22:4	5:05:00.4	57:52.9	6:58.4
				Parque Paranoa	12:08:48:4	5:49:26.4	44:26.0	5:50.8
				Ermida Dom Bosco	12:38:08:0	6:18:46.0	29:19.6	4:53.3
				Ponte JK	13:22:44:3	7:03:22.3	44:36.3	5:56.8
				Igreja	14:10:43.2	7:51:21.2	47:58.9	5:59.9
				Pontao	14:29:30:3	8:10:08.3	18:47.1	6:03.6
				L2 Sul	15:12:36:0	8:53:14.0	43:05.7	5:23.2
				Chegada	15:51:43.6	9:32:21.6	39:07.6	6:18.6
850	129	27	RUN FORREST! OCTETO MISTO	Concha Acústica	7:02:16.0	42:54.0	42:54.0	4:33.8
				C.O.	07:40:01:1	1:20:39.1	37:45.1	5:23.6
				Camara Legislativa	08:14:26:6	1:55:04.6	34:25.5	5:03.8
				Parque Lago Norte	08:36:38:2	2:17:16.2	22:11.6	5:32.9
				Clube do Congresso	09:24:46:5	3:05:24.5	48:08.3	4:57.8
				Deck Norte	10:04:34:2	3:45:12.2	39:47.7	4:44.3
				Piscinão	10:43:31:5	4:24:09.5	38:57.3	4:41.6
				Parque Paranoa	11:21:35:1	5:02:13.1	38:03.6	5:00.5
				Ermida Dom Bosco	11:55:48:3	5:36:26.3	34:13.2	5:42.2
				Ponte JK	12:48:35:4	6:29:13.4	52:47.1	7:02.3
				Igreja	13:29:48.1	7:10:26.1	41:12.7	5:09.1
				Pontao	13:45:01:0	7:25:39.0	15:12.9	4:54.5
				L2 Sul	14:28:16:1	8:08:54.1	43:15.1	5:24.4
				Chegada	15:07:09.4	8:47:47.4	38:53.3	6:16.3
851	220	82	AMIGOS DO CARNOT	Concha Acústica	7:07:52.4	48:30.4	48:30.4	5:09.6

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

OCTETO MISTO				C.O.	07:44:11.1	1:24:49.1	36:18.7	5:11.2
				Camara Legislativa	08:17:25.0	1:58:03.0	33:13.9	4:53.2
				Parque Lago Norte	08:47:04.2	2:27:42.2	29:39.2	7:24.8
				Clube do Congresso	09:41:02.2	3:21:40.2	53:58.0	5:33.8
				Deck Norte	10:35:24.0	4:16:02.0	54:21.8	6:28.3
				Piscinão	11:27:09.5	5:07:47.5	51:45.5	6:14.2
				Parque Paranoa	12:08:51.5	5:49:29.5	41:42.0	5:29.2
				Ermida Dom Bosco	12:41:10.1	6:21:48.1	32:18.6	5:23.1
				Ponte JK	13:22:54.6	7:03:32.6	41:44.5	5:33.9
				Igreja	14:10:23.1	7:51:01.1	47:28.5	5:56.1
				Pontao	14:33:10.0	8:13:48.0	22:46.9	7:20.9
				L2 Sul	15:18:28.5	8:59:06.5	45:18.5	5:39.8
				Chegada	15:54:41.2	9:35:19.2	36:12.7	5:50.4
852	123	23	OS BRUTO OCTETO MISTO	Concha Acústica	7:01:10.3	41:48.3	41:48.3	4:26.8
				C.O.	07:36:24.6	1:17:02.6	35:14.3	5:02.0
				Camara Legislativa	08:09:35.5	1:50:13.5	33:10.9	4:52.8
				Parque Lago Norte	08:28:18.2	2:08:56.2	18:42.7	4:40.7
				Clube do Congresso	09:27:06.5	3:07:44.5	58:48.3	6:03.7
				Deck Norte	10:17:47.1	3:58:25.1	50:40.6	6:01.*
				Piscinão	11:02:14.1	4:42:52.1	44:27.0	5:21.3
				Parque Paranoa	11:37:36.0	5:18:14.0	35:21.9	4:39.2
				Ermida Dom Bosco	12:06:20.4	5:46:58.4	28:44.4	4:47.4
				Ponte JK	12:53:02.4	6:33:40.4	46:42.0	6:13.6
				Igreja	13:35:12.1	7:15:50.1	42:09.7	5:16.2
				Pontao	13:48:48.6	7:29:26.6	13:36.5	4:23.4
				L2 Sul	14:33:02.2	8:13:40.2	44:13.6	5:31.7
				Chegada	15:04:06.5	8:44:44.5	31:04.3	5:00.7
854	74	1	EQUIPE X - FOX OCTETO ECO	Concha Acústica	6:58:00.3	38:38.3	38:38.3	4:06.6
				C.O.	07:32:52.1	1:13:30.1	34:51.8	4:58.8
				Camara Legislativa	08:11:38.8	1:52:16.8	38:46.7	5:42.2
				Parque Lago Norte	08:30:56.5	2:11:34.5	19:17.7	4:49.4
				Clube do Congresso	09:18:08.5	2:58:46.5	47:12.0	4:51.*
				Deck Norte	09:55:42.6	3:36:20.6	37:34.1	4:28.3
				Piscinão	10:31:41.0	4:12:19.0	35:58.4	4:20.0
				Parque Paranoa	11:09:45.0	4:50:23.0	38:04.0	5:00.5
				Ermida Dom Bosco	11:40:38.3	5:21:16.3	30:53.3	5:08.9
				Ponte JK	12:26:04.2	6:06:42.2	45:25.9	6:03.5
				Igreja	12:58:35.1	6:39:13.1	32:30.9	4:03.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:13:56.1	6:54:34.1	15:21.0	4:57.1
				L2 Sul	13:54:35.1	7:35:13.1	40:39.0	5:04.9
				Chegada	14:23:43.4	8:04:21.4	29:08.3	4:41.*
855	165	53	DIREITOGLOBAL.COM.BR OCTETO MISTO	Concha Acústica	7:03:13.5	43:51.5	43:51.5	4:39.9
				C.O.	07:41:41.0	1:22:19.0	38:27.5	5:29.6
				Camara Legislativa	08:16:13.3	1:56:51.3	34:32.3	5:04.8
				Parque Lago Norte	08:44:25.5	2:25:03.5	28:12.2	7:03.1
				Clube do Congresso	09:36:29.3	3:17:07.3	52:03.8	5:22.0
				Deck Norte	10:19:45.3	4:00:23.3	43:16.0	5:09.0
				Piscinão	11:02:48.1	4:43:26.1	43:02.8	5:11.2
				Parque Paranoa	11:42:16.0	5:22:54.0	39:27.9	5:11.6
				Ermida Dom Bosco	12:17:56.3	5:58:34.3	35:40.3	5:56.7
				Ponte JK	12:58:16.5	6:38:54.5	40:20.2	5:22.7
				Igreja	13:40:13.0	7:20:51.0	41:56.5	5:14.6
				Pontao	13:55:58.0	7:36:36.0	15:45.0	5:04.8
				L2 Sul	14:38:50.2	8:19:28.2	42:52.2	5:21.5
				Chegada	15:18:35.3	8:59:13.3	39:45.1	6:24.7
856	221	83	DTP RUNNERS OCTETO MISTO	Concha Acústica	7:04:11.4	44:49.4	44:49.4	4:46.1
				C.O.	07:41:40.2	1:22:18.2	37:28.8	5:21.3
				Camara Legislativa	08:21:47.1	2:02:25.1	40:06.9	5:53.*
				Parque Lago Norte	08:43:11.4	2:23:49.4	21:24.3	5:21.1
				Clube do Congresso	09:51:20.3	3:31:58.3	1:08:08.9	7:01.5
				Deck Norte	10:43:16.1	4:23:54.1	51:55.8	6:10.9
				Piscinão	11:29:51.1	5:10:29.1	46:35.0	5:36.7
				Parque Paranoa	12:14:07.2	5:54:45.2	44:16.1	5:49.5
				Ermida Dom Bosco	12:45:55.4	6:26:33.4	31:48.2	5:18.0
				Ponte JK	13:30:09.6	7:10:47.6	44:14.2	5:53.9
				Igreja	14:15:19.0	7:55:57.0	45:09.4	5:38.7
				Pontao	14:33:47.6	8:14:25.6	18:28.6	5:57.6
				L2 Sul	15:17:55.2	8:58:33.2	44:07.6	5:30.*
				Chegada	15:55:19.2	9:35:57.2	37:24.0	6:01.9
857	201	7	T@LENTOS II OCTETO ECO	Concha Acústica	7:06:12.2	46:50.2	46:50.2	4:58.*
				C.O.	07:39:28.0	1:20:06.0	33:15.8	4:45.1
				Camara Legislativa	08:21:59.3	2:02:37.3	42:31.3	6:15.2
				Parque Lago Norte	08:43:09.3	2:23:47.3	21:10.0	5:17.5
				Clube do Congresso	09:38:28.3	3:19:06.3	55:19.0	5:42.2
				Deck Norte	10:19:40.5	4:00:18.5	41:12.2	4:54.3

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:07:31.4	4:48:09.4	47:50.9	5:45.9
				Parque Paranoa	12:00:01.5	5:40:39.5	52:30.1	6:54.5
				Ermida Dom Bosco	12:29:47.4	6:10:25.4	29:45.9	4:57.7
				Ponte JK	13:17:05.2	6:57:43.2	47:17.8	6:18.4
				Igreja	13:59:18.2	7:39:56.2	42:13.0	5:16.6
				Pontao	14:15:44.1	7:56:22.1	16:25.9	5:18.0
				L2 Sul	15:03:03.2	8:43:41.2	47:19.1	5:54.9
				Chegada	15:41:32.4	9:22:10.4	38:29.2	6:12.5
859	251	99	REVISTA POSIATIVIDADE OCTETO MISTO	Concha Acústica	7:12:20.2	52:58.2	52:58.2	5:38.1
				C.O.	07:46:07.0	1:26:45.0	33:46.8	4:49.5
				Camara Legislativa	08:20:29.3	2:01:07.3	34:22.3	5:03.3
				Parque Lago Norte	08:48:58.3	2:29:36.3	28:29.0	7:07.3
				Clube do Congresso	09:53:55.2	3:34:33.2	1:04:56.9	6:41.7
				Deck Norte	10:59:04.0	4:39:42.0	1:05:08.8	7:45.3
				Piscinão	11:43:54.0	5:24:32.0	44:50.0	5:24.1
				Parque Paranoa	12:18:51.2	5:59:29.2	34:57.2	4:35.9
				Ermida Dom Bosco	12:53:50.4	6:34:28.4	34:59.2	5:49.9
				Ponte JK	13:34:37.1	7:15:15.1	40:46.7	5:26.2
				Igreja	14:21:00.4	8:01:38.4	46:23.3	5:47.9
				Pontao	14:44:50.0	8:25:28.0	23:49.6	7:41.2
				L2 Sul	15:44:35.4	9:25:13.4	59:45.4	7:28.2
				Chegada	16:40:06.6	10:20:44.6	55:31.2	8:57.3
860	50	4	BORA BORA OCTETO MISTO	Concha Acústica	6:52:31.4	33:09.4	33:09.4	3:31.6
				C.O.	07:21:46.6	1:02:24.6	29:15.2	4:10.7
				Camara Legislativa	07:54:31.5	1:35:09.5	32:44.9	4:48.*
				Parque Lago Norte	08:19:20.0	1:59:58.0	24:48.5	6:12.1
				Clube do Congresso	09:01:40.2	2:42:18.2	42:20.2	4:21.9
				Deck Norte	09:36:56.0	3:17:34.0	35:15.8	4:11.9
				Piscinão	10:17:09.0	3:57:47.0	40:13.0	4:50.7
				Parque Paranoa	10:50:33.1	4:31:11.1	33:24.1	4:23.7
				Ermida Dom Bosco	11:19:56.0	5:00:34.0	29:22.9	4:53.8
				Ponte JK	11:53:31.1	5:34:09.1	33:35.1	4:28.7
				Igreja	12:29:44.0	6:10:22.0	36:12.9	4:31.6
				Pontao	12:45:52.2	6:26:30.2	16:08.2	5:12.3
				L2 Sul	13:21:04.5	7:01:42.5	35:12.3	4:24.0
				Chegada	13:50:29.2	7:31:07.2	29:24.7	4:44.6
861	180	60	JABUTIS 1	Concha Acústica	7:05:18.3	45:56.3	45:56.3	4:53.2

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			OCTETO MISTO	C.O.	07:41:36.5	1:22:14.5	36:18.2	5:11.2
				Camara Legislativa	08:20:44.5	2:01:22.5	39:08.0	5:45.3
				Parque Lago Norte	08:41:38.1	2:22:16.1	20:53.6	5:13.4
				Clube do Congresso	09:26:36.0	3:07:14.0	44:57.9	4:38.1
				Deck Norte	10:09:43.3	3:50:21.3	43:07.3	5:08.0
				Piscinão	11:03:39.1	4:44:17.1	53:55.8	6:29.9
				Parque Paranoa	11:54:28.2	5:35:06.2	50:49.1	6:41.2
				Ermida Dom Bosco	12:29:43.0	6:10:21.0	35:14.8	5:52.5
				Ponte JK	13:11:27.2	6:52:05.2	41:44.2	5:33.9
				Igreja	13:58:30.1	7:39:08.1	47:02.9	5:52.9
				Pontao	14:19:31.2	8:00:09.2	21:01.1	6:46.8
				L2 Sul	14:55:50.4	8:36:28.4	36:19.2	4:32.4
				Chegada	15:32:18.5	9:12:56.5	36:28.1	5:52.9
862	236	92	JABUTIS A OCTETO MISTO	Concha Acústica	6:52:48.0	33:26.0	33:26.0	3:33.4
				C.O.	07:42:20.1	1:22:58.1	49:32.1	7:04.6
				Camara Legislativa	08:17:38.1	1:58:16.1	35:18.0	5:11.5
				Parque Lago Norte	08:43:04.2	2:23:42.2	25:26.1	6:21.5
				Clube do Congresso	09:34:17.5	3:14:55.5	51:13.3	5:16.8
				Deck Norte	10:19:03.2	3:59:41.2	44:45.7	5:19.7
				Piscinão	11:15:37.1	4:56:15.1	56:33.9	6:48.9
				Parque Paranoa	12:01:06.4	5:41:44.4	45:29.3	5:59.1
				Ermida Dom Bosco	12:47:56.2	6:28:34.2	46:49.8	7:48.3
				Ponte JK	13:31:39.4	7:12:17.4	43:43.2	5:49.8
				Igreja	14:23:24.0	8:04:02.0	51:44.6	6:28.1
				Pontao	14:42:47.4	8:23:25.4	19:23.4	6:15.3
				L2 Sul	15:32:14.0	9:12:52.0	49:26.6	6:10.8
				Chegada	16:14:41.0	9:55:19.0	42:27.0	6:50.8
863	82	8	EQUIPE X - CORREDOR OCTETO MISTO	Concha Acústica	7:01:34.2	42:12.2	42:12.2	4:29.4
				C.O.	07:34:11.2	1:14:49.2	32:37.0	4:39.6
				Camara Legislativa	08:07:20.0	1:47:58.0	33:08.8	4:52.5
				Parque Lago Norte	08:24:45.0	2:05:23.0	17:25.0	4:21.3
				Clube do Congresso	09:09:39.3	2:50:17.3	44:54.3	4:37.8
				Deck Norte	09:53:22.5	3:34:00.5	43:43.2	5:12.3
				Piscinão	10:37:00.4	4:17:38.4	43:37.9	5:15.4
				Parque Paranoa	11:14:51.1	4:55:29.1	37:50.7	4:58.8
				Ermida Dom Bosco	11:46:01.0	5:26:39.0	31:09.9	5:11.7
				Ponte JK	12:25:22.5	6:06:00.5	39:21.5	5:14.9
				Igreja	13:01:57.3	6:42:35.3	36:34.8	4:34.4

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:15:55.0	6:56:33.0	13:57.7	4:30.2
				L2 Sul	13:53:37.2	7:34:15.2	37:42.2	4:42.8
				Chegada	14:27:15.1	8:07:53.1	33:37.9	5:25.5
864	121	9	DOE 2 POLICIAL/MILITAR	Concha Acústica	7:42:03.0	39:54.0	39:54.0	4:14.7
				C.O.	08:19:00.0	1:16:51.0	36:57.0	5:16.7
				Camara Legislativa	08:57:28.3	1:55:19.3	38:28.3	5:39.5
				Parque Lago Norte	09:16:07.5	2:13:58.5	18:39.2	4:39.8
				Clube do Congresso	10:07:43.1	3:05:34.1	51:35.6	5:19.1
				Deck Norte	10:48:16.1	3:46:07.1	40:33.0	4:49.6
				Piscinão	11:32:00.2	4:29:51.2	43:44.1	5:16.2
				Parque Paranoa	12:09:15.3	5:07:06.3	37:15.1	4:54.1
				Ermida Dom Bosco	12:40:11.0	5:38:02.0	30:55.7	5:09.3
				Ponte JK	13:23:23.0	6:21:14.0	43:12.0	5:45.6
				Igreja	14:05:28.4	7:03:19.4	42:05.4	5:15.7
				Pontao	14:24:46.3	7:22:37.3	19:17.9	6:13.5
				L2 Sul	15:09:16.2	8:07:07.2	44:29.9	5:33.7
				Chegada	15:46:30.3	8:44:21.3	37:14.1	6:00.3
865	204	72	CAPES OCTETO MISTO	Concha Acústica	7:13:23.1	54:01.1	54:01.1	5:44.8
				C.O.	07:58:03.5	1:38:41.5	44:40.4	6:22.9
				Camara Legislativa	08:37:34.5	2:18:12.5	39:31.0	5:48.7
				Parque Lago Norte	08:56:58.3	2:37:36.3	19:23.8	4:50.*
				Clube do Congresso	09:52:24.4	3:33:02.4	55:26.1	5:42.9
				Deck Norte	10:30:17.1	4:10:55.1	37:52.7	4:30.6
				Piscinão	11:11:51.1	4:52:29.1	41:34.0	5:00.5
				Parque Paranoa	11:55:05.5	5:35:43.5	43:14.4	5:41.4
				Ermida Dom Bosco	12:28:07.7	6:08:45.7	33:02.2	5:30.4
				Ponte JK	13:21:32.2	7:02:10.2	53:24.5	7:07.3
				Igreja	14:03:15.5	7:43:53.5	41:43.3	5:12.9
				Pontao	14:20:55.5	8:01:33.5	17:40.0	5:41.9
				L2 Sul	15:05:05.5	8:45:43.5	44:10.0	5:31.3
				Chegada	15:42:39.9	9:23:17.9	37:34.4	6:03.6
866	183	62	DUPLO NO OCTETO MISTO	Concha Acústica	7:01:02.2	41:40.2	41:40.2	4:25.*
				C.O.	07:32:25.1	1:13:03.1	31:22.9	4:28.*
				Camara Legislativa	08:14:17.7	1:54:55.7	41:52.6	6:09.5
				Parque Lago Norte	08:41:52.1	2:22:30.1	27:34.4	6:53.6
				Clube do Congresso	10:24:57.6	4:05:35.6	1:43:05.5	10:37.7
				Deck Norte	10:34:23.2	4:15:01.2	9:25.6	1:07.3

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:11:03.4	4:51:41.4	36:40.2	4:25.1
				Parque Paranoa	11:53:34.1	5:34:12.1	42:30.7	5:35.6
				Ermida Dom Bosco	12:23:27.4	6:04:05.4	29:53.3	4:58.9
				Ponte JK	13:08:48.5	6:49:26.5	45:21.1	6:02.8
				Igreja	13:58:44.1	7:39:22.1	49:55.6	6:14.5
				Pontao	14:15:40.4	7:56:18.4	16:56.3	5:27.8
				L2 Sul	14:59:52.0	8:40:30.0	44:11.6	5:31.5
				Chegada	15:34:22.2	9:15:00.2	34:30.2	5:33.9
867	40	1	COME CHAO F OCTETO MISTO	Concha Acústica	6:50:27.3	31:05.3	31:05.3	3:18.4
				C.O.	07:24:13.2	1:04:51.2	33:45.9	4:49.4
				Camara Legislativa	08:10:20.0	1:50:58.0	46:06.8	6:46.9
				Parque Lago Norte	08:25:14.4	2:05:52.4	14:54.4	3:43.6
				Clube do Congresso	09:13:44.5	2:54:22.5	48:30.1	5:00.0
				Deck Norte	09:43:38.0	3:24:16.0	29:53.5	3:33.5
				Piscinão	10:18:12.5	3:58:50.5	34:34.5	4:09.9
				Parque Paranoa	10:56:31.0	4:37:09.0	38:18.5	5:02.4
				Ermida Dom Bosco	11:20:46.1	5:01:24.1	24:15.1	4:02.5
				Ponte JK	11:52:52.2	5:33:30.2	32:06.1	4:16.8
				Igreja	12:22:27.1	6:03:05.1	29:34.9	3:41.9
				Pontao	12:37:07.4	6:17:45.4	14:40.3	4:43.*
				L2 Sul	13:08:46.1	6:49:24.1	31:38.7	3:57.3
				Chegada	13:39:16.4	7:19:54.4	30:30.3	4:55.2
868	63	5	UNICOM - NATUREBA - 348 OCTETO MISTO	Concha Acústica	6:54:02.3	34:40.3	34:40.3	3:41.3
				C.O.	07:28:10.1	1:08:48.1	34:07.8	4:52.5
				Camara Legislativa	08:11:12.2	1:51:50.2	43:02.1	6:19.7
				Parque Lago Norte	08:27:45.5	2:08:23.5	16:33.3	4:08.3
				Clube do Congresso	09:07:13.0	2:47:51.0	39:27.5	4:04.1
				Deck Norte	09:48:27.5	3:29:05.5	41:14.5	4:54.6
				Piscinão	10:28:38.3	4:09:16.3	40:10.8	4:50.5
				Parque Paranoa	11:05:19.5	4:45:57.5	36:41.2	4:49.6
				Ermida Dom Bosco	11:30:00.1	5:10:38.1	24:40.6	4:06.8
				Ponte JK	12:12:29.2	5:53:07.2	42:29.1	5:39.9
				Igreja	12:47:10.1	6:27:48.1	34:40.9	4:20.1
				Pontao	13:00:56.1	6:41:34.1	13:46.0	4:26.5
				L2 Sul	13:38:43.5	7:19:21.5	37:47.4	4:43.4
				Chegada	14:07:19.2	7:47:57.2	28:35.7	4:36.7
869	149	40	MAX RUNNERS	Concha Acústica	6:57:54.0	38:32.0	38:32.0	4:05.*

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			OCTETO MISTO	C.O.	07:37:51.1	1:18:29.1	39:57.1	5:42.4
				Camara Legislativa	08:19:59.5	2:00:37.5	42:08.4	6:11.8
				Parque Lago Norte	08:40:44.2	2:21:22.2	20:44.7	5:11.2
				Clube do Congresso	09:34:01.5	3:14:39.5	53:17.3	5:29.6
				Deck Norte	10:16:55.0	3:57:33.0	42:53.5	5:06.4
				Piscinão	10:55:43.5	4:36:21.5	38:48.5	4:40.5
				Parque Paranoa	11:37:47.3	5:18:25.3	42:03.8	5:32.1
				Ermida Dom Bosco	12:06:06.4	5:46:44.4	28:19.1	4:43.2
				Ponte JK	12:53:21.1	6:33:59.1	47:14.7	6:17.*
				Igreja	13:29:04.0	7:09:42.0	35:42.9	4:27.9
				Pontao	13:46:47.5	7:27:25.5	17:43.5	5:43.1
				L2 Sul	14:35:30.4	8:16:08.4	48:42.9	6:05.4
				Chegada	15:13:10.4	8:53:48.4	37:40.0	6:04.5
870	219	81	ROAD RUNNERS 2	Concha Acústica	7:09:56.2	50:34.2	50:34.2	5:22.8
			OCTETO MISTO	C.O.	07:56:24.6	1:37:02.6	46:28.4	6:38.3
				Camara Legislativa	08:42:23.3	2:23:01.3	45:58.7	6:45.7
				Parque Lago Norte	09:05:02.4	2:45:40.4	22:39.1	5:39.8
				Clube do Congresso	09:49:08.4	3:29:46.4	44:06.0	4:32.8
				Deck Norte	10:24:53.0	4:05:31.0	35:44.6	4:15.3
				Piscinão	11:12:33.1	4:53:11.1	47:40.1	5:44.6
				Parque Paranoa	11:59:45.1	5:40:23.1	47:12.0	6:12.6
				Ermida Dom Bosco	12:27:29.4	6:08:07.4	27:44.3	4:37.4
				Ponte JK	13:07:42.4	6:48:20.4	40:13.0	5:21.7
				Igreja	13:53:06.1	7:33:44.1	45:23.7	5:40.5
				Pontao	14:12:42.2	7:53:20.2	19:36.1	6:19.4
				L2 Sul	15:13:29.3	8:54:07.3	1:00:47.1	7:35.9
				Chegada	15:54:15.4	9:34:53.4	40:46.1	6:34.5
872	210	77	DINOSSAUROS CELERES	Concha Acústica	7:06:46.2	47:24.2	47:24.2	5:02.6
			OCTETO MISTO	C.O.	07:41:16.1	1:21:54.1	34:29.9	4:55.7
				Camara Legislativa	08:22:49.0	2:03:27.0	41:32.9	6:06.6
				Parque Lago Norte	08:40:57.2	2:21:35.2	18:08.2	4:32.1
				Clube do Congresso	09:37:18.5	3:17:56.5	56:21.3	5:48.6
				Deck Norte	10:32:14.1	4:12:52.1	54:55.6	6:32.3
				Piscinão	11:15:46.1	4:56:24.1	43:32.0	5:14.7
				Parque Paranoa	11:57:44.2	5:38:22.2	41:58.1	5:31.3
				Ermida Dom Bosco	12:32:40.0	6:13:18.0	34:55.8	5:49.3
				Ponte JK	13:24:35.4	7:05:13.4	51:55.4	6:55.4
				Igreja	14:10:17.2	7:50:55.2	45:41.8	5:42.7

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	14:30:34.0	8:11:12.0	20:16.8	6:32.5
				L2 Sul	15:11:43.1	8:52:21.1	41:09.1	5:08.6
				Chegada	15:49:43.0	9:30:21.0	37:59.9	6:07.7
873	147	38	PEGADA 3 OCTETO MISTO	Concha Acústica	7:00:41.5	41:19.5	41:19.5	4:23.8
				C.O.	07:41:07.3	1:21:45.3	40:25.8	5:46.5
				Camara Legislativa	08:19:15.3	1:59:53.3	38:08.0	5:36.5
				Parque Lago Norte	08:40:59.2	2:21:37.2	21:43.9	5:25.*
				Clube do Congresso	09:29:15.2	3:09:53.2	48:16.0	4:58.6
				Deck Norte	10:01:06.2	3:41:44.2	31:51.0	3:47.5
				Piscinão	10:52:56.4	4:33:34.4	51:50.2	6:14.7
				Parque Paranoa	11:41:53.2	5:22:31.2	48:56.8	6:26.4
				Ermida Dom Bosco	12:13:15.1	5:53:53.1	31:21.9	5:13.7
				Ponte JK	12:47:48.2	6:28:26.2	34:33.1	4:36.4
				Igreja	13:30:26.0	7:11:04.0	42:37.8	5:19.7
				Pontao	13:46:18.0	7:26:56.0	15:52.0	5:07.1
				L2 Sul	14:31:36.6	8:12:14.6	45:18.6	5:39.8
				Chegada	15:12:48.3	8:53:26.3	41:11.7	6:38.7
874	242	18	JURIDICO BRASILIA OCTETO ECO	Concha Acústica	7:06:52.0	47:30.0	47:30.0	5:03.2
				C.O.	07:51:14.2	1:31:52.2	44:22.2	6:20.3
				Camara Legislativa	08:34:15.3	2:14:53.3	43:01.1	6:19.6
				Parque Lago Norte	08:57:53.4	2:38:31.4	23:38.1	5:54.5
				Clube do Congresso	09:48:43.3	3:29:21.3	50:49.9	5:14.4
				Deck Norte	10:32:06.4	4:12:44.4	43:23.1	5:09.9
				Piscinão	11:33:52.0	5:14:30.0	1:01:45.6	7:26.5
				Parque Paranoa	12:19:55.2	6:00:33.2	46:03.2	6:03.6
				Ermida Dom Bosco	12:54:58.6	6:35:36.6	35:03.4	5:50.6
				Ponte JK	13:54:44.3	7:35:22.3	59:45.7	7:58.1
				Igreja	14:50:54.2	8:31:32.2	56:09.9	7:01.2
				Pontao	15:06:26.3	8:47:04.3	15:32.1	5:00.7
				L2 Sul	15:48:41.2	9:29:19.2	42:14.9	5:16.9
				Chegada	16:21:55.3	10:02:33.3	33:14.1	5:21.6
875	214	9	TARTARUGA MANCA OCTETO ECO	Concha Acústica	7:55:34.1	53:25.1	53:25.1	5:40.*
				C.O.	08:32:19.6	1:30:10.6	36:45.5	5:15.1
				Camara Legislativa	09:29:01.3	2:26:52.3	56:41.7	8:20.3
				Parque Lago Norte	09:49:57.1	2:47:48.1	20:55.8	5:13.*
				Clube do Congresso	10:42:28.4	3:40:19.4	52:31.3	5:24.9
				Deck Norte	11:27:46.2	4:25:37.2	45:17.8	5:23.5

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	12:19:13.2	5:17:04.2	51:27.0	6:11.9
				Parque Paranoa	13:00:08.1	5:57:59.1	40:54.9	5:23.0
				Ermida Dom Bosco	13:27:20.5	6:25:11.5	27:12.4	4:32.1
				Ponte JK	14:10:59.0	7:08:50.0	43:38.5	5:49.1
				Igreja	14:53:46.0	7:51:37.0	42:47.0	5:20.9
				Pontao	15:13:32.4	8:11:23.4	19:46.4	6:22.7
				L2 Sul	15:57:21.0	8:55:12.0	43:48.6	5:28.6
				Chegada	16:34:36.0	9:32:27.0	37:15.0	6:00.5
876	231	15	CANELA SECA OCTETO ECO	Concha Acústica	7:05:17.5	45:55.5	45:55.5	4:53.1
				C.O.	07:45:41.4	1:26:19.4	40:23.9	5:46.3
				Camara Legislativa	08:40:11.3	2:20:49.3	54:29.9	8:00.9
				Parque Lago Norte	09:00:51.1	2:41:29.1	20:39.8	5:09.*
				Clube do Congresso	09:52:14.5	3:32:52.5	51:23.4	5:17.9
				Deck Norte	10:36:35.6	4:17:13.6	44:21.1	5:16.8
				Piscinão	11:31:11.1	5:11:49.1	54:35.5	6:34.6
				Parque Paranoa	12:20:29.0	6:01:07.0	49:17.9	6:29.2
				Ermida Dom Bosco	12:55:59.3	6:36:37.3	35:30.3	5:55.1
				Ponte JK	13:48:11.2	7:28:49.2	52:11.9	6:57.6
				Igreja	14:36:21.2	8:16:59.2	48:10.0	6:01.3
				Pontao	14:52:46.5	8:33:24.5	16:25.3	5:17.8
				L2 Sul	15:32:14.2	9:12:52.2	39:27.7	4:55.*
				Chegada	16:11:10.1	9:51:48.1	38:55.9	6:16.8
877	27	2	PEDE VENTO POUPEX QG DO EXERCITO POLICIAL/MILITAR	Concha Acústica	7:35:47.0	33:38.0	33:38.0	3:34.7
				C.O.	08:04:27.1	1:02:18.1	28:40.1	4:05.7
				Camara Legislativa	08:35:55.5	1:33:46.5	31:28.4	4:37.7
				Parque Lago Norte	08:51:15.5	1:49:06.5	15:20.0	3:50.0
				Clube do Congresso	09:29:27.1	2:27:18.1	38:11.6	3:56.2
				Deck Norte	10:03:06.6	3:00:57.6	33:39.5	4:00.4
				Piscinão	10:37:37.0	3:35:28.0	34:30.4	4:09.4
				Parque Paranoa	11:10:12.4	4:08:03.4	32:35.4	4:17.3
				Ermida Dom Bosco	11:33:08.0	4:30:59.0	22:55.6	3:49.3
				Ponte JK	12:06:34.2	5:04:25.2	33:26.2	4:27.5
				Igreja	12:41:43.6	5:39:34.6	35:09.4	4:23.7
				Pontao	12:53:43.1	5:51:34.1	11:59.5	3:52.1
				L2 Sul	13:28:12.5	6:26:03.5	34:29.4	4:18.7
				Chegada	13:55:54.5	6:53:45.5	27:42.0	4:28.1
878	60	5	LO-RA/FREE CORNER 1	Concha Acústica	7:41:32.2	39:23.2	39:23.2	4:11.4

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			OCTETO MASCULINO	C.O.	08:10:11.0	1:08:02.0	28:38.8	4:05.5
				Camara Legislativa	08:45:06.5	1:42:57.5	34:55.5	5:08.2
				Parque Lago Norte	09:04:14.5	2:02:05.5	19:08.0	4:47.0
				Clube do Congresso	09:47:07.0	2:44:58.0	42:52.5	4:25.2
				Deck Norte	10:25:02.2	3:22:53.2	37:55.2	4:30.9
				Piscinão	11:02:11.4	4:00:02.4	37:09.2	4:28.6
				Parque Paranoa	11:39:53.0	4:37:44.0	37:41.6	4:57.6
				Ermida Dom Bosco	12:11:04.1	5:08:55.1	31:11.1	5:11.9
				Ponte JK	12:47:40.4	5:45:31.4	36:36.3	4:52.8
				Igreja	13:28:04.0	6:25:55.0	40:23.6	5:02.*
				Pontao	13:42:41.1	6:40:32.1	14:37.1	4:42.9
				L2 Sul	14:17:26.1	7:15:17.1	34:45.0	4:20.6
				Chegada	14:47:13.3	7:45:04.3	29:47.2	4:48.3
879	238	17	VELOZES E FURIOSOS 2 OCTETO ECO	Concha Acústica	7:04:26.3	45:04.3	45:04.3	4:47.7
				C.O.	07:47:15.4	1:27:53.4	42:49.1	6:07.0
				Camara Legislativa	08:25:23.5	2:06:01.5	38:08.1	5:36.5
				Parque Lago Norte	08:46:56.1	2:27:34.1	21:32.6	5:23.2
				Clube do Congresso	10:00:20.2	3:40:58.2	1:13:24.1	7:34.0
				Deck Norte	10:55:02.5	4:35:40.5	54:42.3	6:30.8
				Piscinão	11:48:46.4	5:29:24.4	53:43.9	6:28.4
				Parque Paranoa	12:36:52.2	6:17:30.2	48:05.8	6:19.7
				Ermida Dom Bosco	13:06:01.5	6:46:39.5	29:09.3	4:51.6
				Ponte JK	13:57:28.1	7:38:06.1	51:26.6	6:51.5
				Igreja	14:37:27.0	8:18:05.0	39:58.9	4:59.9
				Pontao	14:53:27.5	8:34:05.5	16:00.5	5:09.8
				L2 Sul	15:35:05.2	9:15:43.2	41:37.7	5:12.2
				Chegada	16:18:02.3	9:58:40.3	42:57.1	6:55.7
880	112	1	EMBAIXADA DO REINO UNIDO MISSOES DIPLOMATICAS	Concha Acústica	7:12:17.0	52:55.0	52:55.0	5:37.8
				C.O.	07:47:08.5	1:27:46.5	34:51.5	4:58.8
				Camara Legislativa	08:23:38.2	2:04:16.2	36:29.7	5:22.0
				Parque Lago Norte	08:45:29.1	2:26:07.1	21:50.9	5:27.7
				Clube do Congresso	09:27:30.1	3:08:08.1	42:01.0	4:19.9
				Deck Norte	10:12:37.1	3:53:15.1	45:07.0	5:22.3
				Piscinão	10:50:30.6	4:31:08.6	37:53.5	4:33.9
				Parque Paranoa	11:27:51.0	5:08:29.0	37:20.4	4:54.8
				Ermida Dom Bosco	12:00:24.5	5:41:02.5	32:33.5	5:25.6
				Ponte JK	12:45:45.6	6:26:23.6	45:21.1	6:02.8
				Igreja	13:33:21.5	7:13:59.5	47:35.9	5:56.*

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:47:33.1	7:28:11.1	14:11.6	4:34.7
				L2 Sul	14:23:13.1	8:03:51.1	35:40.0	4:27.5
				Chegada	14:54:51.3	8:35:29.3	31:38.2	5:06.2
881	155	46	NEXT/CLUBECOAT 1 OCTETO MISTO	Concha Acústica	7:03:07.6	43:45.6	43:45.6	4:39.3
				C.O.	07:40:02.5	1:20:40.5	36:54.9	5:16.4
				Camara Legislativa	08:19:05.5	1:59:43.5	39:03.0	5:44.6
				Parque Lago Norte	08:42:58.4	2:23:36.4	23:52.9	5:58.2
				Clube do Congresso	09:38:08.5	3:18:46.5	55:10.1	5:41.2
				Deck Norte	10:18:39.3	3:59:17.3	40:30.8	4:49.4
				Piscinão	11:02:01.4	4:42:39.4	43:22.1	5:13.5
				Parque Paranoa	11:28:35.0	5:09:13.0	26:33.6	3:29.7
				Ermida Dom Bosco	11:59:43.1	5:40:21.1	31:08.1	5:11.4
				Ponte JK	12:44:31.4	6:25:09.4	44:48.3	5:58.4
				Igreja	13:32:46.0	7:13:24.0	48:14.6	6:01.8
				Pontao	13:50:42.5	7:31:20.5	17:56.5	5:47.3
				L2 Sul	14:37:29.4	8:18:07.4	46:46.9	5:50.9
				Chegada	15:15:59.0	8:56:37.0	38:29.6	6:12.5
882	132	30	NEXT/CLUBECOAT 2 OCTETO MISTO	Concha Acústica	7:00:20.4	40:58.4	40:58.4	4:21.5
				C.O.	07:38:06.2	1:18:44.2	37:45.8	5:23.7
				Camara Legislativa	08:18:20.2	1:58:58.2	40:14.0	5:55.0
				Parque Lago Norte	08:40:34.4	2:21:12.4	22:14.2	5:33.6
				Clube do Congresso	09:26:02.3	3:06:40.3	45:27.9	4:41.2
				Deck Norte	10:16:27.4	3:57:05.4	50:25.1	6:00.1
				Piscinão	11:00:11.6	4:40:49.6	43:44.2	5:16.2
				Parque Paranoa	11:43:29.1	5:24:07.1	43:17.5	5:41.8
				Ermida Dom Bosco	12:17:06.1	5:57:44.1	33:37.0	5:36.2
				Ponte JK	12:57:12.1	6:37:50.1	40:06.0	5:20.8
				Igreja	13:41:06.6	7:21:44.6	43:54.5	5:29.3
				Pontao	13:54:47.2	7:35:25.2	13:40.6	4:24.7
				L2 Sul	14:32:31.5	8:13:09.5	37:44.3	4:43.0
				Chegada	15:08:11.1	8:48:49.1	35:39.6	5:45.1
883	136	33	NEXT/CLUBECOAT 3 OCTETO MISTO	Concha Acústica	6:52:32.2	33:10.2	33:10.2	3:31.7
				C.O.	07:28:52.4	1:09:30.4	36:20.2	5:11.5
				Camara Legislativa	08:14:10.0	1:54:48.0	45:17.6	6:39.6
				Parque Lago Norte	08:36:28.2	2:17:06.2	22:18.2	5:34.6
				Clube do Congresso	09:29:25.2	3:10:03.2	52:57.0	5:27.5
				Deck Norte	10:10:33.3	3:51:11.3	41:08.1	4:53.8

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:13:17.4	4:53:55.4	1:02:44.1	7:33.5
				Parque Paranoa	11:45:50.4	5:26:28.4	32:33.0	4:16.*
				Ermida Dom Bosco	12:18:37.6	5:59:15.6	32:47.2	5:27.9
				Ponte JK	12:56:17.1	6:36:55.1	37:39.5	5:01.3
				Igreja	13:40:59.1	7:21:37.1	44:42.0	5:35.3
				Pontao	13:57:39.1	7:38:17.1	16:40.0	5:22.6
				L2 Sul	14:38:24.4	8:19:02.4	40:45.3	5:05.7
				Chegada	15:09:52.5	8:50:30.5	31:28.1	5:04.5
884	43	2	LUDI CLUB/NEXT CLUBECOAT OCTETO MISTO	Concha Acústica	6:49:46.2	30:24.2	30:24.2	3:14.1
				C.O.	07:25:06.5	1:05:44.5	35:20.3	5:02.9
				Camara Legislativa	07:59:54.5	1:40:32.5	34:48.0	5:07.1
				Parque Lago Norte	08:30:06.1	2:10:44.1	30:11.6	7:32.9
				Clube do Congresso	09:15:20.4	2:55:58.4	45:14.3	4:39.8
				Deck Norte	09:43:11.2	3:23:49.2	27:50.8	3:18.9
				Piscinão	10:30:16.2	4:10:54.2	47:05.0	5:40.4
				Parque Paranoa	10:58:27.2	4:39:05.2	28:11.0	3:42.5
				Ermida Dom Bosco	11:24:52.0	5:05:30.0	26:24.8	4:24.1
				Ponte JK	12:05:30.1	5:46:08.1	40:38.1	5:25.1
				Igreja	12:33:14.4	6:13:52.4	27:44.3	3:28.0
				Pontao	12:47:22.0	6:28:00.0	14:07.6	4:33.4
				L2 Sul	13:17:17.3	6:57:55.3	29:55.3	3:44.4
				Chegada	13:41:50.3	7:22:28.3	24:33.0	3:57.6
885	146	12	TO CHEGANDO 1/NEXT CLUBE COAT OCTETO MASCULINO	Concha Acústica	6:58:56.1	39:34.1	39:34.1	4:12.6
				C.O.	07:34:56.0	1:15:34.0	35:59.9	5:08.6
				Camara Legislativa	08:15:15.5	1:55:53.5	40:19.5	5:55.8
				Parque Lago Norte	08:40:55.2	2:21:33.2	25:39.7	6:24.9
				Clube do Congresso	09:26:51.3	3:07:29.3	45:56.1	4:44.1
				Deck Norte	10:06:28.2	3:47:06.2	39:36.9	4:42.*
				Piscinão	10:51:36.6	4:32:14.6	45:08.4	5:26.3
				Parque Paranoa	11:44:02.5	5:24:40.5	52:25.9	6:53.9
				Ermida Dom Bosco	12:14:40.5	5:55:18.5	30:38.0	5:06.3
				Ponte JK	13:00:28.6	6:41:06.6	45:48.1	6:06.4
				Igreja	13:37:13.2	7:17:51.2	36:44.6	4:35.6
				Pontao	13:58:07.4	7:38:45.4	20:54.2	6:44.6
				L2 Sul	14:35:21.4	8:15:59.4	37:14.0	4:39.3
				Chegada	15:12:21.2	8:52:59.2	36:59.8	5:58.0
886	178	58	TO CHEGANDO 2/NEXT CLUBE COAT	Concha Acústica	6:51:34.4	32:12.4	32:12.4	3:25.6

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

OCTETO MISTO				C.O.	07:25:19.1	1:05:57.1	33:44.7	4:49.2
				Camara Legislativa	08:05:19.9	1:45:57.9	40:00.8	5:53.1
				Parque Lago Norte	08:20:55.5	2:01:33.5	15:35.6	3:53.9
				Clube do Congresso	09:17:11.2	2:57:49.2	56:15.7	5:48.0
				Deck Norte	10:12:01.0	3:52:39.0	54:49.8	6:31.6
				Piscinão	11:12:06.1	4:52:44.1	1:00:05.1	7:14.3
				Parque Paranoa	12:00:07.0	5:40:45.0	48:00.9	6:19.1
				Ermida Dom Bosco	12:30:03.3	6:10:41.3	29:56.3	4:59.4
				Ponte JK	13:25:45.1	7:06:23.1	55:41.8	7:25.6
				Igreja	14:06:21.3	7:46:59.3	40:36.2	5:04.5
				Pontao	14:23:25.2	8:04:03.2	17:03.9	5:30.3
				L2 Sul	14:52:58.4	8:33:36.4	29:33.2	3:41.7
				Chegada	15:30:31.5	9:11:09.5	37:33.1	6:03.4
887	44	3	WWW.ZEROMEIAUM.COM	Concha Acústica	8:34:52.4	31:15.4	31:15.4	3:19.5
				OCTETO MISTO	C.O.	09:03:38.0	1:00:01.0	4:06.5
				Camara Legislativa	09:35:12.0	1:31:35.0	31:34.0	4:38.5
				Parque Lago Norte	09:51:51.3	1:48:14.3	16:39.3	4:09.8
				Clube do Congresso	10:39:43.4	2:36:06.4	47:52.1	4:56.1
				Deck Norte	11:16:14.2	3:12:37.2	36:30.8	4:20.8
				Piscinão	11:54:14.0	3:50:37.0	37:59.8	4:34.7
				Parque Paranoa	12:27:56.0	4:24:19.0	33:42.0	4:26.1
				Ermida Dom Bosco	12:50:38.0	4:47:01.0	22:42.0	3:47.0
				Ponte JK	13:29:53.4	5:26:16.4	39:15.4	5:14.1
				Igreja	14:10:55.1	6:07:18.1	41:01.7	5:07.7
				Pontao	14:23:17.0	6:19:40.0	12:21.9	3:59.3
				L2 Sul	14:53:46.2	6:50:09.2	30:29.2	3:48.7
				Chegada	15:26:15.3	7:22:38.3	32:29.1	5:14.4
888	144	37	ZEROMEIAUM II	Concha Acústica	8:11:51.3	1:09:42.3	1:09:42.3	7:24.9
				OCTETO MISTO	C.O.	08:50:31.3	1:48:22.3	5:31.4
				Camara Legislativa	09:20:47.4	2:18:38.4	30:16.1	4:27.1
				Parque Lago Norte	09:42:46.1	2:40:37.1	21:58.7	5:29.7
				Clube do Congresso	10:36:09.4	3:34:00.4	53:23.3	5:30.2
				Deck Norte	11:15:10.3	4:13:01.3	39:00.9	4:38.7
				Piscinão	11:56:18.5	4:54:09.5	41:08.2	4:57.4
				Parque Paranoa	12:27:35.5	5:25:26.5	31:17.0	4:06.*
				Ermida Dom Bosco	13:03:28.3	6:01:19.3	35:52.8	5:58.8
				Ponte JK	13:48:31.6	6:46:22.6	45:03.3	6:00.4
				Igreja	14:29:34.1	7:27:25.1	41:02.5	5:07.8

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	14:42:28.5	7:40:19.5	12:54.4	4:09.8
				L2 Sul	15:22:30.2	8:20:21.2	40:01.7	5:00.2
				Chegada	15:54:47.4	8:52:38.4	32:17.2	5:12.5
889	163	10	ABPC/ZEROMEIAUM POLICIAL/MILITAR	Concha Acústica	7:03:53.0	44:31.0	44:31.0	4:44.1
				C.O.	07:39:22.1	1:20:00.1	35:29.1	5:04.2
				Camara Legislativa	08:14:37.7	1:55:15.7	35:15.6	5:11.1
				Parque Lago Norte	08:37:23.0	2:18:01.0	22:45.3	5:41.3
				Clube do Congresso	09:29:00.0	3:09:38.0	51:37.0	5:19.3
				Deck Norte	10:14:54.0	3:55:32.0	45:54.0	5:27.9
				Piscinão	10:56:32.0	4:37:10.0	41:38.0	5:00.*
				Parque Paranoa	11:40:47.6	5:21:25.6	44:15.6	5:49.4
				Ermida Dom Bosco	12:08:46.2	5:49:24.2	27:58.6	4:39.8
				Ponte JK	12:58:13.5	6:38:51.5	49:27.3	6:35.6
				Igreja	13:40:32.0	7:21:10.0	42:18.5	5:17.3
				Pontao	13:56:56.0	7:37:34.0	16:24.0	5:17.4
				L2 Sul	14:45:35.5	8:26:13.5	48:39.5	6:04.9
				Chegada	15:18:15.4	8:58:53.4	32:39.9	5:16.1
890	84	9	ZION OCTETO MISTO	Concha Acústica	7:02:02.0	42:40.0	42:40.0	4:32.3
				C.O.	07:41:43.5	1:22:21.5	39:41.5	5:40.2
				Camara Legislativa	08:27:39.0	2:08:17.0	45:55.5	6:45.2
				Parque Lago Norte	08:47:29.3	2:28:07.3	19:50.3	4:57.6
				Clube do Congresso	09:37:42.3	3:18:20.3	50:13.0	5:10.6
				Deck Norte	10:09:14.4	3:49:52.4	31:32.1	3:45.3
				Piscinão	10:55:20.2	4:35:58.2	46:05.8	5:33.2
				Parque Paranoa	11:29:32.2	5:10:10.2	34:12.0	4:30.0
				Ermida Dom Bosco	11:53:03.2	5:33:41.2	23:31.0	3:55.2
				Ponte JK	12:26:46.4	6:07:24.4	33:43.2	4:29.8
				Igreja	13:01:53.2	6:42:31.2	35:06.8	4:23.4
				Pontao	13:18:01.4	6:58:39.4	16:08.2	5:12.3
				L2 Sul	13:50:38.0	7:31:16.0	32:36.6	4:04.6
				Chegada	14:28:05.2	8:08:43.2	37:27.2	6:02.5
891	194	15	TIAO MACALE OCTETO MASCULINO	Concha Acústica	7:03:00.0	43:38.0	43:38.0	4:38.5
				C.O.	07:35:08.2	1:15:46.2	32:08.2	4:35.5
				Camara Legislativa	08:20:00.3	2:00:38.3	44:52.1	6:35.9
				Parque Lago Norte	08:44:56.1	2:25:34.1	24:55.8	6:13.*
				Clube do Congresso	09:32:05.1	3:12:43.1	47:09.0	4:51.6
				Deck Norte	10:22:05.0	4:02:43.0	49:59.9	5:57.1

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:07:48.5	4:48:26.5	45:43.5	5:30.5
				Parque Paranoa	12:03:46.3	5:44:24.3	55:57.8	7:21.8
				Ermida Dom Bosco	12:34:54.5	6:15:32.5	31:08.2	5:11.4
				Ponte JK	13:17:55.5	6:58:33.5	43:01.0	5:44.1
				Igreja	13:56:52.5	7:37:30.5	38:57.0	4:52.1
				Pontao	14:14:32.0	7:55:10.0	17:39.5	5:41.8
				L2 Sul	14:58:53.2	8:39:31.2	44:21.2	5:32.7
				Chegada	15:39:58.2	9:20:36.2	41:05.0	6:37.6
893	226	13	RACA LARGADA RUNNING TEAM 1 OCTETO ECO	Concha Acústica	7:11:06.5	51:44.5	51:44.5	5:30.3
				C.O.	07:49:47.4	1:30:25.4	38:40.9	5:31.6
				Camara Legislativa	08:34:25.4	2:15:03.4	44:38.0	6:33.8
				Parque Lago Norte	08:54:31.5	2:35:09.5	20:06.1	5:01.5
				Clube do Congresso	09:49:40.1	3:30:18.1	55:08.6	5:41.1
				Deck Norte	10:34:04.5	4:14:42.5	44:24.4	5:17.2
				Piscinão	11:25:26.2	5:06:04.2	51:21.7	6:11.3
				Parque Paranoa	12:04:40.3	5:45:18.3	39:14.1	5:09.8
				Ermida Dom Bosco	12:45:32.2	6:26:10.2	40:51.9	6:48.7
				Ponte JK	13:37:25.0	7:18:03.0	51:52.8	6:55.0
				Igreja	14:19:51.2	8:00:29.2	42:26.2	5:18.3
				Pontao	14:36:11.4	8:16:49.4	16:20.2	5:16.2
				L2 Sul	15:23:14.5	9:03:52.5	47:03.1	5:52.9
				Chegada	15:59:45.4	9:40:23.4	36:30.9	5:53.4
895	94	13	TOP SPORT LILAS OCTETO MISTO	Concha Acústica	7:01:57.2	42:35.2	42:35.2	4:31.8
				C.O.	07:36:21.1	1:16:59.1	34:23.9	4:54.8
				Camara Legislativa	08:11:03.3	1:51:41.3	34:42.2	5:06.2
				Parque Lago Norte	08:28:18.1	2:08:56.1	17:14.8	4:18.7
				Clube do Congresso	09:21:11.5	3:01:49.5	52:53.4	5:27.2
				Deck Norte	10:06:27.3	3:47:05.3	45:15.8	5:23.3
				Piscinão	10:51:11.1	4:31:49.1	44:43.8	5:23.3
				Parque Paranoa	11:21:21.0	5:01:59.0	30:09.9	3:58.1
				Ermida Dom Bosco	11:52:34.4	5:33:12.4	31:13.4	5:12.2
				Ponte JK	12:33:15.0	6:13:53.0	40:40.6	5:25.4
				Igreja	13:09:24.5	6:50:02.5	36:09.5	4:31.2
				Pontao	13:26:35.0	7:07:13.0	17:10.5	5:32.4
				L2 Sul	13:59:27.2	7:40:05.2	32:52.2	4:06.5
				Chegada	14:35:14.2	8:15:52.2	35:47.0	5:46.3
897	61	6	DRACO	Concha Acústica	6:54:59.4	35:37.4	35:37.4	3:47.4

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

OCTETO MASCULINO				C.O.	07:26:31.2	1:07:09.2	31:31.8	4:30.3	
				Camara Legislativa	07:57:21.5	1:37:59.5	30:50.3	4:32.1	
				Parque Lago Norte	08:15:53.0	1:56:31.0	18:31.5	4:37.9	
				Clube do Congresso	08:55:26.5	2:36:04.5	39:33.5	4:04.7	
				Deck Norte	09:36:50.0	3:17:28.0	41:23.5	4:55.7	
				Piscinão	10:19:13.0	3:59:51.0	42:23.0	5:06.4	
				Parque Paranoa	10:56:22.1	4:37:00.1	37:09.1	4:53.3	
				Ermida Dom Bosco	11:26:29.6	5:07:07.6	30:07.5	5:01.3	
				Ponte JK	12:08:13.0	5:48:51.0	41:43.4	5:33.8	
				Igreja	12:48:49.1	6:29:27.1	40:36.1	5:04.5	
				Pontao	13:02:53.3	6:43:31.3	14:04.2	4:32.3	
				L2 Sul	13:35:21.2	7:15:59.2	32:27.9	4:03.5	
				Chegada	14:06:12.4	7:46:50.4	30:51.2	4:58.6	
898	133	31	CORREDORES DO BRB	Concha Acústica	7:02:22.3	43:00.3	43:00.3	4:34.5	
				OCTETO MISTO	C.O.	07:41:06.0	1:21:44.0	38:43.7	5:31.*
				Camara Legislativa	08:21:32.1	2:02:10.1	40:26.1	5:56.8	
				Parque Lago Norte	08:41:31.3	2:22:09.3	19:59.2	4:59.8	
				Clube do Congresso	09:21:25.3	3:02:03.3	39:54.0	4:06.8	
				Deck Norte	10:02:40.2	3:43:18.2	41:14.9	4:54.6	
				Piscinão	10:59:39.0	4:40:17.0	56:58.8	6:51.9	
				Parque Paranoa	11:41:26.5	5:22:04.5	41:47.5	5:29.9	
				Ermida Dom Bosco	12:10:25.3	5:51:03.3	28:58.8	4:49.8	
				Ponte JK	12:46:08.0	6:26:46.0	35:42.7	4:45.7	
				Igreja	13:31:21.2	7:11:59.2	45:13.2	5:39.2	
				Pontao	13:48:13.2	7:28:51.2	16:52.0	5:26.5	
				L2 Sul	14:31:32.2	8:12:10.2	43:19.0	5:24.9	
				Chegada	15:08:13.0	8:48:51.0	36:40.8	5:54.*	
900	228	87	VIDA ATIVA	Concha Acústica	7:28:34.5	1:09:12.5	1:09:12.5	7:21.8	
				OCTETO MISTO	C.O.	08:15:55.1	1:56:33.1	47:20.6	6:45.8
				Camara Legislativa	08:57:34.0	2:38:12.0	41:38.9	6:07.5	
				Parque Lago Norte	09:21:15.3	3:01:53.3	23:41.3	5:55.3	
				Clube do Congresso	10:13:36.0	3:54:14.0	52:20.7	5:23.8	
				Deck Norte	10:55:03.0	4:35:41.0	41:27.0	4:56.1	
				Piscinão	11:36:20.5	5:16:58.5	41:17.5	4:58.5	
				Parque Paranoa	12:17:54.2	5:58:32.2	41:33.7	5:28.1	
				Ermida Dom Bosco	12:56:03.5	6:36:41.5	38:09.3	6:21.6	
				Ponte JK	13:43:57.5	7:24:35.5	47:54.0	6:23.2	
				Igreja	14:21:20.4	8:01:58.4	37:22.9	4:40.4	

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	14:39:00.0	8:19:38.0	17:39.6	5:41.8
				L2 Sul	15:23:59.4	9:04:37.4	44:59.4	5:37.4
				Chegada	16:00:48.6	9:41:26.6	36:49.2	5:56.3
903	157	48	TIME ASSESSORIA ESPORTIVA 2 OCTETO MISTO	Concha Acústica	7:11:59.2	52:37.2	52:37.2	5:35.9
				C.O.	07:48:02.4	1:28:40.4	36:03.2	5:09.0
				Camara Legislativa	08:25:05.2	2:05:43.2	37:02.8	5:26.9
				Parque Lago Norte	08:42:42.2	2:23:20.2	17:37.0	4:24.3
				Clube do Congresso	09:32:12.5	3:12:50.5	49:30.3	5:06.2
				Deck Norte	10:11:56.5	3:52:34.5	39:44.0	4:43.8
				Piscinão	11:01:55.3	4:42:33.3	49:58.8	6:01.3
				Parque Paranoa	11:44:42.6	5:25:20.6	42:47.3	5:37.8
				Ermida Dom Bosco	12:16:58.1	5:57:36.1	32:15.5	5:22.6
				Ponte JK	12:58:15.0	6:38:53.0	41:16.9	5:30.3
				Igreja	13:43:52.2	7:24:30.2	45:37.2	5:42.2
				Pontao	13:59:55.1	7:40:33.1	16:02.9	5:10.6
				L2 Sul	14:38:41.1	8:19:19.1	38:46.0	4:50.8
				Chegada	15:16:57.1	8:57:35.1	38:16.0	6:10.3
904	24	1	CCOMGEX POLICIAL/MILITAR	Concha Acústica	7:38:24.5	36:15.5	36:15.5	3:51.4
				C.O.	08:07:26.3	1:05:17.3	29:01.8	4:08.8
				Camara Legislativa	08:35:40.4	1:33:31.4	28:14.1	4:09.1
				Parque Lago Norte	08:56:04.4	1:53:55.4	20:24.0	5:06.0
				Clube do Congresso	09:33:07.1	2:30:58.1	37:02.7	3:49.1
				Deck Norte	10:02:42.1	3:00:33.1	29:35.0	3:31.3
				Piscinão	10:40:17.2	3:38:08.2	37:35.1	4:31.7
				Parque Paranoa	11:10:07.5	4:07:58.5	29:50.3	3:55.6
				Ermida Dom Bosco	11:33:19.4	4:31:10.4	23:11.9	3:51.*
				Ponte JK	12:06:34.2	5:04:25.2	33:14.8	4:25.*
				Igreja	12:36:04.1	5:33:55.1	29:29.9	3:41.2
				Pontao	12:50:47.3	5:48:38.3	14:43.2	4:44.9
				L2 Sul	13:21:16.1	6:19:07.1	30:28.8	3:48.6
				Chegada	13:48:26.3	6:46:17.3	27:10.2	4:22.9
906	198	17	INVICTUS OCTETO MASCULINO	Concha Acústica	7:07:23.2	48:01.2	48:01.2	5:06.5
				C.O.	07:47:48.4	1:28:26.4	40:25.2	5:46.5
				Camara Legislativa	08:28:33.2	2:09:11.2	40:44.8	5:59.5
				Parque Lago Norte	08:49:49.0	2:30:27.0	21:15.8	5:18.*
				Clube do Congresso	09:35:52.0	3:16:30.0	46:03.0	4:44.8
				Deck Norte	10:15:48.0	3:56:26.0	39:56.0	4:45.2

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:10:56.4	4:51:34.4	55:08.4	6:38.6
				Parque Paranoa	11:54:17.3	5:34:55.3	43:20.9	5:42.2
				Ermida Dom Bosco	12:30:30.3	6:11:08.3	36:13.0	6:02.2
				Ponte JK	13:11:50.5	6:52:28.5	41:20.2	5:30.7
				Igreja	13:59:04.0	7:39:42.0	47:13.5	5:54.2
				Pontao	14:16:14.5	7:56:52.5	17:10.5	5:32.4
				L2 Sul	15:01:46.2	8:42:24.2	45:31.7	5:41.5
				Chegada	15:41:02.5	9:21:40.5	39:16.3	6:20.0
907	211	78	PAPA-LEGUAS DO PLANALTO OCTETO MISTO	Concha Acústica	7:00:57.2	41:35.2	41:35.2	4:25.4
				C.O.	07:43:44.3	1:24:22.3	42:47.1	6:06.7
				Camara Legislativa	08:23:35.3	2:04:13.3	39:51.0	5:51.6
				Parque Lago Norte	08:45:33.4	2:26:11.4	21:58.1	5:29.5
				Clube do Congresso	09:43:18.2	3:23:56.2	57:44.8	5:57.2
				Deck Norte	10:28:09.3	4:08:47.3	44:51.1	5:20.4
				Piscinão	11:17:29.4	4:58:07.4	49:20.1	5:56.6
				Parque Paranoa	12:04:54.2	5:45:32.2	47:24.8	6:14.3
				Ermida Dom Bosco	12:40:26.1	6:21:04.1	35:31.9	5:55.3
				Ponte JK	13:19:00.3	6:59:38.3	38:34.2	5:08.6
				Igreja	14:07:45.2	7:48:23.2	48:44.9	6:05.6
				Pontao	14:25:29.4	8:06:07.4	17:44.2	5:43.3
				L2 Sul	15:10:38.4	8:51:16.4	45:09.0	5:38.6
				Chegada	15:50:15.0	9:30:53.0	39:36.6	6:23.3
908	41	3	COMPANHIA DE COMANDO DA 11A. REGIAO MILI POLICIAL/MILITAR	Concha Acústica	7:36:36.1	34:27.1	34:27.1	3:39.9
				C.O.	08:06:46.2	1:04:37.2	30:10.1	4:18.6
				Camara Legislativa	08:37:20.5	1:35:11.5	30:34.3	4:29.8
				Parque Lago Norte	08:56:08.4	1:53:59.4	18:47.9	4:41.*
				Clube do Congresso	09:46:09.2	2:44:00.2	50:00.8	5:09.4
				Deck Norte	10:16:28.4	3:14:19.4	30:19.2	3:36.6
				Piscinão	10:51:49.4	3:49:40.4	35:21.0	4:15.5
				Parque Paranoa	11:25:01.6	4:22:52.6	33:12.2	4:22.1
				Ermida Dom Bosco	11:52:02.5	4:49:53.5	27:00.9	4:30.2
				Ponte JK	12:25:17.4	5:23:08.4	33:14.9	4:25.*
				Igreja	12:58:33.0	5:56:24.0	33:15.6	4:09.5
				Pontao	13:15:08.0	6:12:59.0	16:35.0	5:20.*
				L2 Sul	13:51:24.5	6:49:15.5	36:16.5	4:32.1
				Chegada	14:23:00.6	7:20:51.6	31:36.1	5:05.8
909	80	6	COMANDO DA 11A. REGIAO MILITAR	Concha Acústica	7:44:35.2	42:26.2	42:26.2	4:30.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			POLICIAL/MILITAR	C.O.	08:18:10.5	1:16:01.5	33:35.3	4:47.9
				Camara Legislativa	08:53:44.0	1:51:35.0	35:33.5	5:13.8
				Parque Lago Norte	09:16:24.0	2:14:15.0	22:40.0	5:40.0
				Clube do Congresso	09:59:09.2	2:57:00.2	42:45.2	4:24.5
				Deck Norte	10:35:08.4	3:32:59.4	35:59.2	4:17.0
				Piscinão	11:14:58.6	4:12:49.6	39:50.2	4:47.*
				Parque Paranoa	11:50:55.3	4:48:46.3	35:56.7	4:43.8
				Ermida Dom Bosco	12:22:25.0	5:20:16.0	31:29.7	5:14.*
				Ponte JK	13:04:32.4	6:02:23.4	42:07.4	5:36.*
				Igreja	13:40:56.4	6:38:47.4	36:24.0	4:33.0
				Pontao	13:57:10.5	6:55:01.5	16:14.1	5:14.2
				L2 Sul	14:33:31.1	7:31:22.1	36:20.6	4:32.6
				Chegada	15:07:57.5	8:05:48.5	34:26.4	5:33.3
910	202	8	EQUIPE X - SOB CONTROLE OCTETO ECO	Concha Acústica	7:03:59.3	44:37.3	44:37.3	4:44.8
				C.O.	07:40:03.5	1:20:41.5	36:04.2	5:09.2
				Camara Legislativa	08:21:40.5	2:02:18.5	41:37.0	6:07.2
				Parque Lago Norte	08:45:37.4	2:26:15.4	23:56.9	5:59.2
				Clube do Congresso	09:36:10.5	3:16:48.5	50:33.1	5:12.7
				Deck Norte	10:23:12.5	4:03:50.5	47:02.0	5:35.*
				Piscinão	11:03:27.0	4:44:05.0	40:14.5	4:50.9
				Parque Paranoa	11:54:31.0	5:35:09.0	51:04.0	6:43.2
				Ermida Dom Bosco	12:28:46.0	6:09:24.0	34:15.0	5:42.5
				Ponte JK	13:21:13.1	7:01:51.1	52:27.1	6:59.6
				Igreja	14:11:34.4	7:52:12.4	50:21.3	6:17.7
				Pontao	14:26:24.5	8:07:02.5	14:50.1	4:47.1
				L2 Sul	15:05:26.2	8:46:04.2	39:01.7	4:52.7
				Chegada	15:42:09.5	9:22:47.5	36:43.3	5:55.4
911	81	7	ACUAS RUNNERS OCTOPUS OCTETO MISTO	Concha Acústica	6:56:41.0	37:19.0	37:19.0	3:58.2
				C.O.	07:24:40.0	1:05:18.0	27:59.0	3:59.9
				Camara Legislativa	07:59:04.1	1:39:42.1	34:24.1	5:03.5
				Parque Lago Norte	08:16:39.1	1:57:17.1	17:35.0	4:23.8
				Clube do Congresso	09:05:32.3	2:46:10.3	48:53.2	5:02.4
				Deck Norte	09:50:56.1	3:31:34.1	45:23.8	5:24.3
				Piscinão	10:35:37.1	4:16:15.1	44:41.0	5:23.0
				Parque Paranoa	11:17:33.1	4:58:11.1	41:56.0	5:31.1
				Ermida Dom Bosco	11:44:00.0	5:24:38.0	26:26.9	4:24.5
				Ponte JK	12:17:51.2	5:58:29.2	33:51.2	4:30.8
				Igreja	12:54:54.1	6:35:32.1	37:02.9	4:37.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:08:56.6	6:49:34.6	14:02.5	4:31.8
				L2 Sul	13:50:35.1	7:31:13.1	41:38.5	5:12.3
				Chegada	14:25:39.3	8:06:17.3	35:04.2	5:39.4
912	179	59	NOVATOS IATE/QUERO-QUERO OCTETO MISTO	Concha Acústica	7:01:17.1	41:55.1	41:55.1	4:27.6
				C.O.	07:40:08.5	1:20:46.5	38:51.4	5:33.1
				Camara Legislativa	08:14:55.5	1:55:33.5	34:47.0	5:06.9
				Parque Lago Norte	08:37:17.2	2:17:55.2	22:21.7	5:35.4
				Clube do Congresso	09:22:55.2	3:03:33.2	45:38.0	4:42.3
				Deck Norte	10:14:55.1	3:55:33.1	51:59.9	6:11.4
				Piscinão	11:02:32.4	4:43:10.4	47:37.3	5:44.3
				Parque Paranoa	11:54:16.0	5:34:54.0	51:43.6	6:48.4
				Ermida Dom Bosco	12:24:16.5	6:04:54.5	30:00.5	5:00.1
				Ponte JK	13:07:06.4	6:47:44.4	42:49.9	5:42.7
				Igreja	13:46:07.1	7:26:45.1	39:00.7	4:52.6
				Pontao	14:02:51.0	7:43:29.0	16:43.9	5:23.8
				L2 Sul	14:49:49.6	8:30:27.6	46:58.6	5:52.3
				Chegada	15:31:12.6	9:11:50.6	41:23.0	6:40.5
913	126	26	SAGAZ DO CERRADO 2 OCTETO MISTO	Concha Acústica	7:04:00.2	44:38.2	44:38.2	4:44.9
				C.O.	07:33:40.0	1:14:18.0	29:39.8	4:14.3
				Camara Legislativa	08:09:57.7	1:50:35.7	36:17.7	5:20.3
				Parque Lago Norte	08:32:30.3	2:13:08.3	22:32.6	5:38.2
				Clube do Congresso	09:26:04.4	3:06:42.4	53:34.1	5:31.4
				Deck Norte	10:06:14.1	3:46:52.1	40:09.7	4:46.9
				Piscinão	10:57:26.1	4:38:04.1	51:12.0	6:10.1
				Parque Paranoa	11:37:41.5	5:18:19.5	40:15.4	5:17.8
				Ermida Dom Bosco	12:10:13.5	5:50:51.5	32:32.0	5:25.3
				Ponte JK	12:46:47.0	6:27:25.0	36:33.5	4:52.5
				Igreja	13:29:56.2	7:10:34.2	43:09.2	5:23.7
				Pontao	13:47:18.0	7:27:56.0	17:21.8	5:36.1
				L2 Sul	14:28:24.1	8:09:02.1	41:06.1	5:08.3
				Chegada	15:04:49.4	8:45:27.4	36:25.3	5:52.5
915	216	11	PANGARE OCTETO ECO	Concha Acústica	7:02:21.3	42:59.3	42:59.3	4:34.4
				C.O.	07:43:02.0	1:23:40.0	40:40.7	5:48.7
				Camara Legislativa	08:30:16.3	2:10:54.3	47:14.3	6:56.8
				Parque Lago Norte	08:59:09.2	2:39:47.2	28:52.9	7:13.2
				Clube do Congresso	09:38:01.1	3:18:39.1	38:51.9	4:00.4
				Deck Norte	10:21:38.4	4:02:16.4	43:37.3	5:11.6

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:04:42.4	4:45:20.4	43:04.0	5:11.3
				Parque Paranoa	12:06:01.4	5:46:39.4	1:01:19.0	8:04.1
				Ermida Dom Bosco	12:45:13.4	6:25:51.4	39:12.0	6:32.0
				Ponte JK	13:30:14.3	7:10:52.3	45:00.9	6:00.1
				Igreja	14:23:11.2	8:03:49.2	52:56.9	6:37.1
				Pontao	14:40:46.5	8:21:24.5	17:35.3	5:40.4
				L2 Sul	15:21:08.5	9:01:46.5	40:22.0	5:02.8
				Chegada	15:53:19.2	9:33:57.2	32:10.7	5:11.4
916	215	10	PANGARE II OCTETO ECO	Concha Acústica	7:03:21.1	43:59.1	43:59.1	4:40.8
				C.O.	07:41:22.3	1:22:00.3	38:01.2	5:25.9
				Camara Legislativa	08:26:03.2	2:06:41.2	44:40.9	6:34.3
				Parque Lago Norte	08:54:44.3	2:35:22.3	28:41.1	7:10.3
				Clube do Congresso	09:38:35.3	3:19:13.3	43:51.0	4:31.2
				Deck Norte	10:17:49.0	3:58:27.0	39:13.7	4:40.2
				Piscinão	11:03:45.4	4:44:23.4	45:56.4	5:32.1
				Parque Paranoa	11:54:12.4	5:34:50.4	50:27.0	6:38.3
				Ermida Dom Bosco	12:32:22.4	6:13:00.4	38:10.0	6:21.7
				Ponte JK	13:14:41.5	6:55:19.5	42:19.1	5:38.5
				Igreja	14:02:53.4	7:43:31.4	48:11.9	6:01.5
				Pontao	14:26:54.5	8:07:32.5	24:01.1	7:44.9
				L2 Sul	15:08:16.0	8:48:54.0	41:21.5	5:10.2
				Chegada	15:53:14.4	9:33:52.4	44:58.4	7:15.2
917	156	47	LOUCOS OU LENDAS OCTETO MISTO	Concha Acústica	6:59:45.2	40:23.2	40:23.2	4:17.8
				C.O.	07:33:30.3	1:14:08.3	33:45.1	4:49.3
				Camara Legislativa	08:09:04.4	1:49:42.4	35:34.1	5:13.8
				Parque Lago Norte	08:34:14.2	2:14:52.2	25:09.8	6:17.5
				Clube do Congresso	09:19:34.2	3:00:12.2	45:20.0	4:40.4
				Deck Norte	09:59:59.5	3:40:37.5	40:25.3	4:48.7
				Piscinão	10:43:59.3	4:24:37.3	43:59.8	5:18.0
				Parque Paranoa	11:22:51.0	5:03:29.0	38:51.7	5:06.8
				Ermida Dom Bosco	11:51:45.0	5:32:23.0	28:54.0	4:49.0
				Ponte JK	12:41:48.4	6:22:26.4	50:03.4	6:40.5
				Igreja	13:25:13.2	7:05:51.2	43:24.8	5:25.6
				Pontao	13:43:34.0	7:24:12.0	18:20.8	5:55.1
				L2 Sul	14:32:06.3	8:12:44.3	48:32.3	6:04.0
				Chegada	15:16:25.2	8:57:03.2	44:18.9	7:08.9
918	152	43	TRANSPIRACAO POUPEX 2	Concha Acústica	6:57:13.4	37:51.4	37:51.4	4:01.6

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			OCTETO MISTO	C.O.	07:35:21.3	1:15:59.3	38:07.9	5:26.8
				Camara Legislativa	08:22:45.1	2:03:23.1	47:23.8	6:58.2
				Parque Lago Norte	08:40:07.5	2:20:45.5	17:22.4	4:20.6
				Clube do Congresso	09:24:39.5	3:05:17.5	44:32.0	4:35.5
				Deck Norte	10:13:18.3	3:53:56.3	48:38.8	5:47.5
				Piscinão	11:05:42.6	4:46:20.6	52:24.3	6:18.8
				Parque Paranoa	11:38:42.2	5:19:20.2	32:59.6	4:20.5
				Ermida Dom Bosco	12:05:23.5	5:46:01.5	26:41.3	4:26.9
				Ponte JK	12:45:41.6	6:26:19.6	40:18.1	5:22.4
				Igreja	13:39:57.4	7:20:35.4	54:15.8	6:46.*
				Pontao	13:59:38.5	7:40:16.5	19:41.1	6:21.0
				L2 Sul	14:35:18.5	8:15:56.5	35:40.0	4:27.5
				Chegada	15:14:24.6	8:55:02.6	39:06.1	6:18.4
919	151	42	TRANSPIRACAO POUPEX 1	Concha Acústica	6:55:01.3	35:39.3	35:39.3	3:47.6
			OCTETO MISTO	C.O.	07:32:50:0	1:13:28.0	37:48.7	5:24.1
				Camara Legislativa	08:22:45:2	2:03:23.2	49:55.2	7:20.5
				Parque Lago Norte	08:40:06:5	2:20:44.5	17:21.3	4:20.3
				Clube do Congresso	09:24:40:3	3:05:18.3	44:33.8	4:35.6
				Deck Norte	10:07:14:0	3:47:52.0	42:33.7	5:04.0
				Piscinão	11:04:35:1	4:45:13.1	57:21.1	6:54.6
				Parque Paranoa	11:43:00:3	5:23:38.3	38:25.2	5:03.3
				Ermida Dom Bosco	12:08:34:5	5:49:12.5	25:34.2	4:15.7
				Ponte JK	12:51:08:4	6:31:46.4	42:33.9	5:40.5
				Igreja	13:39:58.5	7:20:36.5	48:50.1	6:06.3
				Pontao	13:59:38:0	7:40:16.0	19:39.5	6:20.5
				L2 Sul	14:35:19:1	8:15:57.1	35:41.1	4:27.6
				Chegada	15:14:23.5	8:55:01.5	39:04.4	6:18.1
920	124	24	RAFIK	Concha Acústica	6:57:00.3	37:38.3	37:38.3	4:00.2
			OCTETO MISTO	C.O.	07:39:44:2	1:20:22.2	42:43.9	6:06.3
				Camara Legislativa	08:15:08:8	1:55:46.8	35:24.6	5:12.4
				Parque Lago Norte	08:36:46:0	2:17:24.0	21:37.2	5:24.3
				Clube do Congresso	09:33:16:4	3:13:54.4	56:30.4	5:49.5
				Deck Norte	10:09:18:4	3:49:56.4	36:02.0	4:17.4
				Piscinão	10:51:39:3	4:32:17.3	42:20.9	5:06.1
				Parque Paranoa	11:32:18:1	5:12:56.1	40:38.8	5:20.9
				Ermida Dom Bosco	12:00:26:3	5:41:04.3	28:08.2	4:41.4
				Ponte JK	12:47:59:5	6:28:37.5	47:33.2	6:20.4
				Igreja	13:29:02.3	7:09:40.3	41:02.8	5:07.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:45:55.5	7:26:33.5	16:53.2	5:26.8
				L2 Sul	14:25:36.4	8:06:14.4	39:40.9	4:57.6
				Chegada	15:04:13.5	8:44:51.5	38:37.1	6:13.7
921	190	68	APICE OCTETO III OCTETO MISTO	Concha Acústica	7:13:58.3	54:36.3	54:36.3	5:48.5
				C.O.	07:57:03.5	1:37:41.5	43:05.2	6:09.3
				Camara Legislativa	08:38:26.1	2:19:04.1	41:22.6	6:05.1
				Parque Lago Norte	09:05:41.0	2:46:19.0	27:14.9	6:48.7
				Clube do Congresso	10:06:55.1	3:47:33.1	1:01:14.1	6:18.8
				Deck Norte	10:50:35.0	4:31:13.0	43:39.9	5:11.9
				Piscinão	11:39:06.0	5:19:44.0	48:31.0	5:50.7
				Parque Paranoa	12:09:12.5	5:49:50.5	30:06.5	3:57.7
				Ermida Dom Bosco	12:36:55.4	6:17:33.4	27:42.9	4:37.2
				Ponte JK	13:34:00.0	7:14:38.0	57:04.6	7:36.6
				Igreja	14:17:41.2	7:58:19.2	43:41.2	5:27.7
				Pontao	14:34:04.2	8:14:42.2	16:23.0	5:17.1
				L2 Sul	15:11:45.0	8:52:23.0	37:40.8	4:42.6
				Chegada	15:38:47.3	9:19:25.3	27:02.3	4:21.7
922	114	7	TOPA TUDO POLICIAL/MILITAR	Concha Acústica	7:42:46.5	40:37.5	40:37.5	4:19.3
				C.O.	08:11:22.3	1:09:13.3	28:35.8	4:05.1
				Camara Legislativa	08:57:52.1	1:55:43.1	46:29.8	6:50.3
				Parque Lago Norte	09:15:42.0	2:13:33.0	17:49.9	4:27.5
				Clube do Congresso	10:02:50.4	3:00:41.4	47:08.4	4:51.6
				Deck Norte	10:50:32.2	3:48:23.2	47:41.8	5:40.7
				Piscinão	11:37:33.2	4:35:24.2	47:01.0	5:39.9
				Parque Paranoa	12:12:02.3	5:09:53.3	34:29.1	4:32.3
				Ermida Dom Bosco	12:40:59.6	5:38:50.6	28:57.3	4:49.6
				Ponte JK	13:22:34.1	6:20:25.1	41:34.5	5:32.6
				Igreja	14:00:49.0	6:58:40.0	38:14.9	4:46.9
				Pontao	14:17:38.3	7:15:29.3	16:49.3	5:25.6
				L2 Sul	15:08:38.5	8:06:29.5	51:00.2	6:22.5
				Chegada	15:40:14.0	8:38:05.0	31:35.5	5:05.7
923	154	45	EQUIPE METABOLISMO II OCTETO MISTO	Concha Acústica	6:59:47.1	40:25.1	40:25.1	4:17.*
				C.O.	07:36:46.2	1:17:24.2	36:59.1	5:17.0
				Camara Legislativa	08:22:26.2	2:03:04.2	45:40.0	6:42.9
				Parque Lago Norte	08:42:53.4	2:23:31.4	20:27.2	5:06.8
				Clube do Congresso	09:23:08.3	3:03:46.3	40:14.9	4:08.*
				Deck Norte	10:02:14.5	3:42:52.5	39:06.2	4:39.3

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	10:46:35.1	4:27:13.1	44:20.6	5:20.6
				Parque Paranoa	11:28:21.2	5:08:59.2	41:46.1	5:29.8
				Ermida Dom Bosco	11:54:41.5	5:35:19.5	26:20.3	4:23.4
				Ponte JK	12:36:02.2	6:16:40.2	41:20.7	5:30.8
				Igreja	13:21:05.5	7:01:43.5	45:03.3	5:37.9
				Pontao	13:36:11.0	7:16:49.0	15:05.5	4:52.1
				L2 Sul	14:32:20.2	8:12:58.2	56:09.2	7:01.2
				Chegada	15:15:52.5	8:56:30.5	43:32.3	7:01.3
924	186	65	EQUIPE METABOLISMO I OCTETO MISTO	Concha Acústica	7:14:34.1	55:12.1	55:12.1	5:52.4
				C.O.	07:54:04.0	1:34:42.0	39:29.9	5:38.6
				Camara Legislativa	08:30:44.0	2:11:22.0	36:40.0	5:23.5
				Parque Lago Norte	08:53:00.3	2:33:38.3	22:16.3	5:34.1
				Clube do Congresso	09:36:13.0	3:16:51.0	43:12.7	4:27.3
				Deck Norte	10:20:09.2	4:00:47.2	43:56.2	5:13.8
				Piscinão	11:07:24.0	4:48:02.0	47:14.8	5:41.5
				Parque Paranoa	11:44:34.2	5:25:12.2	37:10.2	4:53.4
				Ermida Dom Bosco	12:13:16.2	5:53:54.2	28:42.0	4:47.0
				Ponte JK	13:02:17.4	6:42:55.4	49:01.2	6:32.2
				Igreja	13:48:21.5	7:28:59.5	46:04.1	5:45.5
				Pontao	14:02:31.6	7:43:09.6	14:10.1	4:34.2
				L2 Sul	14:53:11.3	8:33:49.3	50:39.7	6:19.*
				Chegada	15:37:24.0	9:18:02.0	44:12.7	7:07.9
925	6	1	POUPEX - A. DALMO RIBEIRO - SO OLEO - SU OCTETO MASCULINO	Concha Acústica	8:30:11.0	26:34.0	26:34.0	2:49.6
				C.O.	08:52:13.2	48:36.2	22:02.2	3:08.9
				Camara Legislativa	09:15:43.2	1:12:06.2	23:30.0	3:27.4
				Parque Lago Norte	09:29:29.3	1:25:52.3	13:46.1	3:26.5
				Clube do Congresso	10:02:24.0	1:58:47.0	32:54.7	3:23.6
				Deck Norte	10:29:00.5	2:25:23.5	26:36.5	3:10.1
				Piscinão	10:58:56.4	2:55:19.4	29:55.9	3:36.4
				Parque Paranoa	11:23:46.4	3:20:09.4	24:50.0	3:16.1
				Ermida Dom Bosco	11:43:02.1	3:39:25.1	19:15.7	3:12.6
				Ponte JK	12:10:38.3	4:07:01.3	27:36.2	3:40.8
				Igreja	12:35:54.3	4:32:17.3	25:16.0	3:09.5
				Pontao	12:45:27.3	4:41:50.3	9:33.0	3:04.8
				L2 Sul	13:11:56.2	5:08:19.2	26:28.9	3:18.6
				Chegada	13:36:05.6	5:32:28.6	24:09.4	3:53.8
926	131	29	EQUIPE CONCORD III	Concha Acústica	7:08:44.3	49:22.3	49:22.3	5:15.1

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			OCTETO MISTO	C.O.	07:41:58.3	1:22:36.3	33:14.0	4:44.9
				Camara Legislativa	08:17:59.5	1:58:37.5	36:01.2	5:17.8
				Parque Lago Norte	08:37:08.2	2:17:46.2	19:08.7	4:47.2
				Clube do Congresso	09:43:37.1	3:24:15.1	1:06:28.9	6:51.2
				Deck Norte	10:20:17.4	4:00:55.4	36:40.3	4:21.9
				Piscinão	11:13:30.0	4:54:08.0	53:12.6	6:24.7
				Parque Paranoa	11:51:50.2	5:32:28.2	38:20.2	5:02.7
				Ermida Dom Bosco	12:21:06.2	6:01:44.2	29:16.0	4:52.7
				Ponte JK	12:57:18.6	6:37:56.6	36:12.4	4:49.7
				Igreja	13:35:10.0	7:15:48.0	37:51.4	4:43.9
				Pontao	13:56:29.5	7:37:07.5	21:19.5	6:52.7
				L2 Sul	14:33:59.4	8:14:37.4	37:29.9	4:41.2
				Chegada	15:08:09.2	8:48:47.2	34:09.8	5:30.6
927	250	98	APICE AZUL OCTETO MISTO	Concha Acústica	7:07:44.5	48:22.5	48:22.5	5:08.8
				C.O.	07:44:14.4	1:24:52.4	36:29.9	5:12.8
				Camara Legislativa	08:25:11.5	2:05:49.5	40:57.1	6:01.3
				Parque Lago Norte	08:56:03.5	2:36:41.5	30:52.0	7:43.0
				Clube do Congresso	09:57:33.4	3:38:11.4	1:01:29.9	6:20.4
				Deck Norte	11:01:57.0	4:42:35.0	1:04:23.6	7:39.*
				Piscinão	11:58:42.2	5:39:20.2	56:45.2	6:50.3
				Parque Paranoa	12:36:35.5	6:17:13.5	37:53.3	4:59.1
				Ermida Dom Bosco	13:12:36.0	6:53:14.0	36:00.5	6:00.1
				Ponte JK	14:01:43.1	7:42:21.1	49:07.1	6:32.9
				Igreja	14:41:57.2	8:22:35.2	40:14.1	5:01.8
				Pontao	15:04:33.0	8:45:11.0	22:35.8	7:17.4
				L2 Sul	15:54:26.2	9:35:04.2	49:53.2	6:14.2
				Chegada	16:32:52.0	10:13:30.0	38:25.8	6:11.9
928	103	8	UNO & DUE OCTETO MASCULINO	Concha Acústica	7:15:42.2	56:20.2	56:20.2	5:59.6
				C.O.	07:47:10.4	1:27:48.4	31:28.2	4:29.7
				Camara Legislativa	08:22:54.5	2:03:32.5	35:44.1	5:15.3
				Parque Lago Norte	08:40:17.0	2:20:55.0	17:22.5	4:20.6
				Clube do Congresso	09:31:50.4	3:12:28.4	51:33.4	5:18.9
				Deck Norte	10:09:06.2	3:49:44.2	37:15.8	4:26.2
				Piscinão	10:54:01.5	4:34:39.5	44:55.3	5:24.7
				Parque Paranoa	11:36:13.2	5:16:51.2	42:11.7	5:33.1
				Ermida Dom Bosco	12:04:04.0	5:44:42.0	27:50.8	4:38.5
				Ponte JK	12:43:53.0	6:24:31.0	39:49.0	5:18.5
				Igreja	13:21:16.2	7:01:54.2	37:23.2	4:40.4

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:35:40.5	7:16:18.5	14:24.3	4:38.8
				L2 Sul	14:14:25.1	7:55:03.1	38:44.6	4:50.6
				Chegada	14:48:42.0	8:29:20.0	34:16.9	5:31.8
930	96	14	PEGA E VAZA 1 OCTETO MISTO	Concha Acústica	6:59:57.1	40:35.1	40:35.1	4:19.1
				C.O.	07:33:18.1	1:13:56.1	33:21.0	4:45.9
				Camara Legislativa	08:07:00.0	1:47:38.0	33:41.9	4:57.3
				Parque Lago Norte	08:27:20.0	2:07:58.0	20:20.0	5:05.0
				Clube do Congresso	09:19:02.1	2:59:40.1	51:42.1	5:19.8
				Deck Norte	09:59:55.5	3:40:33.5	40:53.4	4:52.1
				Piscinão	10:42:53.5	4:23:31.5	42:58.0	5:10.6
				Parque Paranoa	11:18:59.5	4:59:37.5	36:06.0	4:45.0
				Ermida Dom Bosco	11:48:29.4	5:29:07.4	29:29.9	4:54.*
				Ponte JK	12:28:03.2	6:08:41.2	39:33.8	5:16.5
				Igreja	13:10:41.2	6:51:19.2	42:38.0	5:19.8
				Pontao	13:25:03.0	7:05:41.0	14:21.8	4:38.0
				L2 Sul	14:02:36.3	7:43:14.3	37:33.3	4:41.7
				Chegada	14:37:49.4	8:18:27.4	35:13.1	5:40.8
932	118	22	CURSO DE ALTOS ESTUDOS OCTETO MISTO	Concha Acústica	7:04:57.2	45:35.2	45:35.2	4:50.*
				C.O.	07:39:26.3	1:20:04.3	34:29.1	4:55.6
				Camara Legislativa	08:14:33.3	1:55:11.3	35:07.0	5:09.9
				Parque Lago Norte	08:32:09.0	2:12:47.0	17:35.7	4:23.9
				Clube do Congresso	09:23:22.1	3:04:00.1	51:13.1	5:16.8
				Deck Norte	10:07:51.5	3:48:29.5	44:29.4	5:17.8
				Piscinão	10:48:46.4	4:29:24.4	40:54.9	4:55.8
				Parque Paranoa	11:26:32.1	5:07:10.1	37:45.7	4:58.1
				Ermida Dom Bosco	12:00:26.0	5:41:04.0	33:53.9	5:38.*
				Ponte JK	12:38:32.2	6:19:10.2	38:06.2	5:04.8
				Igreja	13:32:32.5	7:13:10.5	54:00.3	6:45.0
				Pontao	13:47:02.2	7:27:40.2	14:29.7	4:40.5
				L2 Sul	14:25:22.5	8:06:00.5	38:20.3	4:47.5
				Chegada	15:01:19.1	8:41:57.1	35:56.6	5:47.8
933	181	61	VOANDO BAIXO OCTETO MISTO	Concha Acústica	7:45:03.0	42:54.0	42:54.0	4:33.8
				C.O.	08:19:07.0	1:16:58.0	34:04.0	4:52.0
				Camara Legislativa	08:57:38.5	1:55:29.5	38:31.5	5:39.9
				Parque Lago Norte	09:16:45.1	2:14:36.1	19:06.6	4:46.7
				Clube do Congresso	10:14:38.1	3:12:29.1	57:53.0	5:58.0
				Deck Norte	11:04:00.0	4:01:51.0	49:21.9	5:52.6

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:49:04.2	4:46:55.2	45:04.2	5:25.8
				Parque Paranoa	12:30:30.1	5:28:21.1	41:25.9	5:27.1
				Ermida Dom Bosco	13:01:55.1	5:59:46.1	31:25.0	5:14.2
				Ponte JK	13:44:07.1	6:41:58.1	42:12.0	5:37.6
				Igreja	14:29:15.1	7:27:06.1	45:08.0	5:38.5
				Pontao	14:47:28.1	7:45:19.1	18:13.0	5:52.6
				L2 Sul	15:34:19.4	8:32:10.4	46:51.3	5:51.4
				Chegada	16:16:04.2	9:13:55.2	41:44.8	6:44.0
934	128	9	SEBO NAS CANELAS OCTETO MASCULINO	Concha Acústica	7:02:42.0	43:20.0	43:20.0	4:36.6
				C.O.	07:31:12.3	1:11:50.3	28:30.3	4:04.3
				Camara Legislativa	08:06:27.7	1:47:05.7	35:15.4	5:11.1
				Parque Lago Norte	08:27:12.4	2:07:50.4	20:44.7	5:11.2
				Clube do Congresso	09:22:22.2	3:03:00.2	55:09.8	5:41.2
				Deck Norte	10:08:15.0	3:48:53.0	45:52.8	5:27.7
				Piscinão	10:54:37.5	4:35:15.5	46:22.5	5:35.2
				Parque Paranoa	11:35:33.3	5:16:11.3	40:55.8	5:23.1
				Ermida Dom Bosco	12:07:22.3	5:48:00.3	31:49.0	5:18.2
				Ponte JK	12:43:05.1	6:23:43.1	35:42.8	4:45.7
				Igreja	13:30:25.0	7:11:03.0	47:19.9	5:54.*
				Pontao	13:44:58.3	7:25:36.3	14:33.3	4:41.7
				L2 Sul	14:28:08.2	8:08:46.2	43:09.9	5:23.7
				Chegada	15:06:50.2	8:47:28.2	38:42.0	6:14.5
935	164	13	BRB ATIVO OCTETO MASCULINO	Concha Acústica	7:05:20.5	45:58.5	45:58.5	4:53.5
				C.O.	07:39:33.5	1:20:11.5	34:13.0	4:53.3
				Camara Legislativa	08:20:48.5	2:01:26.5	41:15.0	6:03.*
				Parque Lago Norte	08:43:02.4	2:23:40.4	22:13.9	5:33.5
				Clube do Congresso	09:37:50.5	3:18:28.5	54:48.1	5:38.*
				Deck Norte	10:15:31.1	3:56:09.1	37:40.6	4:29.1
				Piscinão	10:56:25.4	4:37:03.4	40:54.3	4:55.7
				Parque Paranoa	11:37:40.5	5:18:18.5	41:15.1	5:25.7
				Ermida Dom Bosco	12:08:58.4	5:49:36.4	31:17.9	5:12.*
				Ponte JK	13:01:17.4	6:41:55.4	52:19.0	6:58.5
				Igreja	13:41:34.0	7:22:12.0	40:16.6	5:02.1
				Pontao	13:58:23.3	7:39:01.3	16:49.3	5:25.6
				L2 Sul	14:36:54.3	8:17:32.3	38:31.0	4:48.9
				Chegada	15:18:29.4	8:59:07.4	41:35.1	6:42.4
936	213	79	PANGARES DO CERRADO	Concha Acústica	7:05:17.5	45:55.5	45:55.5	4:53.1

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

OCTETO MISTO				C.O.	07:45:28:2	1:26:06.2	40:10.7	5:44.4
				Camara Legislativa	08:30:21:3	2:10:59.3	44:53.1	6:36.0
				Parque Lago Norte	08:53:58:4	2:34:36.4	23:37.1	5:54.3
				Clube do Congresso	09:40:04:1	3:20:42.1	46:05.7	4:45.1
				Deck Norte	10:14:43:3	3:55:21.3	34:39.2	4:07.5
				Piscinão	11:12:45:2	4:53:23.2	58:01.9	6:59.5
				Parque Paranoa	12:04:45:3	5:45:23.3	52:00.1	6:50.5
				Ermida Dom Bosco	12:33:41:1	6:14:19.1	28:55.8	4:49.3
				Ponte JK	13:20:02:5	7:00:40.5	46:21.4	6:10.9
				Igreja	13:58:42.2	7:39:20.2	38:39.7	4:49.*
				Pontao	14:18:18:0	7:58:56.0	19:35.8	6:19.3
				L2 Sul	15:07:32:5	8:48:10.5	49:14.5	6:09.3
				Chegada	15:51:46.5	9:32:24.5	44:14.0	7:08.1
937	218	12	CAIXA 1 OCTETO ECO	Concha Acústica	7:15:16.4	55:54.4	55:54.4	5:56.9
				C.O.	07:50:14:5	1:30:52.5	34:58.1	4:59.7
				Camara Legislativa	08:30:04:2	2:10:42.2	39:49.7	5:51.4
				Parque Lago Norte	08:52:28:8	2:33:06.8	22:24.6	5:36.2
				Clube do Congresso	09:41:03:0	3:21:41.0	48:34.2	5:00.4
				Deck Norte	10:22:09:0	4:02:47.0	41:06.0	4:53.6
				Piscinão	11:10:20:6	4:50:58.6	48:11.6	5:48.4
				Parque Paranoa	12:00:46:0	5:41:24.0	50:25.4	6:38.1
				Ermida Dom Bosco	12:42:58:2	6:23:36.2	42:12.2	7:02.0
				Ponte JK	13:27:48:4	7:08:26.4	44:50.2	5:58.7
				Igreja	14:08:35.4	7:49:13.4	40:47.0	5:05.9
				Pontao	14:26:46:5	8:07:24.5	18:11.1	5:51.*
				L2 Sul	15:11:22:4	8:52:00.4	44:35.9	5:34.5
				Chegada	15:53:36.0	9:34:14.0	42:13.6	6:48.6
938	247	21	CAIXA 2 OCTETO ECO	Concha Acústica	7:10:30.1	51:08.1	51:08.1	5:26.4
				C.O.	07:46:11:0	1:26:49.0	35:40.9	5:05.8
				Camara Legislativa	08:28:59:4	2:09:37.4	42:48.4	6:17.7
				Parque Lago Norte	08:55:47:4	2:36:25.4	26:48.0	6:42.0
				Clube do Congresso	09:49:23:0	3:30:01.0	53:35.6	5:31.5
				Deck Norte	10:38:13:0	4:18:51.0	48:50.0	5:48.8
				Piscinão	11:35:29:3	5:16:07.3	57:16.3	6:54.0
				Parque Paranoa	12:26:47:1	6:07:25.1	51:17.8	6:44.*
				Ermida Dom Bosco	13:07:30:1	6:48:08.1	40:43.0	6:47.2
				Ponte JK	14:04:03:6	7:44:41.6	56:33.5	7:32.5
				Igreja	14:53:14.5	8:33:52.5	49:10.9	6:08.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	15:13:43.2	8:54:21.2	20:28.7	6:36.4
				L2 Sul	15:59:09.0	9:39:47.0	45:25.8	5:40.7
				Chegada	16:32:39.3	10:13:17.3	33:30.3	5:24.2
939	143	11	FALA MEU BRUXO OCTETO MASCULINO	Concha Acústica	7:49:12.4	47:03.4	47:03.4	5:00.4
				C.O.	08:22:29.5	1:20:20.5	33:17.1	4:45.3
				Camara Legislativa	08:57:58.1	1:55:49.1	35:28.6	5:13.0
				Parque Lago Norte	09:17:40.2	2:15:31.2	19:42.1	4:55.5
				Clube do Congresso	10:06:08.5	3:03:59.5	48:28.3	4:59.8
				Deck Norte	10:53:03.3	3:50:54.3	46:54.8	5:35.1
				Piscinão	11:36:28.2	4:34:19.2	43:24.9	5:13.8
				Parque Paranoa	12:18:58.1	5:16:49.1	42:29.9	5:35.5
				Ermida Dom Bosco	12:50:14.3	5:48:05.3	31:16.2	5:12.7
				Ponte JK	13:32:30.5	6:30:21.5	42:16.2	5:38.2
				Igreja	14:14:55.3	7:12:46.3	42:24.8	5:18.1
				Pontao	14:31:12.4	7:29:03.4	16:17.1	5:15.2
				L2 Sul	15:16:09.0	8:14:00.0	44:56.6	5:37.1
				Chegada	15:54:21.5	8:52:12.5	38:12.5	6:09.8
941	162	52	ELEMENTAIS 1 OCTETO MISTO	Concha Acústica	6:56:34.4	37:12.4	37:12.4	3:57.5
				C.O.	07:29:19.1	1:09:57.1	32:44.7	4:40.7
				Camara Legislativa	08:12:39.9	1:53:17.9	43:20.8	6:22.5
				Parque Lago Norte	08:41:08.6	2:21:46.6	28:28.7	7:07.2
				Clube do Congresso	09:29:55.5	3:10:33.5	48:46.9	5:01.7
				Deck Norte	10:06:12.1	3:46:50.1	36:16.6	4:19.1
				Piscinão	11:01:20.4	4:41:58.4	55:08.3	6:38.6
				Parque Paranoa	11:44:55.6	5:25:33.6	43:35.2	5:44.1
				Ermida Dom Bosco	12:14:46.4	5:55:24.4	29:50.8	4:58.5
				Ponte JK	12:52:49.3	6:33:27.3	38:02.9	5:04.4
				Igreja	13:33:34.5	7:14:12.5	40:45.2	5:05.7
				Pontao	13:55:57.5	7:36:35.5	22:23.0	7:13.2
				L2 Sul	14:46:29.0	8:27:07.0	50:31.5	6:18.9
				Chegada	15:18:09.2	8:58:47.2	31:40.2	5:06.5
942	141	35	ELEMENTAIS 2 OCTETO MISTO	Concha Acústica	7:06:14.4	46:52.4	46:52.4	4:59.2
				C.O.	07:40:45.3	1:21:23.3	34:30.9	4:55.8
				Camara Legislativa	08:21:33.3	2:02:11.3	40:48.0	6:00.0
				Parque Lago Norte	08:43:50.5	2:24:28.5	22:17.2	5:34.3
				Clube do Congresso	09:36:27.4	3:17:05.4	52:36.9	5:25.5
				Deck Norte	10:15:17.5	3:55:55.5	38:50.1	4:37.4

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	10:55:44.3	4:36:22.3	40:26.8	4:52.4
				Parque Paranoa	11:35:33.1	5:16:11.1	39:48.8	5:14.3
				Ermida Dom Bosco	12:05:27.6	5:46:05.6	29:54.5	4:59.1
				Ponte JK	12:47:26.3	6:28:04.3	41:58.7	5:35.8
				Igreja	13:32:56.0	7:13:34.0	45:29.7	5:41.2
				Pontao	13:53:17.0	7:33:55.0	20:21.0	6:33.9
				L2 Sul	14:35:18.0	8:15:56.0	42:01.0	5:15.1
				Chegada	15:11:20.4	8:51:58.4	36:02.4	5:48.8
943	203	71	ARAUJOS & SECUNDOS OCTETO MISTO	Concha Acústica	7:02:12.0	42:50.0	42:50.0	4:33.4
				C.O.	07:42:07.3	1:22:45.3	39:55.3	5:42.2
				Camara Legislativa	08:25:15.5	2:05:53.5	43:08.2	6:20.6
				Parque Lago Norte	08:49:57.3	2:30:35.3	24:41.8	6:10.5
				Clube do Congresso	09:42:37.1	3:23:15.1	52:39.8	5:25.8
				Deck Norte	10:36:14.5	4:16:52.5	53:37.4	6:23.0
				Piscinão	11:23:09.5	5:03:47.5	46:55.0	5:39.2
				Parque Paranoa	12:11:04.6	5:51:42.6	47:55.1	6:18.3
				Ermida Dom Bosco	12:40:09.0	6:20:47.0	29:04.4	4:50.7
				Ponte JK	13:23:16.0	7:03:54.0	43:07.0	5:44.9
				Igreja	14:07:58.0	7:48:36.0	44:42.0	5:35.3
				Pontao	14:25:54.5	8:06:32.5	17:56.5	5:47.3
				L2 Sul	15:05:49.2	8:46:27.2	39:54.7	4:59.3
				Chegada	15:42:15.4	9:22:53.4	36:26.2	5:52.6
944	244	95	KM CORRIDA 2 OCTETO MISTO	Concha Acústica	7:12:49.6	53:27.6	53:27.6	5:41.2
				C.O.	07:47:54.2	1:28:32.2	35:04.6	5:00.7
				Camara Legislativa	08:35:05.0	2:15:43.0	47:10.8	6:56.3
				Parque Lago Norte	09:00:51.0	2:41:29.0	25:46.0	6:26.5
				Clube do Congresso	09:55:24.3	3:36:02.3	54:33.3	5:37.5
				Deck Norte	10:45:10.6	4:25:48.6	49:46.3	5:55.5
				Piscinão	11:40:05.3	5:20:43.3	54:54.7	6:36.*
				Parque Paranoa	12:27:43.0	6:08:21.0	47:37.7	6:16.0
				Ermida Dom Bosco	12:59:32.2	6:40:10.2	31:49.2	5:18.2
				Ponte JK	13:43:08.0	7:23:46.0	43:35.8	5:48.8
				Igreja	14:28:36.0	8:09:14.0	45:28.0	5:41.0
				Pontao	14:52:22.1	8:33:00.1	23:46.1	7:40.0
				L2 Sul	15:43:37.1	9:24:15.1	51:15.0	6:24.4
				Chegada	16:26:09.4	10:06:47.4	42:32.3	6:51.7
945	139	5	EQUIPE X 8	Concha Acústica	7:09:29.1	50:07.1	50:07.1	5:19.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

OCTETO ECO				C.O.	07:44:44.1	1:25:22.1	35:15.0	5:02.1
				Camara Legislativa	08:21:08.4	2:01:46.4	36:24.3	5:21.2
				Parque Lago Norte	08:41:53.3	2:22:31.3	20:44.9	5:11.2
				Clube do Congresso	09:36:16.4	3:16:54.4	54:23.1	5:36.4
				Deck Norte	10:20:48.1	4:01:26.1	44:31.7	5:18.1
				Piscinão	11:04:32.2	4:45:10.2	43:44.1	5:16.2
				Parque Paranoa	11:48:53.3	5:29:31.3	44:21.1	5:50.1
				Ermida Dom Bosco	12:19:44.2	6:00:22.2	30:50.9	5:08.5
				Ponte JK	12:58:30.1	6:39:08.1	38:45.9	5:10.1
				Igreja	13:38:28.1	7:19:06.1	39:58.0	4:59.8
				Pontao	13:54:30.5	7:35:08.5	16:02.4	5:10.5
				L2 Sul	14:34:28.0	8:15:06.0	39:57.5	4:59.7
				Chegada	15:10:15.3	8:50:53.3	35:47.3	5:46.3
946	169	56	EQUIPE COME CHAO - B OCTETO MISTO	Concha Acústica	7:04:44.5	45:22.5	45:22.5	4:49.6
				C.O.	07:37:54.3	1:18:32.3	33:09.8	4:44.3
				Camara Legislativa	08:14:01.1	1:54:39.1	36:06.8	5:18.6
				Parque Lago Norte	08:35:06.5	2:15:44.5	21:05.4	5:16.4
				Clube do Congresso	09:22:09.1	3:02:47.1	47:02.6	4:50.*
				Deck Norte	10:06:21.2	3:46:59.2	44:12.1	5:15.7
				Piscinão	11:03:44.2	4:44:22.2	57:23.0	6:54.8
				Parque Paranoa	11:37:22.1	5:18:00.1	33:37.9	4:25.5
				Ermida Dom Bosco	12:07:12.3	5:47:50.3	29:50.2	4:58.4
				Ponte JK	12:50:24.1	6:31:02.1	43:11.8	5:45.6
				Igreja	13:36:48.1	7:17:26.1	46:24.0	5:48.0
				Pontao	14:02:26.4	7:43:04.4	25:38.3	8:16.2
				L2 Sul	14:37:14.4	8:17:52.4	34:48.0	4:21.0
				Chegada	15:21:34.2	9:02:12.2	44:19.8	7:09.0
947	140	10	ARGONAUTAS OCTETO MASCULINO	Concha Acústica	7:05:52.1	46:30.1	46:30.1	4:56.8
				C.O.	07:45:03.0	1:25:41.0	39:10.9	5:35.8
				Camara Legislativa	08:21:44.2	2:02:22.2	36:41.2	5:23.7
				Parque Lago Norte	08:40:16.0	2:20:54.0	18:31.8	4:37.*
				Clube do Congresso	09:33:29.2	3:14:07.2	53:13.2	5:29.2
				Deck Norte	10:11:19.3	3:51:57.3	37:50.1	4:30.3
				Piscinão	10:53:15.0	4:33:53.0	41:55.7	5:03.1
				Parque Paranoa	11:37:07.2	5:17:45.2	43:52.2	5:46.3
				Ermida Dom Bosco	12:13:21.3	5:53:59.3	36:14.1	6:02.4
				Ponte JK	12:57:30.0	6:38:08.0	44:08.7	5:53.2
				Igreja	13:39:51.4	7:20:29.4	42:21.4	5:17.7

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:54:40.1	7:35:18.1	14:48.7	4:46.7
				L2 Sul	14:36:33.1	8:17:11.1	41:53.0	5:14.1
				Chegada	15:11:10.0	8:51:48.0	34:36.9	5:34.*
948	189	67	PORTO BSB ENGENHARIA LTDA OCTETO MISTO	Concha Acústica	6:48:22.2	29:00.2	29:00.2	3:05.1
				C.O.	07:21:34.3	1:02:12.3	33:12.1	4:44.6
				Camara Legislativa	07:57:57.1	1:38:35.1	36:22.8	5:21.0
				Parque Lago Norte	08:25:14.4	2:05:52.4	27:17.3	6:49.3
				Clube do Congresso	09:21:13.2	3:01:51.2	55:58.8	5:46.3
				Deck Norte	10:02:25.1	3:43:03.1	41:11.9	4:54.3
				Piscinão	10:53:42.4	4:34:20.4	51:17.3	6:10.8
				Parque Paranoa	11:43:56.5	5:24:34.5	50:14.1	6:36.6
				Ermida Dom Bosco	12:21:29.3	6:02:07.3	37:32.8	6:15.5
				Ponte JK	13:06:04.2	6:46:42.2	44:34.9	5:56.7
				Igreja	13:54:46.2	7:35:24.2	48:42.0	6:05.3
				Pontao	14:11:53.1	7:52:31.1	17:06.9	5:31.3
				L2 Sul	14:45:23.5	8:26:01.5	33:30.4	4:11.3
				Chegada	15:38:28.4	9:19:06.4	53:04.9	8:33.7
949	90	11	LIGA DA CORRIDA OCTETO MISTO	Concha Acústica	6:59:02.4	39:40.4	39:40.4	4:13.2
				C.O.	07:30:44.1	1:11:22.1	31:41.7	4:31.7
				Camara Legislativa	08:06:19.9	1:46:57.9	35:35.8	5:14.1
				Parque Lago Norte	08:28:08.3	2:08:46.3	21:48.4	5:27.1
				Clube do Congresso	09:10:33.2	2:51:11.2	42:24.9	4:22.4
				Deck Norte	09:51:52.4	3:32:30.4	41:19.2	4:55.1
				Piscinão	10:32:49.2	4:13:27.2	40:56.8	4:55.*
				Parque Paranoa	11:09:34.0	4:50:12.0	36:44.8	4:50.1
				Ermida Dom Bosco	11:46:59.1	5:27:37.1	37:25.1	6:14.2
				Ponte JK	12:23:37.1	6:04:15.1	36:38.0	4:53.1
				Igreja	13:00:18.3	6:40:56.3	36:41.2	4:35.2
				Pontao	13:17:23.6	6:58:01.6	17:05.3	5:30.7
				L2 Sul	13:56:57.1	7:37:35.1	39:33.5	4:56.7
				Chegada	14:33:11.4	8:13:49.4	36:14.3	5:50.7
950	196	70	MGARZON EMP IMOBILIARIO / LO-RA OCTETO MISTO	Concha Acústica	7:03:58.2	44:36.2	44:36.2	4:44.7
				C.O.	07:40:46.2	1:21:24.2	36:48.0	5:15.4
				Camara Legislativa	08:20:19.0	2:00:57.0	39:32.8	5:48.9
				Parque Lago Norte	08:42:13.4	2:22:51.4	21:54.4	5:28.6
				Clube do Congresso	09:36:00.4	3:16:38.4	53:47.0	5:32.7
				Deck Norte	10:21:19.0	4:01:57.0	45:18.6	5:23.6

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:13:51.1	4:54:29.1	52:32.1	6:19.8
				Parque Paranoa	11:55:29.4	5:36:07.4	41:38.3	5:28.7
				Ermida Dom Bosco	12:27:22.0	6:08:00.0	31:52.6	5:18.8
				Ponte JK	13:13:51.3	6:54:29.3	46:29.3	6:11.9
				Igreja	13:58:46.2	7:39:24.2	44:54.9	5:36.9
				Pontao	14:15:42.6	7:56:20.6	16:56.4	5:27.9
				L2 Sul	15:01:10.2	8:41:48.2	45:27.6	5:40.*
				Chegada	15:40:10.2	9:20:48.2	39:00.0	6:17.4
951	197	16	CLUBE DE CORRIDA UNEB OCTETO MASCULINO	Concha Acústica	7:02:55.2	43:33.2	43:33.2	4:38.0
				C.O.	07:39:12.0	1:19:50.0	36:16.8	5:10.*
				Camara Legislativa	08:20:01.3	2:00:39.3	40:49.3	6:00.2
				Parque Lago Norte	08:41:17.5	2:21:55.5	21:16.2	5:19.1
				Clube do Congresso	09:32:24.4	3:13:02.4	51:06.9	5:16.2
				Deck Norte	10:22:18.5	4:02:56.5	49:54.1	5:56.4
				Piscinão	11:08:50.1	4:49:28.1	46:31.6	5:36.3
				Parque Paranoa	11:50:39.3	5:31:17.3	41:49.2	5:30.2
				Ermida Dom Bosco	12:22:42.4	6:03:20.4	32:03.1	5:20.5
				Ponte JK	13:09:59.0	6:50:37.0	47:16.6	6:18.2
				Igreja	14:02:58.3	7:43:36.3	52:59.3	6:37.4
				Pontao	14:19:47.3	8:00:25.3	16:49.0	5:25.5
				L2 Sul	15:04:28.0	8:45:06.0	44:40.7	5:35.1
				Chegada	15:40:51.6	9:21:29.6	36:23.6	5:52.2
953	106	17	STE OCTETO MISTO	Concha Acústica	7:13:49.1	54:27.1	54:27.1	5:47.6
				C.O.	07:59:23.4	1:40:01.4	45:34.3	6:30.6
				Camara Legislativa	08:40:20.0	2:20:58.0	40:56.6	6:01.3
				Parque Lago Norte	08:59:41.4	2:40:19.4	19:21.4	4:50.4
				Clube do Congresso	09:41:05.3	3:21:43.3	41:23.9	4:16.1
				Deck Norte	10:12:19.5	3:52:57.5	31:14.2	3:43.1
				Piscinão	10:51:37.5	4:32:15.5	39:18.0	4:44.1
				Parque Paranoa	11:41:22.3	5:22:00.3	49:44.8	6:32.7
				Ermida Dom Bosco	12:05:52.0	5:46:30.0	24:29.7	4:04.*
				Ponte JK	12:41:19.2	6:21:57.2	35:27.2	4:43.6
				Igreja	13:23:36.4	7:04:14.4	42:17.2	5:17.2
				Pontao	13:40:34.0	7:21:12.0	16:57.6	5:28.3
				L2 Sul	14:15:28.2	7:56:06.2	34:54.2	4:21.8
				Chegada	14:49:18.1	8:29:56.1	33:49.9	5:27.4
954	159	50	SAGAZ DO CERRADO I	Concha Acústica	7:05:58.1	46:36.1	46:36.1	4:57.5

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			OCTETO MISTO	C.O.	07:43:06.0	1:23:44.0	37:07.9	5:18.3
				Camara Legislativa	08:20:38.4	2:01:16.4	37:32.4	5:31.2
				Parque Lago Norte	08:41:36.2	2:22:14.2	20:57.8	5:14.5
				Clube do Congresso	09:25:03.4	3:05:41.4	43:27.2	4:28.8
				Deck Norte	10:08:55.5	3:49:33.5	43:52.1	5:13.3
				Piscinão	10:55:33.1	4:36:11.1	46:37.6	5:37.1
				Parque Paranoa	11:36:14.1	5:16:52.1	40:41.0	5:21.2
				Ermida Dom Bosco	12:10:24.1	5:51:02.1	34:10.0	5:41.7
				Ponte JK	12:58:14.5	6:38:52.5	47:50.4	6:22.7
				Igreja	13:34:49.3	7:15:27.3	36:34.8	4:34.4
				Pontao	13:50:56.0	7:31:34.0	16:06.7	5:11.8
				L2 Sul	14:38:24.4	8:19:02.4	47:28.4	5:56.1
				Chegada	15:17:11.6	8:57:49.6	38:47.2	6:15.4
955	217	80	LO-RA A	Concha Acústica	7:04:52.5	45:30.5	45:30.5	4:50.5
			OCTETO MISTO	C.O.	07:42:33.5	1:23:11.5	37:41.0	5:23.0
				Camara Legislativa	08:18:56.5	1:59:34.5	36:23.0	5:21.0
				Parque Lago Norte	08:46:09.3	2:26:47.3	27:12.8	6:48.2
				Clube do Congresso	09:44:43.1	3:25:21.1	58:33.8	6:02.2
				Deck Norte	10:25:02.0	4:05:40.0	40:18.9	4:47.*
				Piscinão	11:16:50.3	4:57:28.3	51:48.3	6:14.5
				Parque Paranoa	11:59:10.2	5:39:48.2	42:19.9	5:34.2
				Ermida Dom Bosco	12:29:55.0	6:10:33.0	30:44.8	5:07.5
				Ponte JK	13:25:30.2	7:06:08.2	55:35.2	7:24.7
				Igreja	14:13:20.1	7:53:58.1	47:49.9	5:58.7
				Pontao	14:30:26.0	8:11:04.0	17:05.9	5:30.9
				L2 Sul	15:15:55.6	8:56:33.6	45:29.6	5:41.2
				Chegada	15:53:34.2	9:34:12.2	37:38.6	6:04.3
956	222	84	EQUIPIADA	Concha Acústica	7:02:03.3	42:41.3	42:41.3	4:32.5
			OCTETO MISTO	C.O.	07:40:06.2	1:20:44.2	38:02.9	5:26.1
				Camara Legislativa	08:18:26.1	1:59:04.1	38:19.9	5:38.2
				Parque Lago Norte	08:39:58.0	2:20:36.0	21:31.9	5:22.*
				Clube do Congresso	09:32:06.5	3:12:44.5	52:08.5	5:22.5
				Deck Norte	10:24:29.4	4:05:07.4	52:22.9	6:14.2
				Piscinão	11:25:31.5	5:06:09.5	1:01:02.1	7:21.2
				Parque Paranoa	12:08:15.0	5:48:53.0	42:43.5	5:37.3
				Ermida Dom Bosco	12:36:53.6	6:17:31.6	28:38.6	4:46.4
				Ponte JK	13:28:21.0	7:08:59.0	51:27.4	6:51.7
				Igreja	14:15:45.4	7:56:23.4	47:24.4	5:55.6

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	14:31:22.4	8:12:00.4	15:37.0	5:02.3
				L2 Sul	15:17:36.5	8:58:14.5	46:14.1	5:46.8
				Chegada	15:57:55.1	9:38:33.1	40:18.6	6:30.1
957	75	6	CINQUENTOS IATE / QUERO-QUERO OCTETO MISTO	Concha Acústica	6:53:31.5	34:09.5	34:09.5	3:38.0
				C.O.	07:27:29.5	1:08:07.5	33:58.0	4:51.1
				Camara Legislativa	08:08:54.4	1:49:32.4	41:24.9	6:05.4
				Parque Lago Norte	08:30:14.3	2:10:52.3	21:19.9	5:19.*
				Clube do Congresso	09:13:27.2	2:54:05.2	43:12.9	4:27.3
				Deck Norte	09:47:11.5	3:27:49.5	33:44.3	4:00.*
				Piscinão	10:30:23.6	4:11:01.6	43:12.1	5:12.3
				Parque Paranoa	11:02:36.5	4:43:14.5	32:12.9	4:14.3
				Ermida Dom Bosco	11:33:28.0	5:14:06.0	30:51.5	5:08.6
				Ponte JK	12:10:35.1	5:51:13.1	37:07.1	4:56.9
				Igreja	12:56:43.3	6:37:21.3	46:08.2	5:46.0
				Pontao	13:12:44.1	6:53:22.1	16:00.8	5:09.9
				L2 Sul	13:49:29.0	7:30:07.0	36:44.9	4:35.6
				Chegada	14:23:53.6	8:04:31.6	34:24.6	5:33.0
958	173	57	JUST RUN OCTETO MISTO	Concha Acústica	7:00:45.0	41:23.0	41:23.0	4:24.1
				C.O.	07:38:53.1	1:19:31.1	38:08.1	5:26.9
				Camara Legislativa	08:22:55.3	2:03:33.3	44:02.2	6:28.6
				Parque Lago Norte	08:45:18.6	2:25:56.6	22:23.3	5:35.8
				Clube do Congresso	09:28:31.5	3:09:09.5	43:12.9	4:27.3
				Deck Norte	10:07:42.0	3:48:20.0	39:10.5	4:39.8
				Piscinão	10:52:36.1	4:33:14.1	44:54.1	5:24.6
				Parque Paranoa	11:45:22.4	5:26:00.4	52:46.3	6:56.6
				Ermida Dom Bosco	12:28:26.0	6:09:04.0	43:03.6	7:10.6
				Ponte JK	13:08:42.4	6:49:20.4	40:16.4	5:22.2
				Igreja	13:44:02.4	7:24:40.4	35:20.0	4:25.0
				Pontao	14:04:58.4	7:45:36.4	20:56.0	6:45.2
				L2 Sul	14:46:31.2	8:27:09.2	41:32.8	5:11.6
				Chegada	15:25:40.5	9:06:18.5	39:09.3	6:18.9
960	209	76	ACADEMIA DALMO RIBEIRO GOIANIA II OCTETO MISTO	Concha Acústica	6:59:00.6	39:38.6	39:38.6	4:13.0
				C.O.	07:42:48.3	1:23:26.3	43:47.7	6:15.4
				Camara Legislativa	08:31:56.5	2:12:34.5	49:08.2	7:13.6
				Parque Lago Norte	08:47:37.3	2:28:15.3	15:40.8	3:55.2
				Clube do Congresso	09:44:25.4	3:25:03.4	56:48.1	5:51.4
				Deck Norte	10:23:05.4	4:03:43.4	38:40.0	4:36.2

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Piscinão	11:26:20.1	5:06:58.1	1:03:14.7	7:37.2
				Parque Paranoa	12:10:20.0	5:50:58.0	43:59.9	5:47.4
				Ermida Dom Bosco	12:39:01.1	6:19:39.1	28:41.1	4:46.9
				Ponte JK	13:21:52.3	7:02:30.3	42:51.2	5:42.8
				Igreja	14:11:03.5	7:51:41.5	49:11.2	6:08.9
				Pontao	14:32:16.2	8:12:54.2	21:12.7	6:50.5
				L2 Sul	15:07:07.0	8:47:45.0	34:50.8	4:21.4
				Chegada	15:46:50.2	9:27:28.2	39:43.2	6:24.4
961	235	91	ACADEMIA DALMO RIBEIRO GOIANIA I OCTETO MISTO	Concha Acústica	7:00:40.2	41:18.2	41:18.2	4:23.6
				C.O.	07:45:48.3	1:26:26.3	45:08.1	6:26.9
				Camara Legislativa	08:32:46.4	2:13:24.4	46:58.1	6:54.4
				Parque Lago Norte	08:55:04.1	2:35:42.1	22:17.7	5:34.4
				Clube do Congresso	09:49:05.6	3:29:43.6	54:01.5	5:34.2
				Deck Norte	10:35:46.3	4:16:24.3	46:40.7	5:33.4
				Piscinão	11:32:39.0	5:13:17.0	56:52.7	6:51.2
				Parque Paranoa	12:14:02.0	5:54:40.0	41:23.0	5:26.7
				Ermida Dom Bosco	12:43:28.3	6:24:06.3	29:26.3	4:54.4
				Ponte JK	13:34:58.5	7:15:36.5	51:30.2	6:52.0
				Igreja	14:33:07.5	8:13:45.5	58:09.0	7:16.1
				Pontao	14:53:15.4	8:33:53.4	20:07.9	6:29.6
				L2 Sul	15:40:48.0	9:21:26.0	47:32.6	5:56.6
				Chegada	16:14:02.1	9:54:40.1	33:14.1	5:21.6
962	167	54	FANFARROES OCTETO MISTO	Concha Acústica	7:08:25.4	49:03.4	49:03.4	5:13.1
				C.O.	07:47:46.2	1:28:24.2	39:20.8	5:37.3
				Camara Legislativa	08:28:32.3	2:09:10.3	40:46.1	5:59.7
				Parque Lago Norte	08:51:29.2	2:32:07.2	22:56.9	5:44.2
				Clube do Congresso	09:37:14.0	3:17:52.0	45:44.8	4:42.*
				Deck Norte	10:23:17.4	4:03:55.4	46:03.4	5:28.*
				Piscinão	11:09:02.6	4:49:40.6	45:45.2	5:30.7
				Parque Paranoa	11:44:25.6	5:25:03.6	35:23.0	4:39.3
				Ermida Dom Bosco	12:23:32.4	6:04:10.4	39:06.8	6:31.1
				Ponte JK	13:13:35.5	6:54:13.5	50:03.1	6:40.4
				Igreja	13:48:56.5	7:29:34.5	35:21.0	4:25.1
				Pontao	14:05:18.2	7:45:56.2	16:21.7	5:16.7
				L2 Sul	14:43:01.2	8:23:39.2	37:43.0	4:42.9
				Chegada	15:19:37.3	9:00:15.3	36:36.1	5:54.2
963	237	16	AG LUCIO COSTA	Concha Acústica	7:07:26.4	48:04.4	48:04.4	5:06.9

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

			OCTETO ECO	C.O.	07:44:15.3	1:24:53.3	36:48.9	5:15.6
				Camara Legislativa	08:43:31.2	2:24:09.2	59:15.9	8:42.9
				Parque Lago Norte	09:08:20.5	2:48:58.5	24:49.3	6:12.3
				Clube do Congresso	10:02:42.3	3:43:20.3	54:21.8	5:36.3
				Deck Norte	10:45:16.2	4:25:54.2	42:33.9	5:04.0
				Piscinão	11:35:01.5	5:15:39.5	49:45.3	5:59.7
				Parque Paranoa	12:22:57.3	6:03:35.3	47:55.8	6:18.4
				Ermida Dom Bosco	12:54:12.0	6:34:50.0	31:14.7	5:12.5
				Ponte JK	13:39:06.6	7:19:44.6	44:54.6	5:59.3
				Igreja	14:26:17.1	8:06:55.1	47:10.5	5:53.8
				Pontao	14:48:10.0	8:28:48.0	21:52.9	7:03.5
				L2 Sul	15:36:49.0	9:17:27.0	48:39.0	6:04.9
				Chegada	16:15:08.3	9:55:46.3	38:19.3	6:10.9
964	10	2	GRAN CURSOS	Concha Acústica	8:29:36.1	25:59.1	25:59.1	2:45.9
			OCTETO MASCULINO	C.O.	08:52:08.2	48:31.2	22:32.1	3:13.2
				Camara Legislativa	09:15:05.2	1:11:28.2	22:57.0	3:22.5
				Parque Lago Norte	09:27:10.0	1:23:33.0	12:04.8	3:01.2
				Clube do Congresso	10:01:15.0	1:57:38.0	34:05.0	3:30.8
				Deck Norte	10:27:25.6	2:23:48.6	26:10.6	3:06.*
				Piscinão	10:59:00.4	2:55:23.4	31:34.8	3:48.3
				Parque Paranoa	11:23:57.1	3:20:20.1	24:56.7	3:16.9
				Ermida Dom Bosco	11:44:07.0	3:40:30.0	20:09.9	3:21.7
				Ponte JK	12:13:33.0	4:09:56.0	29:26.0	3:55.5
				Igreja	12:42:04.2	4:38:27.2	28:31.2	3:33.9
				Pontao	12:53:03.3	4:49:26.3	10:59.1	3:32.6
				L2 Sul	13:23:06.1	5:19:29.1	30:02.8	3:45.4
				Chegada	13:50:40.6	5:47:03.6	27:34.5	4:26.9
965	148	39	APICE AMARELA	Concha Acústica	7:06:21.4	46:59.4	46:59.4	4:59.9
			OCTETO MISTO	C.O.	07:40:17.1	1:20:55.1	33:55.7	4:50.8
				Camara Legislativa	08:17:34.3	1:58:12.3	37:17.2	5:29.0
				Parque Lago Norte	08:40:25.3	2:21:03.3	22:51.0	5:42.8
				Clube do Congresso	09:21:32.4	3:02:10.4	41:07.1	4:14.3
				Deck Norte	10:07:25.3	3:48:03.3	45:52.9	5:27.7
				Piscinão	10:56:32.1	4:37:10.1	49:06.8	5:55.0
				Parque Paranoa	11:38:59.4	5:19:37.4	42:27.3	5:35.2
				Ermida Dom Bosco	12:09:29.2	5:50:07.2	30:29.8	5:04.*
				Ponte JK	12:45:05.4	6:25:43.4	35:36.2	4:44.8
				Igreja	13:33:46.0	7:14:24.0	48:40.6	6:05.1

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

				Pontao	13:50:27.0	7:31:05.0	16:41.0	5:22.9
				L2 Sul	14:35:06.1	8:15:44.1	44:39.1	5:34.9
				Chegada	15:12:58.5	8:53:36.5	37:52.4	6:06.5
966	153	44	GO RUN OCTETO MISTO	Concha Acústica	7:08:18.6	48:56.6	48:56.6	5:12.4
				C.O.	07:44:11.1	1:24:49.1	35:52.5	5:07.5
				Camara Legislativa	08:24:55.5	2:05:33.5	40:44.4	5:59.5
				Parque Lago Norte	08:45:07.2	2:25:45.2	20:11.7	5:02.9
				Clube do Congresso	09:44:32.2	3:25:10.2	59:25.0	6:07.5
				Deck Norte	10:23:11.1	4:03:49.1	38:38.9	4:36.1
				Piscinão	11:11:02.1	4:51:40.1	47:51.0	5:45.9
				Parque Paranoa	11:49:01.2	5:29:39.2	37:59.1	4:59.9
				Ermida Dom Bosco	12:19:31.3	6:00:09.3	30:30.1	5:05.0
				Ponte JK	13:04:25.2	6:45:03.2	44:53.9	5:59.2
				Igreja	13:39:52.3	7:20:30.3	35:27.1	4:25.9
				Pontao	13:57:41.1	7:38:19.1	17:48.8	5:44.8
				L2 Sul	14:37:06.2	8:17:44.2	39:25.1	4:55.6
				Chegada	15:15:44.5	8:56:22.5	38:38.3	6:13.9
967	248	96	OS TRAVADOS 1 OCTETO MISTO	Concha Acústica	6:57:57.0	38:35.0	38:35.0	4:06.3
				C.O.	07:34:42.0	1:15:20.0	36:45.0	5:15.0
				Camara Legislativa	08:18:48.3	1:59:26.3	44:06.3	6:29.2
				Parque Lago Norte	08:44:04.1	2:24:42.1	25:15.8	6:18.*
				Clube do Congresso	09:38:27.1	3:19:05.1	54:23.0	5:36.4
				Deck Norte	10:27:58.0	4:08:36.0	49:30.9	5:53.7
				Piscinão	11:21:23.4	5:02:01.4	53:25.4	6:26.2
				Parque Paranoa	12:17:22.2	5:58:00.2	55:58.8	7:21.9
				Ermida Dom Bosco	12:52:15.2	6:32:53.2	34:53.0	5:48.8
				Ponte JK	13:50:42.0	7:31:20.0	58:26.8	7:47.6
				Igreja	14:40:53.3	8:21:31.3	50:11.3	6:16.4
				Pontao	14:58:41.1	8:39:19.1	17:47.8	5:44.5
				L2 Sul	15:49:36.2	9:30:14.2	50:55.1	6:21.9
				Chegada	16:32:39.4	10:13:17.4	43:03.2	6:56.6
984	206	74	ATLANTYS SPORTS OCTETO MISTO	Concha Acústica	7:47:34.0	1:28:12.0	1:28:12.0	9:22.*
				C.O.	08:29:09.4	2:09:47.4	41:35.4	5:56.5
				Camara Legislativa	09:15:57.1	2:56:35.1	46:47.7	6:52.9
				Parque Lago Norte	09:39:11.2	3:19:49.2	23:14.1	5:48.5
				Clube do Congresso	10:23:30.1	4:04:08.1	44:18.9	4:34.1
				Deck Norte	11:04:15.0	4:44:53.0	40:44.9	4:51.1

7ª VOLTA DO LAGO CAIXA 2010

RESULTADOS POR TRECHO

Piscinão	11:42:45.5	5:23:23.5	38:30.5	4:38.4
Parque Paranoa	12:16:23.1	5:57:01.1	33:37.6	4:25.5
Ermida Dom Bosco	12:50:19.3	6:30:57.3	33:56.2	5:39.4
Ponte JK	13:41:09.3	7:21:47.3	50:50.0	6:46.7
Igreja	14:23:49.2	8:04:27.2	42:39.9	5:19.*
Pontao	14:37:03.0	8:17:41.0	13:13.8	4:16.1
L2 Sul	15:13:31.1	8:54:09.1	36:28.1	4:33.5
Chegada	15:44:42.0	9:25:20.0	31:10.9	5:01.8